



# PSY100 Test Package

This package includes tests from a full year introductory psychology course taught by Dr. Dax Urbszat at the Mississauga campus in addition to PSY100H1 tests at the St. George campus. The tests were based on a previous edition of the textbook. Please be advised that some of the questions might not be relevant. The past tests serve as study aid only!

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Psychology Association of Undergraduate Students at Erindale

# **PSYCHOLOGY 100**

## **TEST PACKAGE**

**Tests included:**

**2003-2004**

**2004-2005**

**2005-2006**

**2006-2007**

**2007-2008 F**



**Think Psychology**  
**Think P.A.U.S.E.**

## Test 1

- \_\_\_ 1) The cells that provide structural support and insulation for neurons are called
- glia
  - somata
  - neuromodulators
  - dendrites
- \_\_\_ 2) Which is NOT among the goals of psychology?
- the development of measurement techniques for describing behaviour precisely and accurately
  - understanding why certain behaviours occur
  - applications of research findings to solve everyday problems
  - searching for absolute truths about behaviour
- \_\_\_ 3) A group of researchers wants to determine if people are more likely to follow directions if the person giving the directions is in a uniform. Half the participants are directed to a parking spot by a uniformed security guard, the other half are directed to a parking spot by an individual wearing blue jeans and a T-shirt. In this study, the dependent variable would be
- the number of participants who park in the spot they are directed to
  - the type of clothing worn by the person giving the directions
  - the gender of the person driving into the parking lot
  - the distance between the parking spot and the entrance
- \_\_\_ 4) The Hebbian Learning Rule specifies that if an axon of Cell A is near enough to repeatedly stimulate Cell B (causing it to fire, often) then
- Cell B will die off, because it is redundant with Cell A
  - changes will occur in the synapse between Cells A and B that increase Cell A's efficiency in firing Cell B
  - changes will occur in the synapse between Cells A and B that will reduce Cell A's efficiency in firing Cell B
  - Cell B will become habituated to Cell A, and will stop responding to it
- \_\_\_ 5) Zeke has no problem understanding what other people say to him, but he has difficulty producing spoken language. If Zeke's problem stems from damage to the cerebral cortex, the damage would most likely be in
- an area known as Wernicke's area
  - an area known as Broca's area
  - the cerebellum
  - the right parietal lobe
- \_\_\_ 6) The branch of psychology concerned with the diagnosis and treatment of psychological disorders is called
- counselling psychology
  - social psychology
  - developmental psychology
  - clinical psychology
- \_\_\_ 7) You are sitting on a park bench in a major metropolitan area from 7 a.m. to 7 p.m. and you note the number of people who walk by, whether or not they litter, and their gender. You are engaging in
- casual observation
  - naturalistic observation
  - case study research
  - experimental research
- \_\_\_ 8) The dominant school of thought in psychology during the 1950s and 1960s was
- Gestalt psychology
  - behaviourism
  - structuralism
  - functionalism

- \_\_\_ 9) The person responsible for establishing psychology as an independent discipline with its own subject matter is
- A. G. Stanley Hall
  - B. René Descartes
  - C. William James
  - D. Wilhelm Wundt
- \_\_\_ 10) Suppose that students who work more hours at their jobs tend to have lower grade point averages, and also tend to get less sleep. If we were to correlate the two variables of grade point average and number of hours of sleep, we would find that the correlation coefficient is
- A. greater than one
  - B. equal to zero
  - C. less than zero
  - D. greater than zero, but less than one
- \_\_\_ 11) A psychologist who specializes in psychometrics would most likely be concerned with which of the following?
- A. developing tests
  - B. counselling
  - C. animal experimentation
  - D. the relationship between brain chemistry and behaviour
- \_\_\_ 12) The score that falls exactly in the centre of a distribution of scores, such that half the scores fall below that score and half the scores fall above it, is the
- A. mean
  - B. standard deviation
  - C. range
  - D. median
- \_\_\_ 13) According to the definition of psychology that appears in your textbook, psychology is both
- A. a science and a profession
  - B. a theory and an academic discipline
  - C. a school of thought and an occupation
  - D. a cognitive process and an undergraduate major
- \_\_\_ 14) Dr. Hessels is examining how different people respond to frightening events. She will have participants walk through a haunted house at a local amusement park, and each participant will be outfitted with a heart monitor. She will use the changes in heart rate as a measure of stress. In this situation, changes in heart rate as indicators of stress can be described both as \_\_\_\_\_ and \_\_\_\_\_.
- A. an operational definition; a physiological recording
  - B. an operational definition; a psychological test
  - C. an archival method; a physiological recording
  - D. a case study; a direct observation
- \_\_\_ 15) Experimenter bias occurs when
- A. experimenters explicitly instruct the subjects to behave in a way that will be consistent with the hypothesis
  - B. experimenters desire to make a favourable impression on their subjects
  - C. experimenters' beliefs in their own hypotheses affect either the subjects' behaviour or their observations of the subjects
  - D. experimenters conduct their studies in a completely objective manner

- \_\_\_ 16) Standing outside a football stadium and judging the excitement of the game by the crowd's screams is analogous to "eavesdropping" on the brain using which of the following?
- A. an electroencephalograph
  - B. electrical stimulation
  - C. MRI scanning
  - D. CT scanning
- \_\_\_ 17) A person's genotype refers to his or her
- A. observable characteristics and traits
  - B. being dominated by the paternal contribution to genetic makeup
  - C. being dominated by the maternal contribution to genetic makeup
  - D. genetic makeup
- \_\_\_ 18) An action potential is
- A. the tiny electrical charge that exists when a neuron is neither receiving nor sending information
  - B. an electrical signal that travels along the axon of a neuron
  - C. the small gap that exists between adjacent neurons
  - D. an electrical signal that travels along the dendrites of a neuron
- \_\_\_ 19) In experiments, placing subjects in experimental groups such that each subject has an equal probability of ending up in any experimental group is referred to as
- A. random selection
  - B. random sampling
  - C. random forecasting
  - D. random assignment
- \_\_\_ 20) Dr. Tsang is a psychologist who conducts research on the effects of reward on maze learning in rats. Dr. Tsang would most likely be considered a
- A. behaviourist
  - B. structuralist
  - C. psychoanalyst
  - D. Gestalt psychologist
- \_\_\_ 21) According to research findings, which of the following has been found to be associated with higher grades?
- A. not changing answers on tests
  - B. attending class regularly
  - C. writing down everything your instructor says
  - D. putting off studying until just before an exam
- \_\_\_ 22) A recently published case study described an individual who showed obsessive behaviour. Recordings of brain activity indicated this same individual also experienced a number of mild epileptic seizures each day. When the epileptic seizures were brought under control using medication, the obsessive behaviour also disappeared. The type of psychologist who would be most interested in this case study would be one who had
- A. an evolutionary perspective
  - B. a cognitive perspective
  - C. a behavioural perspective
  - D. a biological perspective
- \_\_\_ 23) Wanda fell down some stairs and hit her head. Prior to her accident she was an excellent flute player, but she now has difficulty coordinating the finger movements required in complex musical pieces. It is likely that in the fall Wanda damaged her
- A. reticular formation
  - B. amygdala
  - C. cerebellum
  - D. temporal lobe

- \_\_\_ 24) Sunlin prepared a meal for his new girlfriend and she enjoyed it so much that she cleaned her plate. Later she was surprised that he had found her behaviour somewhat insulting; she thought she was showing her appreciation. In this case, the couple's miscommunication illustrates the underlying theme that
- A. behaviour is determined by multiple causes
  - B. our experience of the world is highly subjective
  - C. heredity and environment jointly determine our behaviour
  - D. our behaviour is shaped by our cultural heritage
- \_\_\_ 25) The somatic nervous system and the autonomic nervous system comprise the
- A. central nervous system
  - B. peripheral nervous system
  - C. skeletal nervous system
  - D. afferent nervous system
- \_\_\_ 26) The largest and most complex part of the human brain is the
- A. medulla
  - B. cerebrum
  - C. cerebellum
  - D. limbic system
- \_\_\_ 27) Which of the following BEST describes what a theory is?
- A. an explanation of unobservable phenomena
  - B. a system of interrelated ideas used to explain some observation
  - C. a string of unrelated observations
  - D. related speculations that are based on common sense
- \_\_\_ 28) The system of glands that secrete hormones directly into the bloodstream is known as the
- A. atopic system
  - B. exocrine system
  - C. endocrine system
  - D. blood-brain system
- \_\_\_ 29) In psychology, MOST journal articles
- A. are reports that describe original, empirical studies
  - B. summarize and reconcile the findings from a large number of studies on a specific issue
  - C. propose new theories that are intended to stimulate research
  - D. describe and evaluate new treatment methods for psychological disorders
- \_\_\_ 30) To determine whether students would like more courses scheduled in the late afternoon and evening hours, the Student Services department sends questionnaires to 50 students selected at random from the 5,000 who are registered at the campus. In this instance, the 5,000 students who are registered at the campus would be
- A. a population
  - B. a representative sample
  - C. a biased sample
  - D. the independent variable

Test 2

- \_\_\_ 1) The stage of sleep in which the slowest brain waves occur is
- stage 1
  - stage 2
  - REM
  - stage 4
- \_\_\_ 2) Catelin has had a slow throbbing pain in her ankle since she twisted it rollerblading last week. These pain signals are traveling along
- ungated endorphin pathways in the hypothalamus
  - thin, unmyelinated C fibres
  - thick, myelinated A-delta fibres
  - periaqueductal gray neurons in the midbrain
- \_\_\_ 3) Raul's parents make certain they thank Raul every time he clears the dishes from the table without being asked. Sadie's parents try to remember to thank Sadie every time she clears the table without being asked, but about half the time they forget. Based on principles of operant conditioning, you should predict that
- both children's table clearing will be equally resistant to extinction
  - Sadie's table clearing will be more resistant to extinction than Raul's
  - Raul's table clearing will be more resistant to extinction than Sadie's
  - Raul will develop stimulus generalization, and Sadie will develop stimulus discrimination
- \_\_\_ 4) Rachel has been using a non-prescription drug on a regular basis for several years. She has now developed liver disease and ulcers, and she has been in three car accidents. It is most likely that Rachel is a chronic user of
- LSD
  - marijuana
  - sedatives
  - alcohol
- \_\_\_ 5) Technically, your absolute threshold is the point which you can detect
- a stimulus 50 percent of the time
  - a stimulus 75 percent of the time
  - any stimulus set point
  - any stimulus that registers on sensory memory
- \_\_\_ 6) Which of the following is an example of negative reinforcement?
- giving a child a sweet dessert as a reward for finishing his dinner
  - paying a child \$1 for each "A" received on her report card
  - stopping nagging a child when he finally cleans his room
  - cutting a child's TV time by 30 minutes each time she "talks back"
- \_\_\_ 7) Which statement about the gustatory system is NOT accurate?
- Taste cells are concentrated in taste buds on the tongue.
  - The physical stimulus for taste is any molecular substance.
  - Taste cells live only about ten days.
  - Taste cells are not distributed evenly across the surface of the tongue.
- \_\_\_ 8) Which of the following statements regarding sleepwalking is MOST accurate?
- Sleepwalking is generally a manifestation of underlying psychological problems.
  - It is unsafe to awaken a sleepwalker.
  - Sleepwalking typically occurs while the person is dreaming.
  - There appears to be a genetic predisposition to sleepwalking.

- \_\_\_ 9) The hormone that appears to play a key role in adjusting our biological clocks is
- A. melatonin
  - B. cholecystokinin
  - C. serotonin
  - D. phenylalanine
- \_\_\_ 10) Consciousness includes awareness of
- A. external events only
  - B. internal sensations only
  - C. self only
  - D. external events, internal sensations, and self
- \_\_\_ 11) Melevia was in a car accident, and when she hit her head the ascending fibres in her reticular activating system were damaged. With this type of injury it is likely that Melevia will
- A. no longer experience REM sleep
  - B. be in a coma
  - C. not be able to sleep for more than a few minutes at a time
  - D. no longer experience Stage 2 or Stage 3 sleep
- \_\_\_ 12) Natalie sat on her porch looking out at the field of soybeans. The fact that Natalie perceived the soybean plants as being grouped into a series of separate rows is consistent with the Gestalt principle of
- A. closure
  - B. simplicity
  - C. proximity
  - D. similarity
- \_\_\_ 13) When resistance to extinction is high, it means that
- A. responding will continue for a long time after reinforcement is discontinued
  - B. responding will taper off quickly when reinforcement is discontinued
  - C. responding will fail to show spontaneous recovery following a period of extinction
  - D. shaping was done incorrectly when the initial response was acquired
- \_\_\_ 14) Miguel used to enjoy occasionally drinking a glass of red wine, but when he drank too much red wine at a friend's party a few months ago he woke up with a terrible hangover. Since then Miguel refuses to drink any red wine. In this case, Miguel's hangover acted as
- A. negative reinforcement for drinking red wine
  - B. a conditioned response to wine drinking
  - C. punishment for drinking red wine
  - D. a secondary reinforcer for attending parties
- \_\_\_ 15) The 1992 study of attitudes and subliminal perception, conducted by Krosnick and his colleagues, found that
- A. paradoxically, people who were exposed to subliminal negative emotion-arousing photos rated a target person more positively than people exposed to subliminal positive emotion-arousing photos
  - B. exposure to subliminal information had no effect on subjects' attitudes
  - C. people exposed to subliminal negative emotion-arousing photos rated a target person more negatively than people exposed to subliminal positive emotion-arousing photos
  - D. females were more influenced by subliminal messages than males
- \_\_\_ 16) A progressive decrease in one's response to a drug with repeated and prolonged use is called
- A. withdrawal
  - B. habituation
  - C. Dependency
  - D. tolerance

- \_\_\_\_\_ 17) The continued presentation of the CS without the UCS will result in the gradual disappearance of the CR. This phenomenon is known as
- A. extinction
  - B. inhibition
  - C. suppression
  - D. conditioned forgetting
- \_\_\_\_\_ 18) Imagine the basilar membrane in the human ear were longer. Based on place theory, you might expect that humans would be able to
- A. hear a wider range of sounds, especially high frequency sounds
  - B. hear a wider range of sounds, especially low frequency sounds
  - C. detect sound waves that had a lower amplitude
  - D. localize sounds more accurately
- \_\_\_\_\_ 19) Opiates such as morphine and heroin have a capacity to
- A. alleviate pain
  - B. improve memory
  - C. enhance sensory awareness
  - D. do all of these things
- \_\_\_\_\_ 20) The cells in the visual cortex that respond to a line of the correct width, oriented at the correct angle, and located in the correct position in its receptive field are called
- A. hypercomplex cells
  - B. triarchic cells
  - C. simple cells
  - D. binary cells
- \_\_\_\_\_ 21) Denise was momentarily blinded when paparazzi snapped her picture using a blue flash. Following the flash, she saw spots for several minutes. Based on the opponent-process theory of colour vision, the spots that Denise saw
- A. would be yellow
  - B. were most likely red
  - C. were probably green
  - D. would also appear to be blue
- \_\_\_\_\_ 22) Thalia's new dentist plans to use hypnosis, instead of anesthesia, while he works on Thalia's teeth. Thalia asks you if she should go along with this, or if she should find another dentist. Based on research into the effects of hypnosis, you should tell her
- A. hypnosis typically has no effect on the experience of pain
  - B. hypnosis is only effective as an anesthetic when it is used in conjunction with sedatives
  - C. once she is no longer hypnotized her sensitivity to pain will show a rebound effect
  - D. hypnosis can be an effective substitute for some anesthetic drugs
- \_\_\_\_\_ 23) Three-year-old Keeghan was flying in a plane for the first time. As the plane descended for its landing Keeghan became very excited at all the toy houses and cars he saw, and he couldn't wait for the plane to land so he could play with the toys. Keeghan's misinterpretation of the true size of the houses and cars the plane passed over shows that he is still not fully utilizing
- A. binocular depth cues
  - B. linear perspective
  - C. size constancy
  - D. visual accommodation

- \_\_\_ 24) In classical conditioning, a subject can learn to respond to one CS but not to another similar CS. This is the phenomenon of
- extinction
  - stimulus generalization
  - conditioned forgetting
  - stimulus discrimination
- \_\_\_ 25) Cassie asked her father for a candy bar at the grocery store, and her father bought her the candy bar. If Cassie asks for more candy bars in the future, the candy bar has acted as
- a discriminative stimulus
  - a reinforcer
  - a conditioned response
  - a conditioned stimulus
- \_\_\_ 26) Isaiah is having his eyes checked. The doctor has put drops in Isaiah's eyes that will cause the pupils to open wide. As the drops begin to work, Isaiah will most likely notice that
- he will lose some of his colour vision
  - his vision will start to become quite blurry
  - his vision will become extremely sharp and clear
  - colours will appear to be "super" saturated
- \_\_\_ 27) Quyen woke up one night with a spider dangling in front of her face. She screamed, and from that point on she could not stand to be near spiders. Quyen's fear of spiders is based on
- a response-outcome association
  - classical conditioning
  - observational learning
  - operant conditioning
- \_\_\_ 28) Which of the following statements regarding the use of sleeping pills is LEAST accurate?
- they are a good long-range solution for insomnia
  - there is some danger of overdose
  - they reduce the proportion of time spent in slow-wave sleep
  - they gradually become less effective with continued use
- \_\_\_ 29) Your textbook defines learning as
- a relatively durable change in behaviour or knowledge that is due to experience
  - an intentional change in voluntary behaviour or knowledge
  - any change in behaviour or knowledge
  - changes in human behaviour as a result of knowledge
- \_\_\_ 30) Dr. Baptista is a conditioning researcher who is attempting to train subjects to fear a clicking sound by pairing the click with presentation of a brief shock. One group of subjects are birds, and one group of subjects are rodents. The birds learn to respond with fear to the clicking sound very early in the experiment. The rodents take a very long time to develop a fear response to the clicking sound, and Dr. Baptista hypothesizes that this resistance to learning is related to the rodents' mating behaviour, because mating calls in that species sound very much like the clicking noises used in the current experiment. Thus, the slow rate of learning by rodents in this experiment is due to:
- a general decrement in learning ability in this species of rodents.
  - a biological constraint on learning as a result of evolved traits in this species.
  - learning deficits in this species during the mating season.
  - the superiority of fear conditioning in birds.

## Test 3

- 1) When Lance was 8 years old, he completed the original Stanford-Binet Intelligence Scale. He answered all the questions that a typical ten-year-old would answer, but none of the questions a typical eleven-year-old would answer. Based on this information, Lance's mental age would be
- A. 9 years
  - B. 8 years
  - C. 10 years
  - D. 125
- 2) The order of the basic memory processes in which information enters our memory system and is used later is
- A. encoding – retrieval – storage
  - B. encoding – storage – retrieval
  - C. storage – retrieval – acquisition
  - D. acquisition – encoding – retrieval
- 3) In studies of long-term memory, researchers have found that
- A. the mere passage of time is the sole cause of forgetting
  - B. the passage of time is more influential than what happens during the time interval
  - C. the passage of time is not as influential as what happens during the time interval
  - D. subjects who sleep during the retention interval forget more than those who remain awake
- 4) Metalinguistic awareness refers to
- A. the ability to recognize one's own grammatical errors
  - B. the ability to reflect on the use of language
  - C. knowledge of which verbs are irregular
  - D. awareness of the role of positive reinforcement in language acquisition
- 5) Which of the following areas of the brain is associated with the severe memory impairment that occurs in Alzheimer's disease?
- A. limbic system
  - B. hippocampal region
  - C. sympathetic nervous system
  - D. Broca's area
- 6) Which of the following is NOT one of the parts of Sternberg's triarchic theory of intelligence?
- A. contextual subtheory
  - B. general mental ability subtheory
  - C. experiential subtheory
  - D. componential subtheory
- 7) Tiffany has gotten the same error message five times in a row as she has tried to print out her computer file. Each time she followed the same six steps, and she can't understand why she keeps getting the error message, because she is sure she is executing the steps in the correct order. Her friend, Daisy, suggests that Tiffany try moving to a different computer terminal, and when Tiffany uses a different computer, she is able to print the file without any problems. Based on this incident, Witkin and his colleagues might suggest that Tiffany was
- A. field dependent
  - B. field independent
  - C. unable to use noncompensatory strategies
  - D. high in metacognition
- 8) Eva just upgraded her software package. However, even though the updated version contains a number of more efficient methods for working with files, Eva continues to work with files the way she did before the upgrade. In this case, Eva is showing evidence of
- A. mental set
  - B. belief perseverance
  - C. priming
  - D. the availability heuristic

- 9) Krista is 28 years old. She was burned quite badly in a kitchen accident when she was seven years old. Today, even though her parents still sometimes mention the kitchen accident, Krista has no memory of ever being burned. According to Freud, Krista may be
- A. showing signs of proactive interference
  - B. experiencing retrograde amnesia
  - C. experiencing the misinformation effect
  - D. using repression to keep the distressing memories buried in the unconscious
- 10) The conjunction fallacy is a tendency to
- A. ignore information about base rates when estimating the probabilities of certain combinations of outcomes
  - B. overestimate the odds of a chance event if that event hasn't occurred recently
  - C. draw general conclusions based on a few isolated cases
  - D. believe that the odds of two uncertain events happening together are greater than the odds of either event happening alone
- 11) The linguistic relativity hypothesis predicts that
- A. people should have difficulty thinking about things they cannot describe in words
  - B. language and thought should develop independently
  - C. people in all cultures should think alike, despite their language differences
  - D. language development should consistently lag behind cognitive development
- 12) In general, toddlers can
- A. say more words than they understand
  - B. understand more words than they can say
  - C. understand and say about the same number of words
  - D. use more "action" words than "object" words
- 13) Researchers who investigated the accuracy of flashbulb memories following the announcement of the verdict in the O.J. Simpson trial found that
- A. three days after the announcement there were already significant memory distortions
  - B. immediate memories were accurate, but 15 months later over 40% of individuals showed major memory distortions
  - C. 32 months after the event people included more details, and their memories were more accurate than they had been at the outset
  - D. immediate memories were accurate, but 32 months later over 40% of individuals showed major memory distortions
- 14) Taryn was given a list of words as part of a memory test that included: "dog, pail, and hate." Later, she recalled these words as: "pup, bucket, and loathe." Taryn's errors in recall suggest that she had encoded the original word list
- A. proactively
  - B. semantically
  - C. phonemically
  - D. structurally
- 15) The word "unchangeable" consists of
- A. nine morphemes, one for each letter of the alphabet used
  - B. one morpheme, for the entire word
  - C. four morphemes, one for each syllable
  - D. three morphemes: "un," "change," and "able"

- \_\_\_ 16) Test norms allow you to convert your raw score on a test into \_\_\_\_\_ score, which indicates the proportion of people who scored below your obtained score.
- A. a variation
  - B. an average
  - C. a percentile
  - D. a prototypical
- \_\_\_ 17) Conrad's economic professor tells the class that the next exam will cover Chapters 5 through 7 of their text. The day of the exam, the professor accidentally photocopies the exam from the previous semester, which includes a number of questions from Chapters 8 and 9. In this case, the students might reasonably argue that the exam
- A. had poor construct validity
  - B. lacked reliability
  - C. had been improperly standardized
  - D. had poor content validity
- \_\_\_ 18) General knowledge that is NOT tied to the time when the information was learned is contained in
- A. episodic memory
  - B. semantic memory
  - C. implicit memory
  - D. procedural memory
- \_\_\_ 19) Cognition refers to
- A. focusing awareness of a narrow range of stimuli or events
  - B. the use of language in a social context
  - C. widely shared beliefs that are transmitted socially across generations
  - D. the mental processes involved in acquiring and using knowledge
- \_\_\_ 20) Within a connectionist model, like parallel distributed processing, a piece of knowledge is represented by
- A. the firing of a particular neuron.
  - B. the engram
  - C. a flashbulb memory
  - D. a pattern of activation across an entire network.
- \_\_\_ 21) IQ scores do NOT routinely increase as we get older because
- A. an IQ score is indicative of our relative standing in our particular age group
  - B. we do not accumulate that much more information as we get older
  - C. the tests are not designed to measure increases in knowledge as we get older
  - D. the tests for adults are not comparable to the tests for children
- \_\_\_ 22) If you try to recall the exact sound that you heard about 15 seconds ago, you would have to rely on
- A. sensory memory
  - B. short term memory
  - C. long term memory
  - D. prospective memory
- \_\_\_ 23) Ashley is 30 years old. She has an IQ score of 60, and she has developed academic skills equivalent to a sixth-grade education level. She is self-supporting, even though she still lives with her parents. According to the system traditionally used to categorize various levels of mental retardation, Ashley would most likely be classified as having
- A. moderate mental retardation
  - B. mild mental retardation
  - C. severe mental retardation
  - D. profound mental retardation

- 24) A tentative answer to the heredity versus environment question with respect to intelligence is that
- heredity is the major factor
  - environment is the major factor
  - the environment puts limits on the effects of heredity
  - heredity may set certain limits on intelligence, and environmental factors determine where we fall within those limits
- 25) Rachel asks Chandler to proofread her history essay. He goes through it fairly carefully and makes quite a few suggestions for revisions. The next semester Chandler takes the same course, and he is surprised when the professor suggests that his first essay is "not original work." When Chandler reads Rachel's essay again, he sees that he has included a number of her ideas in his paper. In this example, it is likely that Chandler experienced
- a reality-monitoring error
  - anterograde amnesia
  - cryptomnesia
  - proactive interference
- 26) Any psychological test should be seen as
- measuring the person's typical behaviour
  - tapping the constancies of a person's behaviour
  - Measuring a sample of a person's behaviour
  - tapping a person's absolute level of performance
- 27) Moderately gifted children have IQ's in the range of \_\_\_\_\_ and tend to differ in a number of ways from profoundly gifted children, who show an increased likelihood of \_\_\_\_\_.
- 130-150; creativity
  - 130-150; interpersonal and emotional problems
  - 150-180; motivation
  - 150-180; schizophrenia
- 28) When using elimination by aspects, it is best to evaluate the \_\_\_\_\_ aspect first.
- most important
  - least important
  - most favourable
  - least favourable
- 29) Dr. Prasad believes that experience with reinforcement determines which specific aspects of language an individual will eventually master. Dr. Prasad views of language development MOST closely mirror those of
- Noam Chomsky
  - Benjamin Whorf
  - Herbert Simon
  - B F Skinner
- 30) Which of the following statements best reflects your textbook's conclusion regarding research on the effects of stereotype vulnerability on test performance?
- Stereotype vulnerability has no discernible effect on test performance.
  - Stereotype vulnerability has a greater effect on test performance that does socioeconomic disadvantage.
  - Stereotype vulnerability clearly results in lower test performance for white students.
  - More evidence is clearly needed on the effects of stereotype vulnerability.

## Test 4

- \_\_\_ 1) Cultural norms that regulate the appropriate expression of emotions are called
- cognitions
  - polygraphs
  - display rules
  - emotional cues
- \_\_\_ 2) Both Carl Jung and Alfred Adler were especially critical of Freud's emphasis on
- the influence of childhood experiences
  - sexuality
  - the unconscious
  - defence mechanisms
- \_\_\_ 3) Imagine that your house is on fire and you are afraid. Which of the following explanations best represents evolutionary theories of emotion?
- "I'm shaking because I'm afraid."
  - "I'm afraid because I'm shaking."
  - "My shaking must be due to fear, since my house is on fire."
  - "My fear is a built-in, primary reaction to a dangerous situation."
- \_\_\_ 4) Psychologists define development as
- the sequence of age-related changes that occur as a person progresses from conception to death
  - the sequence of age-related changes that occur as a person progresses from birth to adulthood
  - maturity associated with adulthood
  - changes across the lifespan that result due to learning and socialization
- \_\_\_ 5) Which of the following is NOT a current trend regarding marriage?
- an increase in the average age at first marriage
  - an increase in the percentage of couples who voluntarily remain childless
  - an increase in the number of single adults
  - a decrease in the percentage of couples who cohabit prior to marriage
- \_\_\_ 6) Shawn is concerned with how he compares to his peer group. For example, he is always trying to kick the football farther than his friends, and he constantly wonders if he is doing as well in school as the other boys in his second grade class. According to Erikson, Shawn is most likely in the stage of
- initiative versus guilt
  - autonomy versus shame and doubt
  - identity versus role confusion
  - industry versus inferiority
- \_\_\_ 7) The needs, wants, interests and desires that lead people to behave in particular ways are called:
- incentives
  - deficiencies
  - motives
  - ideals
- \_\_\_ 8) Peter and his wife are having sex when Peter's blood pressure increases sharply, and he experiences a series of muscular contractions throughout his pelvis. Based on research conducted by Masters and Johnson,
- Peter is likely to experience several more orgasms before he enters a refractory period
  - Peter's muscular contractions are likely to produce an orgasm in his wife
  - Peter will be relatively unresponsive to sexual stimulation for a period of time following his orgasm
  - Peter will now pass into the plateau stage of the sexual response cycle
- \_\_\_ 9) The two major aspects of people that are studied by personality theorists are
- consistency and distinctiveness
  - situational shifts and interpersonal similarities
  - commonalties and individual differences
  - constancy and change

- \_\_\_ 10) Dr. Linzle has implanted an electrode in the hypothalamus of a rat. When the rat's brain is electrically stimulated, the rat starts to eat again, even if it has just finished a large meal. The electrode is most likely activating the
- ventromedial hypothalamus
  - parvocellular hypothalamus
  - magnocellular hypothalamus
  - lateral hypothalamus
- \_\_\_ 11) Maria is pursuing a highly competitive career, and she works very hard and persistently at her tasks. Maria's behaviour MOST likely reflects
- an external locus of control
  - a high achievement motivation
  - a high power need
  - an obsessive-compulsive personality structure
- \_\_\_ 12) At the preconventional level, the child decides if things are good or bad (moral) on the basis of whether they
- are against the law
  - bring punishment or reward
  - are in accord with social rules
  - fit the child's own sense of "rightness"
- \_\_\_ 13) The principal gonadal hormones in females are
- androgens
  - teratogens
  - estrogens
  - pheromones
- \_\_\_ 14) The idea that even if an object changes shape or appearance the underlying quantity of the object remains the same is Piaget's principle of
- object permanence
  - conservation
  - irreversibility
  - assimilation
- \_\_\_ 15) The degree to which people attend to and try to control the impression they make on others defines the concept of
- self-consciousness
  - extraversion
  - self-determination
  - self-monitoring
- \_\_\_ 16) Malcolm is reading a mystery novel, and as the action builds he finds he is breathing more quickly than usual, and he feels like his stomach is tied in knots. These reactions are part of the
- objective component in Malcolm's emotional experience
  - physiological component in Malcolm's emotional experience
  - cognitive component in Malcolm's emotional experience
  - behavioural component in Malcolm's emotional experience
- \_\_\_ 17) Which of the following statements regarding the influence of stress on eating behaviour is LEAST accurate?
- Stress leads to increased eating in a substantial portion of people.
  - Stress-induced eating appears to be more common among men than among women.
  - Stress-induced eating appears to be more common among chronic dieters.
  - It appears to be stress-induced arousal rather than stress itself that stimulates eating.

- \_\_\_ 18) The order of the stages in psychosexual development is
- A. anal, oral, phallic, genital, latency
  - B. oral, anal, latency, phallic, genital
  - C. oral, anal, phallic, latency, genital
  - D. anal, oral, genital, latency, phallic
- \_\_\_ 19) The findings from twin studies indicate that identical twins are much more similar than fraternal twins on which of the following?
- A. neuroticism
  - B. extraversion
  - C. conscientiousness
  - D. all the personality traits in the five-factor model of personality
- \_\_\_ 20) Psychoanalytic theory stresses all of the following except
- A. conscious thought patterns
  - B. childhood experiences
  - C. internal conflicts
  - D. handling of sexual impulses
- \_\_\_ 21) In the middle childhood years, the children who have the best social skills and the richest friendship networks tend to be children who
- A. had several siblings close to their own age
  - B. had secure attachments during infancy
  - C. started full-time day care before the age of two
  - D. have no same-sexed siblings
- \_\_\_ 22) If a baby is born with a small head, heart defects, and retarded mental and motor development, the mother is MOST likely to have
- A. had smallpox early in her pregnancy
  - B. been an alcoholic
  - C. continued to work during pregnancy
  - D. smoked during pregnancy
- \_\_\_ 23) Katarina was trapped in her basement when her neighbourhood was rocked by an earthquake. She has enough food and water stored in the basement to last her for several weeks, but each time she feels an aftershock she is terrified that the remaining beams may fall and crush her. According to Maslow's hierarchy of needs, at this point in time Katarina is most likely motivated by
- A. safety and security needs
  - B. physiological needs
  - C. homeostatic drives
  - D. aesthetic needs
- \_\_\_ 24) A five-year-old boy tells you that his kindergarten class has more boys than children. This indicates that he
- A. fails to understand the concept of reversibility
  - B. dislikes girls
  - C. cannot yet solve problems involving conservation of number
  - D. cannot handle hierarchical classification problems
- \_\_\_ 25) Which of the following statements is LEAST likely to be made by a humanist?
- A. People are rational.
  - B. People are dominated by unconscious conflicts.
  - C. People can rise above their animal heritage.
  - D. People are unique.

- \_\_\_ 26) The results from the Featured Study on culture and mating preferences tend to support which of the following theories of sexual motivation?
- A. observational learning
  - B. operant conditioning
  - C. psychoanalytic theory
  - D. evolutionary theory
- \_\_\_ 27) Sulaiman believes it is impossible for him to do well in his calculus class, consequently he seldom spends very much time studying for that course. His lack of preparation for the exams has resulted in poor grades in the course. His low grades have strengthened his belief that he lacks the ability to succeed in the class. This interaction between Sulaiman's beliefs, his behaviour, and his environment illustrates the concept that Albert Bandura referred to as
- A. reaction formation
  - B. reciprocal determinism
  - C. unconditioned reinforcement
  - D. overcompensation
- \_\_\_ 28) Relative to older age groups, adolescents
- A. complete suicide more often
  - B. complete suicide just as often
  - C. attempt suicide more often
  - D. attempt suicide less often
- \_\_\_ 29) Jade is a graduate student who is studying the way in which selective attention develops during the preadolescent years. She selects a group of 10-year-olds, and she assesses their selective attention every six months over a two-year period. In this example, Jade is using
- A. a longitudinal research design
  - B. a cross-sectional research design
  - C. a multi-factorial research design
  - D. a nested condition research design
- \_\_\_ 30) Having performed poorly on an exam, Hermione attempts to protect her feelings of self-worth by telling herself that it does not matter because the course really is not that important to her. Hermione is probably
- A. rationalizing
  - B. displacing
  - C. fantasizing
  - D. using identification

Test 5

- \_\_\_ 1) Takashi enjoys gambling so much that he does it every day, totally neglecting his family and job. Takashi's behaviour satisfies which criterion of abnormality MOST clearly?
- persistence
  - personal distress
  - deviance
  - maladaptive behaviour
- \_\_\_ 2) Often, cases of dissociative identity disorder (multiple personality disorder) receive wide press coverage, leading people to believe this disorder is a relatively common psychological problem when, in fact, it is quite rare. People's estimates of the prevalence of dissociative identity disorder may be influenced to a large extent by
- the conjunction fallacy
  - the hindsight bias
  - the availability heuristic
  - the representativeness heuristic
- \_\_\_ 3) Dr. Varsho is a psychotherapist who often argues openly with her clients. She is very assertive, and tries to persuade her clients to alter their patterns of thinking. Dr. Varsho is
- a therapist who uses Beck's cognitive approach
  - using a modern psychodynamic approach to therapy
  - probably not very successful as a therapist
  - using a client-centered approach to therapy
- \_\_\_ 4) Dr. Yosef is a psychotherapist who is extremely supportive of all his clients. He encourages his clients to talk about their concerns, and he often acts as a sounding board, restating and clarifying the themes that come to the surface as his clients speak freely about their concerns and problems. Dr. Yosef appears to be
- a therapist who uses a modern psychodynamic approach
  - a therapist who uses Beck's cognitive approach to therapy
  - a client-centered therapist
  - a therapist who uses existential therapy methods
- \_\_\_ 5) Epidemiology is the study of
- treatments for psychological disorders
  - how cultural values affect judgments of abnormality
  - sudden "epidemics" involving specific mental or physical disorders
  - the distribution of mental or physical disorders in a population
- \_\_\_ 6) The two major antianxiety drugs or tranquilizers are
- Thorazine and Haldol
  - Prozac and Zoloft
  - Elavil and Nardil
  - Valium and Xanax
- \_\_\_ 7) Carl Rogers' client-centered therapy grew from the
- behaviourist tradition
  - psychoanalytic tradition
  - cognitive tradition
  - humanistic tradition
- \_\_\_ 8) Psychiatrists
- have essentially the same education as clinical psychologists
  - are less likely to use psychoanalytic methods than psychologists
  - focus exclusively on biomedical therapies in treating psychological disorders
  - are physicians who specialize in the treatment of mental disorders
- \_\_\_ 9) Evidence suggests that the incidence of depression is
- decreasing in most Western countries
  - increasing in men, but remaining stable in women
  - increasing, especially among recent age cohorts
  - remaining relatively stable over time

- \_\_\_ 10) Nico likes to avoid conflict, and does not want anyone to be unhappy. She spends a great deal of time concerned with the opinions and feelings of others. According to Beck, Nico is displaying the traits of an individual with
- an autonomous personality style, which puts her at risk for depression
  - depression
  - a sociotropic personality style, which decreases her risk of depression
  - a sociotropic personality style, which puts her at risk for depression
- \_\_\_ 11) A person who does not conform to the accepted norms of morality and behaviour and is impulsive, callous, and manipulative is referred to as having
- borderline personality disorder
  - antisocial personality disorder
  - paranoid personality disorder
  - histrionic personality disorder
- \_\_\_ 12) Fiona has been diagnosed with bulimia nervosa. Based on the physical symptoms listed in your text, you should expect that Fiona will show evidence of
- dental problems and cardiac arrhythmias
  - amenorrhea and low blood pressure
  - cardiac arrhythmias and osteoporosis
  - dental problems and elevated blood pressure
- \_\_\_ 13) Of the following, which is NOT a closely related pair of terms?
- psychoanalysis and free association
  - behaviour therapy and systematic desensitization
  - biomedical therapy and aversion therapy
  - client-centered therapy and clarification
- \_\_\_ 14) Nancy Andreasen has proposed a classification scheme for schizophrenia that divides schizophrenic disorders into two categories, based on the predominance of negative versus positive symptoms. Results from research studies which have investigated this method of classification suggest that most patients
- exhibit mainly negative symptoms
  - exhibit both types of symptoms
  - exhibit mainly positive symptoms
  - alternate between positive and negative symptoms
- \_\_\_ 15) The concept that people are biologically set to acquire some fears more easily than others is the concept of
- preparedness
  - temperamental predisposition
  - genetic drift
  - constitutional susceptibility
- \_\_\_ 16) Chantel's four children were killed in an automobile accident, which Chantel survived. When police question her about the events surrounding the accident, Chantel is unable to remember anything. She remembers getting into her car to drive her children to school, and she remembers her trip by ambulance to the local hospital, but everything in between is a complete "blank." In this case, Chantel's symptoms are MOST consistent with
- panic disorder
  - dissociative amnesia
  - dissociative fugue
  - generalized anxiety disorder
- \_\_\_ 17) Antipsychotic drugs
- gradually reduce psychotic symptoms such as hallucinations and delusions
  - tend to produce an immediate, but short-lasting, effect
  - are effective in about 95 percent of psychotic patients
  - are often prescribed even for individuals who have no clinical psychotic disorder

- \_\_\_ 18) The basic learning principle used in Wolpe's systematic desensitization is
- A. operant conditioning
  - B. negative reinforcement
  - C. counterconditioning
  - D. positive reinforcement
- \_\_\_ 19) Research with CT scans and MRI scans suggests that there is an association between chronic schizophrenic disturbance and
- A. atrophied cells in the corpus callosum
  - B. enlarged brain ventricles
  - C. shrunken brain ventricles
  - D. enlarged temporal lobes
- \_\_\_ 20) Ulrich alternates between periods of elation and depression. Which of the following medications is he MOST likely to receive to control his condition?
- A. Prozac
  - B. lithium
  - C. Xanax
  - D. Thorazine
- \_\_\_ 21) Shii-An will sit in one position for long periods of time, evidencing muscular rigidity. Shii-An is exhibiting symptoms of
- A. undifferentiated schizophrenia
  - B. catatonic schizophrenia
  - C. disorganized schizophrenia
  - D. paranoid schizophrenia
- \_\_\_ 22) Clients' subjective ratings of changes in their feelings, measures of clients' behavioural change, and therapists' subjective ratings of change in clients' adaptive functioning could all be used as measures of
- A. the effectiveness of therapy
  - B. therapists' professional competence
  - C. personality differences among clients
  - D. placebo effects
- \_\_\_ 23) Dr. Paat believes that most psychological disorders can be successfully treated by bringing unconscious conflicts and defences into conscious awareness. Knowing this, you might expect that Dr. Paat's bookshelves contain a large number of books written by
- A. Hans Eysenck
  - B. Sigmund Freud
  - C. Carl Rogers
  - D. Joseph Wolpe
- \_\_\_ 24) Many specific therapies have turned out to be irrelevant or counterproductive when used with different cultural groups. This finding illustrates that
- A. psychology evolves in a sociohistorical context.
  - B. our experience of the world is highly subjective.
  - C. our behaviour is shaped by our cultural heritage.
  - D. psychology is theoretically diverse.
- \_\_\_ 25) Which of the following statements is MOST accurate?
- A. The first systematic psychotherapy procedure was Freud's psychoanalysis.
  - B. Since Freud's time, all forms of treatment for psychological disorders have involved verbal interaction.
  - C. All psychotherapies employ essentially the same method of treatment.
  - D. Insight therapy is the most effective method for treating psychological disorders.

- \_\_\_ 26) Earl is an extremely aggressive child who often hits other children when he can't get his own way. Earl is now seeing a behavioural therapist who has discussed appropriate ways of interacting with peers, and has shown Earl several videotapes of children resolving conflicts in nonaggressive ways. Earl has also engaged in "role play," during which the therapist has provided corrective feedback and positive reinforcement. In this case, the therapist is using
- A. aversion therapy to develop Earl's ability to interact with his peers
  - B. rational-emotive therapy to develop Earl's ability to interact with his peers
  - C. systematic desensitization to develop Earl's ability to interact with his peers
  - D. social skills training to develop Earl's ability to interact with his peers
- \_\_\_ 27) According to the medical model,
- A. all physical illnesses have a psychological component
  - B. all mental illnesses can be treated using drugs
  - C. all mental illnesses are caused by biological factors
  - D. abnormal behaviour can be thought of as a disease
- \_\_\_ 28) Jim came home from the office trembling, experiencing shortness of breath, irritable, unable to concentrate, and worrying about whether his business would still be open next week, despite the fact that his business was evidencing its highest profit ever. Jim's condition would MOST likely be diagnosed as
- A. major depression
  - B. generalized anxiety disorder
  - C. a minor psychotic break
  - D. a phobic disorder
- \_\_\_ 29) Doris feels terrified every time she leaves her house, and avoids doing so whenever possible. Doris is MOST likely suffering from
- A. obsessive-compulsive disorder
  - B. generalized anxiety disorder
  - C. claustrophobia
  - D. agoraphobia
- \_\_\_ 30) Dr. Agawa often treats individuals who have symptoms of major depression. During the initial treatment, Dr. Agawa often prescribes antidepressants, but during the course of therapy he also encourages patients to recognize and change negative thoughts and maladaptive beliefs. He believes that drug treatment can be effective in reducing the symptoms of depression, but only by understanding the causes of their depression will individuals be able to prevent relapses. Dr. Agawa's approach to therapy could best be described as
- A. a deinstitutional approach
  - B. a humanistic approach
  - C. a behavioural approach
  - D. an eclectic approach

## Test 6

- 1) Which of the following is NOT a reason for social psychologists to study the behaviour of individuals even when the individuals are alone?
- An individual's behaviour can be affected by the actual, imagined or implied presence of others.
  - The behaviour of individuals who are alone is unaffected by social influences, so it can be seen as a 'pure' behaviour.
  - The behaviour of an individual, when alone, is still influenced by socialization and social learning.
  - The contrast between the behaviour of isolated individuals and individuals in groups is important to consider.
- 2) Which of the following statements regarding the connection between social support and wellness is MOST accurate?
- Social support can serve as a buffer in times of high stress.
  - Social support typically has negative effects in the absence of stress.
  - Social support is only a buffer for people with stress-related illnesses.
  - Social support provides more benefits for the elderly.
- 3) Juli's father borrowed her car to run some errands. When he returned the car the taillight was broken. Juli was angry, but she didn't say anything to her father. Later, when her son dropped cookie crumbs on the floor, Juli yelled at him and sent him to his room with no supper. Juli's behaviour toward her son illustrates the concept of
- overcompensation
  - displacement
  - self-indulgence
  - undoing
- 4) Yacov has just been told by his parents that he is expected to maintain a straight-A average this year because they want him to be able to go to medical school just like all the other men in his family did (something Yacov does not really want to do). Yacov is experiencing
- pressure to perform
  - pressure to conform
  - pressure to perform and pressure to conform
  - frustration
- 5) When you find yourself "caught between a rock and a hard place" you are experiencing
- an avoidance-avoidance conflict
  - an approach-avoidance conflict
  - an approach-approach conflict
  - a double approach-avoidance conflict
- 6) Studies of the immune system in animals have found that stressors such as crowding
- can lead to increased levels of immune system activity
  - can activate the release of aggressive pheromones
  - can increase levels of serotonin and dopamine
  - can reduce various aspects of immune system activity
- 7) Tiana was walking down the street late one evening when a stranger suddenly stepped out of the shadows. Her initial reaction was one of total panic, but then she began to think of all her options. Although her heart was still pounding, she quickly crossed to the other side of the street and began walking in the opposite direction. According to Selye's general adaptation syndrome, Tiana was probably experiencing
- a resistance reaction
  - an alarm reaction
  - physiological exhaustion
  - autonomic rebound

- 8) Mickey is an impatient, highly competitive individual who is easily provoked into angry confrontations. He is suspicious and distrusting of most of the people he works with. Friedman and Rosenman would probably suggest that Mickey's personality puts him at an increased risk for
- A. ulcers and stomach disorders
  - B. asthma and other respiratory ailments
  - C. high blood pressure and coronary heart disease
  - D. a number of different types of cancer
- 9) Humour
- A. is an example of counterproductive coping
  - B. can relieve stress in normal people
  - C. is used as a defence mechanism by neurotics when dealing with stress
  - D. typically follows catastrophic thinking
- 10) Groups seeking donations routinely send address labels and other small gifts with their pleas. This approach illustrates which of the following social influence techniques?
- A. lowball technique
  - B. highball technique
  - C. foot-in-the-door technique
  - D. reciprocity norm
- 11) In his studies on conformity, Asch found that if a group of persons espouses an opinion contradictory to one's own opinion, one is MOST likely to
- A. voice the group's opinion
  - B. echo the opinion of the nearest group member
  - C. voice one's own opinion, even though it's contradictory
  - D. show mild symptoms of learned helplessness
- 12) Which of the following models states that physical illness is caused by a complex interaction of biological, psychological and sociocultural factors?
- A. behaviourist model
  - B. biopsychosocial model
  - C. neuroimmunology model
  - D. medical model
- 13) The number of variables that are involved in the experience of stress illustrates the theme of
- A. multifactorial causation
  - B. empiricism
  - C. psychology in a sociohistorical context
  - D. the subjectivity of experience
- 14) The fight-or-flight response causes
- A. a reduction in breathing and heart rate and an acceleration in digestive processes
  - B. an acceleration in breathing, heart rate, and digestive processes
  - C. a reduction in breathing, heart rate, and digestive processes
  - D. an acceleration in breathing and heart rate and a reduction in digestive processes
- 15) Skye scored 100% on her statistics midterm. According to Weiner's attributional model, if Skye makes an internal-stable attribution for her success, she is most likely to say
- A. "It was just good luck that most of the exam was on the material I had time to study."
  - B. "I was calm and relaxed the day of the exam because I was able to get a good night's sleep the night before the exam."
  - C. "I have always been good at statistics, I guess I just have a natural ability in that area."
  - D. "The professor makes the whole course so easy to understand that it is virtually impossible to do poorly in the class."

- \_\_\_\_\_ 16) Carisa was born and raised in Peru; Olga was born and raised in the Netherlands. Based on evidence from cross-cultural studies comparing individualistic and collectivist cultures, Carisa is likely to be
- A. more prone to the fundamental attribution error
  - B. less likely to experience cognitive dissonance
  - C. more likely to experience cognitive dissonance
  - D. less prone to the fundamental attribution error
- \_\_\_\_\_ 17) Psychology is committed to the reliance on systematic observation through research to arrive at conclusions. That is, psychology is committed to
- A. empiricism
  - B. objectivity
  - C. subjectivity
  - D. functionalism
- \_\_\_\_\_ 18) Keira had parents who were warm and responsive while she was an infant. According to the theory developed by Hazan and Shaver, as an adult Keira is most likely to find
- A. it is difficult to trust other people or become close to them
  - B. her relationships lack intimacy and trust
  - C. it is relatively easy for her to form close relationships with others
  - D. she has a wide circle of superficial friends, but very few close friends
- \_\_\_\_\_ 19) Which of the following dimensions of attitudes are MOST likely to be correlated?
- A. strength and ambivalence
  - B. accessibility and strength
  - C. accessibility and ambivalence
  - D. distinctiveness and ambivalence
- \_\_\_\_\_ 20) Frustration refers to
- A. being blocked in the pursuit of a desired goal
  - B. the most frequent emotional response to aggression
  - C. being caught between two incompatible motives
  - D. being expected to live up to high standards of performance
- \_\_\_\_\_ 21) A marketing firm has been hired to develop new advertisements for the "Safe and Sober" campaign. The goal of the campaign is to persuade people to drive more carefully. The firm is considering two different television commercials. One commercial shows graphic accidents with actual accident victims; the other shows controlled collisions with plastic crash dummies. Based on the research into factors which influence persuasion, you should predict that
- A. the commercial with the plastic crash dummies will arouse more fear, and therefore be more effective
  - B. the commercial with the plastic crash dummies will arouse less fear, and therefore be more effective
  - C. both commercials should arouse equivalent levels of fear, and therefore neither commercial will be effective
  - D. the commercial with the graphic accidents will arouse more fear, and therefore be more effective
- \_\_\_\_\_ 22) Group discussion resulting in strengthening a group's dominant view and shifting it to a greater extreme is known as
- A. groupthink
  - B. group polarization
  - C. group diffusion
  - D. reinforcement
- \_\_\_\_\_ 23) Martin knows that excessive exposure to the sun can increase a person's risk of skin cancer and cataracts. However, he can't resist getting out and enjoying a sunny day, and putting on sun block seems to him to be a major inconvenience. Martin's current pattern of behaviour illustrates the idea that
- A. many health-impairing habits creep up on us
  - B. the risks associated with health-impairing habits tend to lie in the distant future
  - C. people tend to rationalize high-risk behaviours by pointing out healthy habits that offset their unhealthy habits
  - D. people often overestimate the risks associated with their own health-impairing behaviours

- \_\_\_ 24) You would be MOST likely to accept the suggestion that you should purchase stock in Company X if the suggestion were made by
- A. the CEO of a Company X
  - B. a noted economics professor
  - C. an actor in an infomercial for Company X
  - D. your mom
- \_\_\_ 25) Kristen scrimped and saved for over a year so that she could afford a trip to the Super Bowl if her favourite team won the NFC title. She was excited when her team made it to the Super Bowl, however the actual game was fairly boring, and in the end Kristen's favourite team lost. Still, when Kristen got back home she told all her friends about the great time she had at the game. Kristen's attitude about the game she saw can best be explained by
- A. ingratiation theory
  - B. the matching hypothesis
  - C. a self-serving bias
  - D. effort justification
- \_\_\_ 26) Bella is majoring in English literature, and she has applied for over 100 scholarships during the last year. However, she hasn't received any of the scholarships because her grades are quite low. When she received the latest letter notifying her that a scholarship had gone to someone else, she imagined how humiliated the committee members would be if she were to get one of her short stories published. In this instance, Bella appears to be dealing with the stress-induced anxiety of being turned down for another scholarship through
- A. overcompensation
  - B. intellectualization
  - C. the use of fantasy
  - D. displacement
- \_\_\_ 27) Which of the following statements best reflects an evolutionary explanation of why we tend to be influenced by physical attractiveness in our perception of others?
- A. We have a tendency to identify with those we perceive as attractive.
  - B. Physically attractive individuals are also likely to be intelligent and hard working.
  - C. Being around attractive people tends to make us view ourselves more favourably.
  - D. Physical attractiveness is associated with reproductive potential, so evaluation of appearance has adaptive value.
- \_\_\_ 28) Keinan and colleagues have found that stress does all of the following EXCEPT
- A. decrease people's overall level of self-consciousness
  - B. increase people's tendency to jump to conclusions too quickly
  - C. decrease people's ability to suppress competing thoughts and focus their attention
  - D. increase people's tendency to be unsystematic in reviewing their available options
- \_\_\_ 29) Julio had planned to buy a national brand computer when one of his friends suggested that he look into the computers available through a local "no-name" outlet store. Julio carefully reviewed the relevant reports about the various computer components as well as the statistics on service reliability, and decided his friend was correct. Julio bought his computer from the local "no-name" outlet store. In this case, Julio reached his decision using
- A. the central route to persuasion
  - B. the peripheral route to persuasion
  - C. the cognitive dissonance model of persuasion
  - D. a self-serving route to persuasion
- \_\_\_ 30) Evidence from numerous studies of the bystander effect suggests that
- A. it is a widespread phenomenon
  - B. it is limited to contrived laboratory situations
  - C. it occurs only in urban ghetto areas
  - D. there is much truth to the old saying that "there is safety in numbers"

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Test 3

3L0101

Answer Section

MULTIPLE CHOICE

- 1) ANS: C
- 2) ANS: B
- 3) ANS: C
- 4) ANS: B
- 5) ANS: B
- 6) ANS: B
- 7) ANS: A
- 8) ANS: A
- 9) ANS: D
- 10) ANS: D
- 11) ANS: A
- 12) ANS: B
- 13) ANS: D
- 14) ANS: B
- 15) ANS: D
- 16) ANS: C
- 17) ANS: D
- 18) ANS: B
- 19) ANS: D
- 20) ANS: D
- 21) ANS: A
- 22) ANS: B
- 23) ANS: B
- 24) ANS: D
- 25) ANS: C
- 26) ANS: C
- 27) ANS: B
- 28) ANS: A
- 29) ANS: D
- 30) ANS: D

2006 - 2007

Test 1

1L0101

Answer Section

MULTIPLE CHOICE

- 1) ANS: A
- 2) ANS: D
- 3) ANS: A
- 4) ANS: B
- 5) ANS: B
- 6) ANS: D
- 7) ANS: B
- 8) ANS: B
- 9) ANS: D
- 10) ANS: D
- 11) ANS: A
- 12) ANS: D
- 13) ANS: A
- 14) ANS: A
- 15) ANS: C
- 16) ANS: A
- 17) ANS: D
- 18) ANS: B
- 19) ANS: D
- 20) ANS: A
- 21) ANS: B
- 22) ANS: D
- 23) ANS: C
- 24) ANS: D
- 25) ANS: B
- 26) ANS: B
- 27) ANS: B
- 28) ANS: C
- 29) ANS: A
- 30) ANS: A

2006-2007

Test 2

2L0101

Answer Section

MULTIPLE CHOICE

- 1) ANS: D
- 2) ANS: B
- 3) ANS: B
- 4) ANS: D
- 5) ANS: A
- 6) ANS: C
- 7) ANS: B
- 8) ANS: D
- 9) ANS: A
- 10) ANS: D
- 11) ANS: B
- 12) ANS: C
- 13) ANS: A
- 14) ANS: C
- 15) ANS: C
- 16) ANS: D
- 17) ANS: A
- 18) ANS: A
- 19) ANS: A
- 20) ANS: C
- 21) ANS: A
- 22) ANS: D
- 23) ANS: C
- 24) ANS: D
- 25) ANS: B
- 26) ANS: B
- 27) ANS: B
- 28) ANS: A
- 29) ANS: A
- 30) ANS: B

2006-2007  
Test 4

**IL0101**  
**Answer Section**

**MULTIPLE CHOICE**

- 1) ANS: C
- 2) ANS: B
- 3) ANS: D
- 4) ANS: A
- 5) ANS: D
- 6) ANS: D
- 7) ANS: C
- 8) ANS: C
- 9) ANS: A
- 10) ANS: D
- 11) ANS: B
- 12) ANS: B
- 13) ANS: C
- 14) ANS: B
- 15) ANS: D
- 16) ANS: B
- 17) ANS: B
- 18) ANS: C
- 19) ANS: D
- 20) ANS: A
- 21) ANS: B
- 22) ANS: B
- 23) ANS: A
- 24) ANS: D
- 25) ANS: B
- 26) ANS: D
- 27) ANS: B
- 28) ANS: C
- 29) ANS: A
- 30) ANS: A

5L0101

Answer Section

MULTIPLE CHOICE

- 1) ANS: D
- 2) ANS: C
- 3) ANS: A
- 4) ANS: C
- 5) ANS: D
- 6) ANS: D
- 7) ANS: D
- 8) ANS: D
- 9) ANS: C
- 10) ANS: D
- 11) ANS: B
- 12) ANS: A
- 13) ANS: C
- 14) ANS: B
- 15) ANS: A
- 16) ANS: B
- 17) ANS: A
- 18) ANS: C
- 19) ANS: B
- 20) ANS: B
- 21) ANS: B
- 22) ANS: A
- 23) ANS: B
- 24) ANS: C
- 25) ANS: A
- 26) ANS: D
- 27) ANS: D
- 28) ANS: B
- 29) ANS: D
- 30) ANS: D

2006 - 2007

Test 6

6L6001

Answer Section

**MULTIPLE CHOICE**

- 1) ANS: B
- 2) ANS: A
- 3) ANS: B
- 4) ANS: C
- 5) ANS: A
- 6) ANS: D
- 7) ANS: A
- 8) ANS: C
- 9) ANS: B
- 10) ANS: D
- 11) ANS: A
- 12) ANS: B
- 13) ANS: A
- 14) ANS: D
- 15) ANS: C
- 16) ANS: D
- 17) ANS: A
- 18) ANS: C
- 19) ANS: B
- 20) ANS: A
- 21) ANS: D
- 22) ANS: B
- 23) ANS: B
- 24) ANS: B
- 25) ANS: D
- 26) ANS: C
- 27) ANS: D
- 28) ANS: A
- 29) ANS: A
- 30) ANS: A

# PSY 100 2005-2006

## Test 1

- \_\_\_ 1) If a right-handed subject whose corpus callosum has been cut is asked to reproduce a drawing, you would predict
- A. best performance by the right hand
  - B. best performance by the left hand
  - C. equal performance by the two hands
  - D. an inability to draw with either hand
- \_\_\_ 2) The idea that psychology is empirical suggests that
- A. reason and logic are primary to psychology
  - B. conclusions should be guided by theories
  - C. conclusions should be based on direct observation
  - D. research should focus on underlying, internal events
- \_\_\_ 3) The use of a drug that functions as a dopamine agonist would probably lead to which of the following?
- A. chronic insomnia
  - B. excessive anxiety
  - C. schizophrenic-like symptoms
  - D. Parkinson-like symptoms
- \_\_\_ 4) Robyn has just eaten a full meal and is now relaxing. Robyn's \_\_\_\_\_ is in primary control at this time.
- A. sympathetic nervous system
  - B. parasympathetic nervous system
  - C. hormonal system
  - D. thyroid gland
- \_\_\_ 5) Darnell is working on a computer system that will have full language recognition capabilities. The type of psychologist that could probably give Darnell the most help in developing this computer system would be
- A. a behavioral psychologist
  - B. a humanistic psychologist
  - C. a cognitive psychologist
  - D. a biological psychologist
- \_\_\_ 6) Carla earned 78 points on her statistics exam. Ten of the students in her class earned higher scores than she did, and ten students earned lower scores than she did. Based on this information, you can conclude that Carla's score of 78 points is
- A. the standardized score for her class
  - B. the median for her class
  - C. the mean for her class
  - D. the mode for her class
- \_\_\_ 7) Which of the following psychologists would be most likely to stress that each person has a drive to grow and fulfill his or her potential?
- A. Sigmund Freud
  - B. B. F. Skinner
  - C. G. Stanley Hall
  - D. Abraham Maslow
- \_\_\_ 8) In computers, the keyboard receives input and passes that information along to the computer's central processing unit (CPU). In comparing a computer to a neuron, the keyboard would be equivalent to
- A. the soma
  - B. the axon
  - C. the dendrites
  - D. the terminal buttons

- \_\_\_ 9) Which of the following is NOT one of the "Rs" in the SQ3R method of studying?
- A. review
  - B. remember
  - C. recite
  - D. read
- \_\_\_ 10) In the Featured Study on the use of subliminal self-help tapes, one of the dependent variables was
- A. the actual purpose of the tape (memory or self-esteem)
  - B. the group that the subject was assigned to (experimental or control)
  - C. the labeling of the tape (accurate or mislabeled)
  - D. the subject's beliefs about their personal improvement
- \_\_\_ 11) Which of the following brain structures is most closely associated with the regulation of emotion?
- A. cerebellum
  - B. reticular formation
  - C. brainstem
  - D. limbic system
- \_\_\_ 12) The amount of motor cortex devoted to each body area is determined by
- A. the size of the body area
  - B. the location of the body area
  - C. the diversity of movements of the body area
  - D. none of these factors
- \_\_\_ 13) Which of the following structures is NOT part of the hindbrain?
- A. cerebellum
  - B. thalamus
  - C. medulla
  - D. pons
- \_\_\_ 14) Dr. Webb designs a research study in which neither the subjects nor the individuals who interact directly with the subjects know which is the control group and which is the experimental group in the study. Dr. Webb probably chose this type of research design in order to
- A. avoid the need to obtain ethics approval for the study
  - B. minimize the possibility of self-report bias
  - C. ensure that her sample is not biased
  - D. reduce the impact of experimenter bias
- \_\_\_ 15) The hypotheses for a research study are most likely to be found in the
- A. methodology section of a journal article
  - B. reference section of a journal article
  - C. results section of a journal article
  - D. introduction section of a journal article
- \_\_\_ 16) Which of the following is NOT true regarding commonsense analyses of behavior?
- A. they tend to be vague and ambiguous
  - B. they often tolerate contradictory generalizations
  - C. they usually involve little effort to verify ideas or detect errors
  - D. they are typically based on precise definitions and hypotheses
- \_\_\_ 17) The first two major schools of psychology were
- A. behaviorism and psychoanalysis
  - B. functionalism and behaviorism
  - C. structuralism and functionalism
  - D. behaviorism and Gestalt psychology

- \_\_\_ 18) Which of the following statements about the concept of cultural heritage is LEAST accurate?
- A. It can be applied to small as well as to large groups.
  - B. Much of one's cultural heritage is invisible.
  - C. It can influence educational success and physical health.
  - D. We generally feel a need to discuss our cultural heritage with others.
- \_\_\_ 19) Dr. Stillingsworth is interested in people's reactions to a controversial jury verdict. Dr. Stillingsworth calls people at their home between the hours of 1:00 p.m. and 3:30 p.m. on a Tuesday afternoon. In this example Dr. Stillingsworth has most likely selected
- A. a representative sample
  - B. a biased population
  - C. a biased sample
  - D. a statistically significant population
- \_\_\_ 20) A cognitive psychologist is most likely to be interested in
- A. behavior in small groups
  - B. information processing
  - C. the adolescent identity crisis
  - D. interpersonal attraction
- \_\_\_ 21) A scientific theory has to be
- A. true
  - B. accepted by others
  - C. testable
  - D. well established and not disputed
- \_\_\_ 22) Donavon was adopted at birth by Mr. and Mrs. Erndt. Although neither of his biological parents had much musical ability, Donavon has become an excellent pianist, just like Mr. Erndt. This information could be used as evidence to suggest that
- A. environmental factors have more influence than genetic factors in musical talent
  - B. both genetic and environmental factors contribute equally to musical talent
  - C. genetic factors have more influence than environmental factors in musical talent
  - D. neither genetic nor environmental factors contribute to musical talent
- \_\_\_ 23) The theoretical orientation that insisted on verifiability of observation was
- A. structuralism
  - B. functionalism
  - C. behaviorism
  - D. psychoanalysis
- \_\_\_ 24) Peggy smells a very strong odor; Harry smells an odor that is barely detectable. Based on what is known about neural transmission you could predict that the action potentials will
- A. travel more quickly in Peggy's system because the stimulus is more intense
  - B. be weaker in Harry's system because the stimulus is less intense
  - C. travel a shorter distance in Peggy's system because the stimulus is more intense
  - D. be the same in both individuals due to the all-or-none principle
- \_\_\_ 25) Damion wants to investigate whether altruistic behavior in a specific species of tropical birds gives the birds an evolutionary advantage. If Damion could work with a psychologist who has made a significant contribution in this area of research he would most likely choose to work with
- A. Herbert Simon
  - B. B. F. Skinner
  - C. David Buss
  - D. Carl Jung

- \_\_\_ 26) Liserel is a graduate student who believes that the best approach to the study of psychology is to focus exclusively on the unconscious determinants of behavior. Liserel's views toward the study of psychology match those of
- A. the psychoanalytic perspective
  - B. the cognitive perspective
  - C. the humanistic perspective
  - D. the structuralist perspective
- \_\_\_ 27) Dr. Kincaid was interested in the topic of autistic savants (individuals with limited abilities in many areas, but with an exceptional talent in one specific area). In the initial part of the investigation Dr. Kincaid carefully observed and compiled detailed files on three individuals who were autistic savants. Dr. Kincaid is conducting
- A. case study research
  - B. survey research
  - C. correlational research
  - D. experimental research
- \_\_\_ 28) Of the following, the correlation coefficient that indicates the strongest relationship between the two variables being measured is
- A. +0.65
  - B. -0.89
  - C. 0.00
  - D. +3.45
- \_\_\_ 29) The result of the fertilization of an egg by a sperm is a
- A. chromosome
  - B. zygote
  - C. gene
  - D. fetus
- \_\_\_ 30) In a study designed to test the effects of a new drug developed to treat Alzheimer's disease, half the patients were given the actual drug while the other half of the patients were given a placebo (sugar pill). In this study, the experimental group is
- A. the patients who show evidence of an improvement in their memory
  - B. the group who received the actual drug
  - C. the group who received the placebo
  - D. the patients who were not included in the study

1\_0101A

Answer Section

2005-2006 Test 1

**MULTIPLE CHOICE**

- 1) ANS: B
- 2) ANS: C
- 3) ANS: C
- 4) ANS: B
- 5) ANS: C
- 6) ANS: B
- 7) ANS: D
- 8) ANS: C
- 9) ANS: B
- 10) ANS: D
- 11) ANS: D
- 12) ANS: C
- 13) ANS: B
- 14) ANS: D
- 15) ANS: D
- 16) ANS: D
- 17) ANS: C
- 18) ANS: D
- 19) ANS: C
- 20) ANS: B
- 21) ANS: C
- 22) ANS: A
- 23) ANS: C
- 24) ANS: D
- 25) ANS: C
- 26) ANS: A
- 27) ANS: A
- 28) ANS: B
- 29) ANS: B
- 30) ANS: B

Test 2

- \_\_\_ 1) Clifford was in an accident and he has lost all the hearing in his right ear. The deafness in this ear will mostly affect Clifford's ability to
  - A. localize sounds accurately
  - B. separate speech sounds from background noise
  - C. detect high frequency sounds
  - D. detect high amplitude sounds
  
- \_\_\_ 2) Imagine that biologists have discovered an animal that has eyes very similar to human eyes, but that the only receptor cells in the retina are cones; there are no rods. Based on what is known about human vision you might expect that this animal would have
  - A. poor visual acuity
  - B. poor peripheral vision
  - C. poor vision in bright illumination
  - D. no color vision
  
- \_\_\_ 3) One hypothesis regarding the cause of crib death in babies is that they stop breathing during sleep, a sleep disorder known as
  - A. narcolepsy
  - B. sleep apnea
  - C. night terror
  - D. hypersomnia
  
- \_\_\_ 4) Of the following, the only sensory system that does not project upward to the cerebral cortex through the thalamus, is
  - A. vision
  - B. hearing
  - C. gustation
  - D. olfaction
  
- \_\_\_ 5) Which of the following parts of the ear has a role in maintaining balance?
  - A. the cochlea
  - B. the basilar membrane
  - C. the semicircular canals
  - D. the ossicles
  
- \_\_\_ 6) Optical illusions tend to be
  - A. influenced by our experiences
  - B. more pronounced in children
  - C. less pronounced in adults
  - D. genetically determined
  
- \_\_\_ 7) Charley has visual agnosia and is unable to recognize common, everyday objects. This condition most likely results from damage to the
  - A. lateral geniculate nucleus
  - B. superior colliculus
  - C. dorsal stream
  - D. ventral stream
  
- \_\_\_ 8) Learning to tie one's shoes is most likely acquired via the process of
  - A. operant conditioning
  - B. reflexive conditioning
  - C. spontaneous recovery
  - D. classical conditioning

- \_\_\_ 9) Acquiring a behavior that prevents the occurrence of an aversive event is
- escape learning
  - negative reinforcement
  - punishment learning
  - avoidance learning
- \_\_\_ 10) The EEG pattern associated with normal, waking, alert states is
- gamma
  - beta
  - alpha
  - delta
- \_\_\_ 11) Which of the following dream themes is LEAST likely to be consistently reported by individuals from a variety of cultures?
- having sex
  - eating food
  - falling
  - being pursued
- \_\_\_ 12) Sensory adaptation can explain all of the following except
- getting used to the smell of the perfume you are wearing
  - hearing your name spoken in a noisy room
  - feeling comfortable in a cold swimming pool after being in for a few minutes
  - getting used to the touch of your clothes on your skin
- \_\_\_ 13) Anthony classically conditioned his cat to purr whenever the phone rang. One day, the phone rang for nearly two hours straight when Anthony wasn't home, and the cat's conditioned purring response underwent extinction. Today, the response has spontaneously recovered, but if the conditioned purring response were to undergo extinction again Anthony should expect that it will
- take less time to extinguish than it took for the original extinction
  - take more time to extinguish than it took for the original extinction
  - take the same amount of time to extinguish as it took for the original extinction
  - be impossible to extinguish the response now that spontaneous recovery has occurred
- \_\_\_ 14) The studies of Garcia and his colleagues demonstrate that rats very easily learn to associate a taste CS with
- a shock UCS
  - a visual UCS
  - an auditory UCS
  - a nausea-inducing UCS
- \_\_\_ 15) The major difference between a CS and a UCS is
- the order in which they are presented
  - that one reliably elicits the response of interest prior to conditioning while the other does not
  - that during conditioning the response to one increases while the response to the other decreases
  - the strength of the response that each stimulus elicits
- \_\_\_ 16) As Briana drove down the highway, the pickets of the fences moved past her in a blur, but the mountains in the distance didn't appear to move at all. Briana was experiencing
- the pictorial cue for depth called texture gradient
  - the binocular cue for depth called convergence
  - the binocular cue for depth called retinal disparity
  - the monocular cue for depth called motion parallax

- \_\_\_ 17) The principles of learning and conditioning have
- A. turned out to have little relevance to real-world concerns
  - B. been widely applied in education, business, and industry
  - C. attracted little interest outside of psychology
  - D. proven worthless when applied to humans as opposed to animals
- \_\_\_ 18) The idea that hypnosis is associated with divided consciousness and is an altered state is MOST consistent with which of the following theories of hypnosis?
- A. Barber's role theory
  - B. Schachter's cognitive theory
  - C. Freud's psychoanalytic theory
  - D. Hilgard's dissociation theory
- \_\_\_ 19) Which of the following statements regarding yawning is LEAST accurate?
- A. Yawning is seen in all cultures.
  - B. Yawning is a response to a buildup of carbon dioxide.
  - C. Yawning is correlated with sleepiness and boredom.
  - D. Yawning is seen in other mammals, as well as in birds, fish, and reptiles.
- \_\_\_ 20) Ron is making potato soup. His roommate tastes it and tells Ron it is great, but Ron thinks it needs more salt. He adds just a little salt, and thinks the soup now tastes perfect. However, his roommate tastes it again and tells Ron that the soup is ruined because it is too salty. Apparently, for the taste of salt
- A. Ron can detect a smaller just noticeable difference than his roommate
  - B. Ron's roommate can detect a smaller just noticeable difference than Ron can
  - C. Ron has a higher absolute threshold than his roommate does
  - D. Ron has a lower absolute threshold than his roommate does
- \_\_\_ 21) Primary reinforcers \_\_\_\_\_, while secondary reinforcers \_\_\_\_\_.
- A. depend on learning; satisfy biological needs
  - B. satisfy biological needs; depend on learning
  - C. are associated with classical conditioning; are associated with operant conditioning
  - D. are associated with operant conditioning; are associated with classical conditioning
- \_\_\_ 22) Robert has just taken a drug that has made him feel euphoric. He has probably taken
- A. a narcotic
  - B. a hallucinogen
  - C. a sedative
  - D. any one of these drugs
- \_\_\_ 23) A major automaker has developed a series of television commercials that show its cars in the great outdoors, in peaceful settings, away from the hustle and bustle of big cities. They hope that seeing the cars in these settings will condition good feelings about their cars. This particular auto maker is attempting to use
- A. classical conditioning in its advertising campaign
  - B. operant conditioning in its advertising campaign
  - C. observational learning in its advertising campaign
  - D. noncontingent reinforcement in its advertising campaign
- \_\_\_ 24) "Manny got out of bed and began doing calisthenics during REM sleep, probably because he was dreaming about boot camp." What is WRONG with this statement?
- A. Sleep is a relaxed condition of the body and, as such, precludes physical activity.
  - B. Research shows that no dreaming takes place in REM sleep.
  - C. Research shows that we are virtually paralyzed in REM sleep.
  - D. Manny was never in boot camp so he is not likely to be dreaming about it.

- \_\_\_ 25) A synergistic effect is one in which
- A. a drug suppresses the action of a neuromodulator
  - B. the combined effects of two drugs are more than what would be predicted by the simple addition of the effects in isolation
  - C. a person addicted to one drug is more susceptible to be addicted to a similar drug
  - D. a drug affects the myelin sheath of a neuron and "short-circuits" its insulation properties
- \_\_\_ 26) The ability to rapidly process words in reading depends most on
- A. top-down processing
  - B. bottom-up processing
  - C. bottom-to-top processing
  - D. lateral processing
- \_\_\_ 27) The Featured Study is representative of a great deal of recent research which suggests that the effects of sleep deprivation
- A. are substantially different in males and females
  - B. vary as a function of one's normal sleeping habits
  - C. are more serious than widely believed
  - D. are practically nonexistent in healthy adults
- \_\_\_ 28) When animals or humans are shifted to higher fixed ratio schedules, which require more responses to obtain each reinforcer, the typical result is
- A. a decrease in the overall rate of responding
  - B. more pauses between responses
  - C. faster extinction of the instrumental response
  - D. an increase in the overall rate of responding
- \_\_\_ 29) The evidence from a number of studies indicates that the effects of jet lag can be reduced
- A. by taking melatonin
  - B. by consuming caffeine
  - C. by using a nicotine patch
  - D. by stimulating the release of endorphins
- \_\_\_ 30) Summer is teaching herself to type using a computer software package. The first time she used the program, the sentences she was supposed to type scrolled very slowly across the computer screen and when she finished the computer played a clapping sound. However, now she has to type the material faster than her previous "best time" before the computer plays the clapping sound. This computer software package incorporates
- A. classical conditioning
  - B. modeling
  - C. shaping
  - D. negative reinforcement

2\_0101

Answer Section

2005 - 2006

Test 2

**MULTIPLE CHOICE**

- 1) ANS: A
- 2) ANS: B
- 3) ANS: B
- 4) ANS: D
- 5) ANS: C
- 6) ANS: A
- 7) ANS: D
- 8) ANS: A
- 9) ANS: D
- 10) ANS: B
- 11) ANS: B
- 12) ANS: B
- 13) ANS: A
- 14) ANS: D
- 15) ANS: B
- 16) ANS: D
- 17) ANS: B
- 18) ANS: D
- 19) ANS: B
- 20) ANS: ~~B~~ C
- 21) ANS: B
- 22) ANS: D
- 23) ANS: A
- 24) ANS: C
- 25) ANS: B
- 26) ANS: A
- 27) ANS: C
- 28) ANS: D
- 29) ANS: A
- 30) ANS: C

PSY 100 2005-2006  
Test 3

- 1) Tamara is completing The Wechsler Adult Intelligence Scale, and one section of the test evaluates her arithmetic reasoning skills using story problems. Tamara's score on this section of the test will be used in the computation of her score on the
  - A. performance scale
  - B. practical scale
  - C. logical-mathematical scale
  - D. verbal scale
- 2) If you solve a current problem using the solution to a previous, similar problem, which heuristic are you applying?
  - A. working backward from the goal
  - B. the availability heuristic
  - C. searching for analogies
  - D. formulating subgoals
- 3) Kanzi's ability to distinguish between "Pour the Coke in the lemonade" and "Pour the lemonade in the Coke" illustrates an understanding of
  - A. neither syntax nor semantics
  - B. semantics, but not syntax
  - C. both syntax and semantics
  - D. syntax, but not semantics
- 4) If a test designed to measure extroversion correlates negatively with measures of social discomfort, correlates positively with measures of sociability, and has low correlations with measures of intelligence, you could conclude that the test has
  - A. low construct validity
  - B. low test norms
  - C. high construct validity
  - D. high reliability
- 5) General knowledge that is NOT tied to the time when the information was learned is contained in
  - A. episodic memory
  - B. semantic memory
  - C. implicit memory
  - D. procedural memory
- 6) Marisa is trying to decide between two computers that are advertised at the same price. Both computers are the same in most respects; however, computer A has a 2.5 GHz processor and 256 MB of RAM, while computer B has a slower 2.0 GHz processor but 512 MB of RAM. Because Marisa thinks that the speed of the processor matters more than the amount of RAM, she decides to buy computer A. In this case, Marisa has made her decision using
  - A. elimination by aspects
  - B. a weighted decision strategy
  - C. an analytic decision strategy
  - D. the representativeness heuristic
- 7) When we say that language is generative, we mean that
  - A. the symbols used in the language are arbitrary
  - B. a limited number of symbols can be combined to produce an infinite variety of messages
  - C. language is both written and oral
  - D. sentences must be structured in a limited number of ways

- \_\_\_ 8) Decay theory suggests that forgetting is due to
- A. ineffective encoding
  - B. impermanent storage
  - C. retrieval failure
  - D. interference effects
- \_\_\_ 9) Which of the following statements is MOST accurate?
- A. Rules of syntax underlie all language use.
  - B. If speakers can use a rule of syntax, they will also be able to verbalize it.
  - C. The process by which we learn the rules of syntax is well understood by psycholinguists.
  - D. Syntax is the first component of language to be mastered by children
- \_\_\_ 10) The concept of motivated forgetting is based largely on the work of which of the following early psychologists?
- A. Hermann Ebbinghaus
  - B. Sigmund Freud
  - C. John Watson
  - D. Wilhelm Wundt
- \_\_\_ 11) Davis is a gifted violinist who has been playing the violin since he was two. He started writing his own music when he was four. However, Davis has a difficult time expressing himself with words, and he struggles with all his written assignments for his classes at school. The theory of intelligence that could best be used to account for Davis' different levels of performance in these areas is
- A. Gardner's theory of multiple intelligence's
  - B. Spearman's g-factor theory
  - C. Sternberg's triarchic theory
  - D. Thurstone's theory of primary mental abilities
- \_\_\_ 12) In most school districts, designations of intellectual "giftedness" tend to be determined primarily by
- A. IQ test performance
  - B. degree of social competence
  - C. creativity
  - D. leadership skills
- \_\_\_ 13) Social communication theorists emphasize the \_\_\_\_\_ of interpersonal communication.
- A. linguistic relativity
  - B. interaction between surface and deep structure
  - C. functional value
  - D. problem-solving aspects
- \_\_\_ 14) Court rulings and laws now require that tests used in employment selection measure which of the following?
- A. general intelligence
  - B. academic/verbal intelligence
  - C. the ability to get along with co-workers
  - D. specific abilities that are clearly related to job performance
- \_\_\_ 15) Inadvertent "plagiarism" that occurs when people come up with an idea that they think is original, when they were actually exposed to it earlier, is known as
- A. cryptomnesia
  - B. state-dependent memory
  - C. the misinformation effect
  - D. retroactive interference

- \_\_\_ 16) At the end of her calculus course, Mary takes a test to determine how well she has mastered the material. Her calculus test is primarily
- A. an achievement test
  - B. an intelligence test
  - C. an aptitude test
  - D. a test of her math potential
- \_\_\_ 17) Christine has been following the state lottery for over a year, and she has a record of the number of times every number has been selected. She is ready to invest \$1000 in lottery tickets with the same six-number combination on each ticket. She is going to choose the six numbers that have occurred the least frequently in the last year because she is sure they will be picked eventually. In this case, Christine is showing evidence of
- A. the availability heuristic
  - B. the base rate fallacy
  - C. the gambler's fallacy
  - D. the conjunction fallacy
- \_\_\_ 18) The gradual conversion of information into durable long-term memory codes is called
- A. long-term potentiation
  - B. postsynaptic conversion
  - C. elaboration
  - D. consolidation
- \_\_\_ 19) Whitney's neighbors are surprised that she never forgets their anniversary, but their wedding anniversary falls on the same day as Whitney's birthday, so she finds it an easy date to remember. Whitney's easy recall of the anniversary date illustrates the influence of
- A. semantic encoding
  - B. spreading activation in a semantic network
  - C. prospective memory processes
  - D. self-referent encoding
- \_\_\_ 20) Most theories of attention
- A. emphasize the nonselective nature of the process
  - B. propose that our attention is distributed equally among all stimulus inputs
  - C. liken it to a filter that screens out most potential stimuli while allowing a select few to pass through
  - D. assume that the vast majority of potential stimuli reach conscious awareness
- \_\_\_ 21) Graham has selected four different universities that he might like to attend, and now he is trying to decide which of the four he should apply to. He has all the material spread out in front of him, and he is carefully considering all the advantages and disadvantages associated with each campus. Based on Baddeley's model of working memory, Graham is utilizing
- A. the rehearsal loop to repeat only the most important aspects of each campus
  - B. the executive control system to juggle all the information he needs to consider
  - C. the visuospatial sketchpad to mentally manipulate the pros and cons for each campus
  - D. his prospective memory to keep in mind his overall goals in attending university
- \_\_\_ 22) Functional fixedness refers to
- A. continued use of problem solving strategies that have worked in the past
  - B. arriving at a particularly insightful solution to a problem
  - C. focusing on information that is irrelevant to the solution of the problem
  - D. not seeing a new function for a familiar object
- \_\_\_ 23) The Flynn effect is the finding that
- A. performance on IQ tests seems to be rising steadily and consistently over time
  - B. performance on IQ tests seems to be declining steadily and consistently over time
  - C. fluid intelligence declines with age, while crystallized intelligence increases with age
  - D. IQ scores tend to remain relatively stable after the age of seven

- \_\_\_ 24) Massed practice refers to learning material
- A. across several large sessions
  - B. all at once
  - C. in a quiet place with no distractions
  - D. with large numbers of people (masses)
- \_\_\_ 25) The idea that when you think about a word it triggers related words is referred to as
- A. a conceptual hierarchy response
  - B. clustering
  - C. elaborative rehearsal
  - D. spreading activation within a semantic network
- \_\_\_ 26) Zackary's friend asks how well Zackary gets along with his younger brother. Zackary thinks about how irritating his younger brother was yesterday, and the big fight they had as a result, and tells his friend that he doesn't get along with his brother at all. In this instance, Zackary's response is consistent with
- A. the availability heuristic
  - B. the representativeness heuristic
  - C. the conjunction fallacy
  - D. the hindsight bias
- \_\_\_ 27) Which of the following is NOT one of the parts of Sternberg's triarchic theory of intelligence?
- A. contextual subtheory
  - B. general mental ability subtheory
  - C. experiential subtheory
  - D. componential subtheory
- \_\_\_ 28) Reliability refers to the \_\_\_\_\_ of a measuring device such as a test.
- A. consistency
  - B. predictability
  - C. accuracy of inference
  - D. representativeness
- \_\_\_ 29) When a child incorrectly uses a word to describe a narrower set of objects or actions than it is meant to, that child is showing evidence of
- A. overextension
  - B. underextension
  - C. fast mapping
  - D. telegraphic speech
- \_\_\_ 30) Which of the following statements best reflects your textbook's conclusion regarding research on the effects of stereotype vulnerability on test performance?
- A. Stereotype vulnerability has no discernible effect on test performance.
  - B. Stereotype vulnerability has a greater effect on test performance than does socioeconomic disadvantage.
  - C. Stereotype vulnerability clearly results in lower test performance for white students.
  - D. More evidence is clearly needed on the effects of stereotype vulnerability.

3\_0101

Answer Section

2005-2006

Test 3

**MULTIPLE CHOICE**

- 1) ANS: B
- 2) ANS: B
- 3) ANS: A B
- 4) ANS: A
- 5) ANS: A
- 6) ANS: A
- 7) ANS: B
- 8) ANS: C
- 9) ANS: B
- 10) ANS: B
- 11) ANS: D
- 12) ANS: C
- 13) ANS: D
- 14) ANS: C
- 15) ANS: D
- 16) ANS: B
- 17) ANS: D
- 18) ANS: A
- 19) ANS: B
- 20) ANS: B
- 21) ANS: C
- 22) ANS: D
- 23) ANS: A
- 24) ANS: A
- 25) ANS: B
- 26) ANS: A
- 27) ANS: D
- 28) ANS: D
- 29) ANS: B
- 30) ANS: A

Test 4

- \_\_\_ 1) The theoretical orientation that argues that psychology should study only observable behavior is
- rational-emotive
  - behaviorism
  - humanism
  - invasive
- \_\_\_ 2) Sigmund Freud's theory of personality was influenced to a degree by his reaction to the hostilities of World War I, a fact that illustrates which of the following unifying themes of your textbook?
- Psychology is empirical.
  - Psychology is theoretically diverse.
  - Psychology evolves in a sociohistorical context.
  - Psychology is the study of subjective experience.
- \_\_\_ 3) Charlie is extremely relaxed and secure, and she seldom seems to be self-conscious when she is around others. Based on the five-factor model of personality, Charlie would probably score
- high in openness
  - high in agreeableness
  - high in extraversion
  - low in neuroticism
- \_\_\_ 4) Starting in the grade-school years, females show a slight advantage over males in \_\_\_\_\_ skills, while males show a slight advantage over females in \_\_\_\_\_ skills.
- verbal; visual-spatial
  - mathematical; verbal
  - visual-spatial; mathematical
  - mathematical; visual-spatial
- \_\_\_ 5) Finding and making commitments to society and future generations mark Erikson's stage of
- integrity versus despair
  - identity versus role confusion
  - intimacy versus isolation
  - generativity versus self-absorption
- \_\_\_ 6) According to evolutionary theories of emotion,
- the experience of emotion depends on autonomic arousal and your cognitive interpretation of that arousal
  - different patterns of autonomic activation lead to the experience of different emotions
  - emotions occur when the thalamus sends signals simultaneously to the cortex and to the autonomic nervous system
  - emotions developed because of their adaptive value
- \_\_\_ 7) Sigmund Freud would have been LEAST likely to make which of the following statements?
- Most behavior is rooted in the unconscious.
  - Most of our behavior is rationally directed.
  - A great deal of our behavior and thoughts are symbolic of hidden motives.
  - Behavior is the outcome of an interaction among several components of personality.
- \_\_\_ 8) As an adult, going back to an earlier way of gratifying needs defines
- repression
  - fixation
  - regression
  - reaction formation

- \_\_\_ 9) Cross-cultural similarities exist in all but which of the following?
- A. the categorization of different emotions
  - B. identification of basic emotions from facial expressions
  - C. the types of events that trigger specific emotions
  - D. the physiological arousal that accompanies emotion
- \_\_\_ 10) The Freudian period that begins with puberty is the
- A. anal stage
  - B. genital stage
  - C. phallic stage
  - D. latency stage
- \_\_\_ 11) Of the factors that may shape development prior to birth, which is the LEAST understood?
- A. excessive alcohol use
  - B. rubella (German measles)
  - C. fluctuations in maternal emotions
  - D. tobacco use
- \_\_\_ 12) Evolutionary theories, such as the one proposed by Belsky, suggest that stress in early family relations may
- A. decelerate sexual maturation, leading to a relatively late onset of puberty
  - B. decelerate sexual maturation, leading to a relatively late onset of menopause
  - C. accelerate sexual maturation, leading to a relatively early onset of puberty
  - D. accelerate sexual maturation, leading to a relatively early onset of menopause
- \_\_\_ 13) Which of the following Piagetian processes is responsible for a baby's eventual modification of the sucking reflex, depending on whether the stimulus is a nipple or a pacifier?
- A. assimilation
  - B. accommodation
  - C. acquisition
  - D. adaptation
- \_\_\_ 14) Scott just experienced an orgasm. For about an hour he cannot achieve another orgasm. Scott is in the \_\_\_\_\_ phase of the sexual response cycle.
- A. excitement
  - B. plateau
  - C. orgasmic
  - D. resolution
- \_\_\_ 15) Paige loves scuba diving and mountain climbing, and she has traveled all over the world to dive at the most exotic locations and to climb the most difficult mountains. It appears that Paige is
- A. high in sensation seeking
  - B. low in self-efficacy
  - C. low in sensation seeking
  - D. high in self-monitoring
- \_\_\_ 16) Which of the following statements regarding happiness is LEAST accurate?
- A. The quest for happiness is never hopeless.
  - B. When it comes to happiness, everything is relative.
  - C. Increases in income generally bring increases in happiness.
  - D. Objective realities are not as important as subjective feelings.
- \_\_\_ 17) The results from the Featured Study on culture and mating preferences indicate that the most prominent cross-cultural variation in mate preferences is the emphasis placed on which of the following?
- A. status
  - B. chastity
  - C. ambition
  - D. financial prospects

- \_\_\_ 18) According to Kagan and colleagues, infants who are shy, timid, and wary of unfamiliar persons are said to exhibit
- A. an uninhibited temperament
  - B. a slow-to-warm-up temperament
  - C. mixed temperaments
  - D. inhibited temperament
- \_\_\_ 19) Which of the following needs is NOT generally considered a component of the achievement motive?
- A. outperforming others
  - B. meeting high standards of excellence
  - C. being accepted by others
  - D. desiring to excel
- \_\_\_ 20) The stage of prenatal development during which most miscarriages are likely to occur is the
- A. zygotic stage
  - B. germinal stage
  - C. fetal stage
  - D. embryonic stage
- \_\_\_ 21) According to Carl Rogers, troublesome anxiety is caused by
- A. unresolved sexual conflicts
  - B. unconditional love
  - C. threats to our self-concept
  - D. the use of defense mechanisms
- \_\_\_ 22) Mary just completed a personality scale designed to measure the three higher-order traits identified by Hans Eysenck. She scored low in the personality trait of neuroticism. This suggests that Mary tends to be
- A. sensitive and caring
  - B. anxious and moody
  - C. warm and sociable
  - D. relaxed and high in self-esteem
- \_\_\_ 23) According to Erikson, the first stage of development (birth to one year) is a period when the infant develops the basic characteristic of
- A. initiative versus guilt
  - B. autonomy versus shame and doubt
  - C. industry versus inferiority
  - D. trust versus mistrust
- \_\_\_ 24) One of the major points Mischel makes about personality is that
- A. people behave more consistently across situations than we have thought
  - B. many personal traits are genetically determined
  - C. the idea of traits is fundamental to understanding personality
  - D. people are much less consistent across situations than most theorists have assumed
- \_\_\_ 25) Janie is listening to several of her friends describe the miserable conditions they saw when they were in Bosnia, as part of the peace-keeping force. As she listens to the stories of starvation and ruin, Janie feels overwhelmed by sadness. This reaction is part of the
- A. physiological component in Janie's emotional experience
  - B. behavioral component in Janie's emotional experience
  - C. cognitive component in Janie's emotional experience
  - D. objective component in Janie's emotional experience

- \_\_\_\_\_ 26) Low levels of \_\_\_\_\_ have been associated with a lowered male sex drive.
- A. catecholamines
  - B. pheromones
  - C. estrogen
  - D. testosterone
- \_\_\_\_\_ 27) With respect to cognitive abilities, evolutionary theorists
- A. suggest that infants attend more to novel events because these events require more time for perceptual processing
  - B. assert that abilities which are prewired will be less prone to habituation or dishabituation
  - C. strive to understand the adaptive significance of abilities that appear to be prewired
  - D. attempt to find out which abilities are prewired, without making any assumptions about why these abilities might be innate
- \_\_\_\_\_ 28) Which of the following statements regarding the role of insulin in hunger is LEAST accurate?
- A. Insulin is a hormone secreted by the pancreas.
  - B. Insulin must be present for cells to utilize glucose.
  - C. Increased insulin secretion causes increased hunger.
  - D. Diabetics have too much insulin.
- \_\_\_\_\_ 29) An external goal that has the capacity to motivate behavior is referred to as
- A. an incentive
  - B. a drive
  - C. a homeostatic mechanism
  - D. an expectancy
- \_\_\_\_\_ 30) A child sees his mother crying and brings her his own favorite teddy bear to comfort her. This child is demonstrating
- A. egocentrism
  - B. animism
  - C. irreversibility
  - D. centration

4\_0101

Answer Section

2005-2006

Test 4

**MULTIPLE CHOICE**

- 1) ANS: B
- 2) ANS: C
- 3) ANS: D
- 4) ANS: A
- 5) ANS: D
- 6) ANS: D
- 7) ANS: B
- 8) ANS: C
- 9) ANS: A
- 10) ANS: B
- 11) ANS: C
- 12) ANS: C
- 13) ANS: B
- 14) ANS: D
- 15) ANS: A
- 16) ANS: C
- 17) ANS: B
- 18) ANS: D
- 19) ANS: C
- 20) ANS: D
- 21) ANS: C
- 22) ANS: D
- 23) ANS: D
- 24) ANS: D
- 25) ANS: C
- 26) ANS: D
- 27) ANS: C
- 28) ANS: D
- 29) ANS: A
- 30) ANS: A

## Test 5

- \_\_\_ 1) Killian lets her husband keep all the financial records for the family, and she expects him to make all the decisions that affect the family. She refuses to make any decisions on her own, and if anything unexpected occurs, she calls her husband at work to ask for his advice. If Killian has a personality disorder, her symptoms are MOST consistent with those associated with disorders in the
- anxious/fearful cluster
  - odd/eccentric cluster
  - dramatic/impulsive cluster
  - neurotic/dissociative cluster
- \_\_\_ 2) The idea that interactions designed to help a client develop self-knowledge and thus progress to healthy changes in personality and behavior is the basis for
- psychopharmacological therapy
  - emotive therapy
  - behavioral therapy
  - insight therapy
- \_\_\_ 3) Jill will sit in one position for long periods of time, evidencing muscular rigidity. Jill is exhibiting symptoms of
- paranoid schizophrenia
  - catatonic schizophrenia
  - disorganized schizophrenia
  - undifferentiated schizophrenia
- \_\_\_ 4) Hamilton has embezzled over 3 million dollars from the bank where he is employed as an executive loan officer. He feels no remorse for his actions, and he is looking forward to an early retirement in some South American country with no extradition agreement. In this example, Hamilton's embezzling would MOST likely be considered
- culturally deviant
  - Maladaptive
  - personally distressing
  - legal insanity
- \_\_\_ 5) The disorder that is characterized by worry and fear, muscle tension, trembling, faintness, and difficulty in concentrating is known as a
- conversion disorder
  - paranoid disorder
  - dissociative disorder
  - generalized anxiety disorder
- \_\_\_ 6) In terms of the relationship between therapists' professional background and therapeutic efficacy, researchers have found that
- most individuals show the best progress when they are treated by a clinical psychologist
  - most individuals show the best progress when they are treated by a certified psychiatrist
  - most individuals show the best progress when they are treated by a therapist trained in multiple approaches
  - there is no reliable connection between therapists' professional background and therapeutic efficacy
- \_\_\_ 7) The median duration of depressive episodes is
- 7 to 14 days
  - 4 to 6 weeks
  - 1 year
  - 5 months

- \_\_\_\_\_ 8) After several weeks of feeling gloomy and being socially withdrawn, Marco has suddenly become extremely sociable and talkative. He doesn't seem to need any sleep, and he becomes irritated when his friends tell him to slow down. Marco's behavior is consistent with
- Obsessive-compulsive disorder
  - Schizophrenia
  - Histrionic personality disorder
  - bipolar disorder
- \_\_\_\_\_ 9) Health maintenance organizations (HMOs) can hold down costs by restricting mental health services. According to critics, these restrictions may include all of the following EXCEPT
- underdiagnosing mental health conditions
  - Requiring re-certification of the service providers within the HMO
  - failing to make needed referrals to mental health specialists
  - arbitrarily limiting the length of treatment
- \_\_\_\_\_ 10) Which of the following statements is MOST accurate?
- Men are more likely than women to enter therapy.
  - People from the lower socioeconomic classes are more likely to enter therapy than those from the upper classes.
  - Many people who need therapy don't receive it.
  - Only people who have an identifiable mental disorder are eligible for therapy.
- \_\_\_\_\_ 11) According to Beck, which types of thought processes tend to produce depression?
- blaming setbacks on circumstantial factors
  - focusing selectively on positive experiences
  - drawing negative conclusions about one's personal worth based on insignificant events
  - failing to accept responsibility for one's own actions
- \_\_\_\_\_ 12) The idea that you can't be profoundly relaxed and fearful at the same time is basic to
- behavior modification
  - systematic desensitization
  - successive goal approximations
  - psychodynamic activation
- \_\_\_\_\_ 13) Jack always complains of being sick. He is convinced he is dying. His physicians have all told him that there is nothing wrong with him and he should live well into his 80s. Jack does not believe the physicians and continues to search for a doctor who will confirm that he is sick. Jack's behavior is MOST consistent with the symptoms of
- an anxiety disorder
  - a somatoform disorder
  - a dissociative disorder
  - a schizophrenic disorder
- \_\_\_\_\_ 14) Which of the following drugs is NOT an antidepressant?
- Valium
  - Elavil
  - Nardil
  - Prozac
- \_\_\_\_\_ 15) Fiona has been diagnosed with bulimia nervosa. Based on the physical symptoms listed in your text, you should expect that Fiona will show evidence of
- amenorrhea and low blood pressure
  - dental problems and cardiac arrhythmias
  - cardiac arrhythmias and osteoporosis
  - dental problems and elevated blood pressure

- \_\_\_ 16) Charlene is talking with her father, and she confesses that she lied about where she had been on the weekend. Her father tells Charlene that he loves her, but that he doesn't approve of her lying. According to Carl Rogers, Charlene's father is displaying the quality of
- A. empathy
  - B. validity
  - C. unconditional positive regard
  - D. selective abstraction
- \_\_\_ 17) Doris feels terrified every time she leaves her house, and avoids doing so whenever possible. Doris is MOST likely suffering from
- A. generalized anxiety disorder
  - B. claustrophobia
  - C. agoraphobia
  - D. obsessive-compulsive disorder
- \_\_\_ 18) After several months of psychoanalysis, Andy begins to feel intensely angry with his therapist, although the therapist has been consistently warm and supportive. Andy's feelings are probably
- A. due to a misinterpretation of the therapist's behavior
  - B. a result of transference
  - C. a sign of an impending psychosis
  - D. a result of sudden insight about some childhood experience
- \_\_\_ 19) Research with CT scans and MRI scans suggests that there is an association between chronic schizophrenic disturbance and
- A. shrunken brain ventricles
  - B. atrophied cells in the corpus callosum
  - C. enlarged brain ventricles
  - D. enlarged temporal lobes
- \_\_\_ 20) Cyndi has just been to a therapist who prescribed an antipsychotic medication. Cyndi should expect to experience a noticeable reduction in her symptoms of schizophrenia
- A. only after 1-2 weeks of taking the prescribed amount of the drug
  - B. within 2-3 hours of taking the drug for the first time
  - C. within 24 hours of taking the drug for the first time
  - D. only after 6-8 weeks of taking the prescribed amount of the drug
- \_\_\_ 21) Ana has been in psychotherapy for five years. At the start of each session she describes any dreams that she has had since her last session. Her therapist analyzes the symbolism in these dreams, and helps Ana understand the unconscious conflicts that underlie the dreams. In this case, Ana is MOST likely seeing a therapist who is trained in
- A. the client-centered approach
  - B. rational-emotive therapy
  - C. biofeedback therapy
  - D. psychoanalysis
- \_\_\_ 22) Which of the following statements is MOST accurate?
- A. Although many people have benefited from deinstitutionalization by avoiding unnecessary hospital stays, there have been some unanticipated problems.
  - B. Deinstitutionalization has been an outstanding success, resulting in better care for all clients.
  - C. Deinstitutionalization has been a failure, resulting in poorer treatment for both inpatients and outpatients.
  - D. Deinstitutionalization hasn't had much of an impact on mental health care at all.

- \_\_\_ 23) Professor Newton gave a midterm exam where the scores ranged from 28% to 89%; the average score for the exam was 69%. Based on the phenomenon known as regression toward the mean, you should expect that
- A. almost all students will score lower on the final than they did on the midterm
  - B. almost all students will score higher on the final than they did on the midterm
  - C. the students who scored near the average on the midterm will score lower on the final
  - D. the students who earned the highest scores on the midterm will not do as well on the final
- \_\_\_ 24) When Erskine found out that his daughter's fifth grade teacher had once been treated for a psychological disorder, he insisted that his daughter be transferred to a different classroom. He was concerned for her safety, and the safety of her classmates, and tried to have the individual barred from teaching in the public school system. Erskine's actions suggest that Erskine holds the largely inaccurate stereotype that
- A. psychological disorders are incurable
  - B. people with psychological disorders behave in bizarre ways
  - C. psychological disorders often go unrecognized
  - D. people with psychological disorders are often dangerous
- \_\_\_ 25) Which of the following neurotransmitters has been implicated in mood disorders?
- A. GABA
  - B. serotonin
  - C. dopamine
  - D. endorphins
- \_\_\_ 26) Ali has a psychological disorder, and her doctor has prescribed a drug that affects the levels of GABA in her nervous system. Based on this information, it is MOST likely that Ali is being treated for
- A. a schizophrenic disorder
  - B. an anxiety disorder
  - C. a dissociative disorder
  - D. a somatoform disorder
- \_\_\_ 27) A person who does not conform to the accepted norms of morality and behavior and is impulsive, callous, and manipulative is referred to as having
- A. borderline personality disorder
  - B. paranoid personality disorder
  - C. antisocial personality disorder
  - D. histrionic personality disorder
- \_\_\_ 28) Frank has just been to a therapist who prescribed an antianxiety medication. Frank should expect to experience some relief from his symptoms of anxiety
- A. within 24 hours of taking the drug for the first time
  - B. almost immediately after taking the drug for the first time
  - C. only after 1-2 weeks of taking the prescribed amount of the drug
  - D. only after 6-8 weeks of taking the prescribed amount of the drug
- \_\_\_ 29) Carolyn worked for the same company for twelve years. Six months ago the company closed down. Carolyn had been feeling extremely depressed over the loss of her job, and she had considered seeing a therapist for help with her depression. However, for the past week she has been feeling much better, and has decided that she doesn't need professional treatment after all. In this case, Carolyn appears to have experienced
- A. spontaneous remission
  - B. personal insight
  - C. the placebo effect
  - D. transference
- \_\_\_ 30) Etiology refers to the
- A. projected course of a condition
  - B. apparent cause of a condition
  - C. study of mental illness
  - D. collection of a group of symptoms

5L0101

Answer Section

2005 - 2006

Test 5

**MULTIPLE CHOICE**

- 1) ANS: A
- 2) ANS: D
- 3) ANS: B
- 4) ANS: A
- 5) ANS: D
- 6) ANS: D
- 7) ANS: D
- 8) ANS: D
- 9) ANS: B
- 10) ANS: C
- 11) ANS: C
- 12) ANS: B
- 13) ANS: B
- 14) ANS: A
- 15) ANS: B
- 16) ANS: C
- 17) ANS: C
- 18) ANS: B
- 19) ANS: C
- 20) ANS: A
- 21) ANS: D
- 22) ANS: A
- 23) ANS: D
- 24) ANS: D
- 25) ANS: B
- 26) ANS: B
- 27) ANS: C
- 28) ANS: B
- 29) ANS: A
- 30) ANS: B

Test 6

- \_\_\_ 1) Observers tend to favor \_\_\_\_\_ attributions about the success of males; observers tend to favor \_\_\_\_\_ attributions about the success of females.
- A. internal; external
  - B. internal; internal
  - C. external; internal
  - D. external; external
- \_\_\_ 2) Travis was piloting a small private jet. He was making his final approach through heavy fog, and when he finally broke through the fog cover at 150 feet, he realized that the runway was 20 yards to his left. For an instant he experienced a sensation of total panic, but he quickly took action. With his heart still pounding, he gave the plane full throttle in an attempt to clear the rapidly approaching trees. According to Selye's general adaptation syndrome, as Travis took action he was experiencing
- A. physiological exhaustion
  - B. a resistance reaction
  - C. an alarm reaction
  - D. autonomic rebound
- \_\_\_ 3) Celine just heard that her neighbor, Rodney, was involved in an automobile accident. If Celine concludes that Rodney's children distracted him for a few seconds, and that was the reason for the accident, she has
- A. made an external attribution
  - B. made an internal attribution
  - C. made the fundamental attribution error
  - D. been influenced by an illusory correlation
- \_\_\_ 4) Makayla was trapped in the rubble of her house following an earthquake. Ira was the rescue worker who pulled Makayla from the wreckage. Based on the research conducted by Ursano, you would predict that
- A. both Makayla and Ira are at risk for developing posttraumatic stress disorder (PTSD), because PTSD can develop in rescue workers or survivors
  - B. only Makayla is at risk for developing posttraumatic stress disorder (PTSD), because the disorder is extremely rare in rescue workers
  - C. neither Makayla nor Ira are at risk for developing posttraumatic stress disorder (PTSD), because the disorder is rare following natural disasters
  - D. only Ira is at risk for developing posttraumatic stress disorder (PTSD), because the disorder is more common in rescue workers than in survivors
- \_\_\_ 5) Which of the following statements regarding the fight-or-flight response is LEAST accurate?
- A. Human stresses generally pass too quickly for the fight-or-flight response to be an effective coping mechanism.
  - B. This autonomic response is most likely a "leftover" from humankind's evolutionary past.
  - C. Fight-or-flight is an adaptive response for most members of the animal kingdom.
  - D. Most modern current human stressors cannot be handled through fighting or fleeing.
- \_\_\_ 6) The NASA personnel who were in charge of the space shuttle launch had clear evidence that freezing temperatures could pose a problem for the shuttle, but they chose to ignore the evidence and proceeded with the launch anyway. The process that would best explain why the launch went ahead, even though there was evidence that indicated it should be delayed, is
- A. group polarization
  - B. reciprocity
  - C. groupthink
  - D. Collectivism

- \_\_\_ 7) Rick imagines he is secretly admired by women who all wish he would seduce them. Rick, who is socially inept, is using the defense mechanism of
- A. denial of reality
  - B. intellectualization
  - C. fantasy
  - D. substitution
- \_\_\_ 8) When you find yourself "caught between a rock and a hard place" you are experiencing
- A. an avoidance-avoidance conflict
  - B. an approach-avoidance conflict
  - C. an approach-approach conflict
  - D. a double approach-avoidance conflict
- \_\_\_ 9) Attributing one's success on an exam to one's intelligence and one's failure to the unfairness of the test is an example of
- A. a defensive attribution
  - B. an actor-observer bias
  - C. a self-serving bias
  - D. the fundamental attributional error
- \_\_\_ 10) Research has shown that initial attraction
- A. to someone is minimally influenced by that person's physical attractiveness
  - B. is greatly influenced by that person's physical attractiveness
  - C. is more influenced by personality similarity than by physical attractiveness
  - D. is greatly influenced by perceived intellectual similarity
- \_\_\_ 11) Which of the following is LEAST likely to be a barrier to effective provider-patient communication?
- A. the health care provider's use of technical terminology
  - B. patient evasiveness about real health concerns
  - C. time constraints on the length of the provider-patient interaction
  - D. consulting a health care provider who is not the same-sex as the patient
- \_\_\_ 12) Herbert Benson devised a simple procedure, called the relaxation response, that can have beneficial health effects. To experience the full benefits, the procedure should be practiced
- A. on a daily basis
  - B. whenever a person has to deal with a major stressor
  - C. for a minimum of 50 minutes a day, three days per week
  - D. only when traditional medical treatments produce no improvement
- \_\_\_ 13) Which of the following has been shown to increase the risk of such chronic diseases as lung cancer, emphysema, and stroke?
- A. smoking
  - B. poor nutrition
  - C. lack of exercise
  - D. obesity
- \_\_\_ 14) Virginia has wanted to be a physician for as long as she can remember, but she has been unable to gain entry to medical school. Virginia is probably experiencing
- A. burnout
  - B. learned helplessness
  - C. regression
  - D. Frustration

- \_\_\_ 15) Which of the following psychologists is known for conducting classic research on conformity?
- A. Solomon Asch
  - B. Daryl Bem
  - C. Leon Festinger
  - D. Stanley Milgram
- \_\_\_ 16) Mort is trying to convince his parents that he should enroll at a university in another state, rather than the local university. He has made five strong points that support his position, but his parents are not yet convinced. Based on the research into factors which influence persuasion, at this point Mort should
- A. add additional points that support his position, even if they are weaker arguments
  - B. ask his parents to think about their decision for a few days
  - C. repeat the arguments that he has already made
  - D. play some soft background music while he and his parents discuss the issue some more
- \_\_\_ 17) The Featured Study by Cohen and his colleagues showed that
- A. psychological stress can increase people's susceptibility to infectious disease
  - B. when all possible confounding variables are controlled for, there is no longer any association between stress and vulnerability to infection
  - C. the stress-illness association found in other studies is probably the result of an increased frequency of health-impairing habits in stressed subjects
  - D. psychological stress only increases susceptibility to infectious disease in people with Type A personalities
- \_\_\_ 18) Which of the following is NOT one of the major components of an attitude?
- A. beliefs that one holds about the object of an attitude
  - B. emotional feelings stimulated by an object of thought
  - C. genetic tendencies toward specific biases
  - D. predispositions to act in certain ways
- \_\_\_ 19) Mei-Hsiu is under a great deal of stress because she has only three days to decide which items to cut in order to reduce her company's budget by 25 percent. Based on the research by Keinan, you should predict that Mei-Hsiu will
- A. displace her feelings of frustration onto her children
  - B. be unsystematic in reviewing the possible options available to her
  - C. be slow in making her decision and will miss the deadline
  - D. show behavioral disengagement and give up before the task is complete
- \_\_\_ 20) The component of Type A personality which is MOST strongly linked to the risk of coronary heart disease is
- A. competitiveness
  - B. anger and hostility
  - C. low self-esteem
  - D. impatience and time urgency
- \_\_\_ 21) Holmes and Rahe reasoned that major sources of stress for people come from
- A. failures
  - B. life events involving loss
  - C. changes in one's life that require readjustment
  - D. only those life changes the person sees as negative
- \_\_\_ 22) Cognitive dissonance theory accounts for Festinger and Carlsmith's (1959) results by proposing that subjects paid
- A. \$1 to lie felt little cognitive dissonance
  - B. \$1 to lie had sufficient justification for their counterattitudinal behavior
  - C. \$20 to lie felt high cognitive dissonance
  - D. \$20 to lie had sufficient justification for their counterattitudinal behavior and experienced little dissonance

- \_\_\_ 23) The bystander effect is the finding that
- the probability that a witness to an emergency will help increases as the number of bystanders increases
  - a group of witnesses to an emergency will all tend to cooperate to provide help
  - the probability that a witness to an emergency will help decreases as the number of bystanders increases
  - bystanders' willingness to help depends on the seriousness of the emergency
- \_\_\_ 24) The idea that emotional tension can be released through behavior and that this response may be adaptive is known as
- catharsis
  - displacement
  - an unconditioned response
  - the safety-valve effect
- \_\_\_ 25) Widely held beliefs about groups of people based on their group membership defines
- cognitive structuring
  - cultural direction
  - stereotypes
  - schematizing
- \_\_\_ 26) Ivan's car began to slip sideways on the rain-slick road. As his car spun out of control, and into the path of oncoming traffic, his pituitary gland began to secrete adrenocorticotrophic hormone (ACTH). This would have stimulated the adrenal glands and caused
- the adrenal cortex to begin to release corticosteroids
  - the adrenal medulla to begin to release corticosteroids
  - the adrenal cortex to begin to release catecholamines
  - his amygdala to slow the release of acetylcholine
- \_\_\_ 27) Kara has noticed that every time she eats out on her own she chooses a pizza place over fast food places that serve burgers and fries. Consequently, Kara decides she must really prefer pizzas to burgers and fries. In this example, Kara has formed her attitude in the manner suggested by
- self-perception theory
  - cognitive dissonance theory
  - observational learning theory
  - the fundamental attribution error
- \_\_\_ 28) Groups seeking donations often ask people to simply sign a petition first. This approach illustrates which of the following social influence techniques?
- lowball technique
  - highball technique
  - foot-in-the-door technique
  - reciprocity norm
- \_\_\_ 29) Social loafing refers to
- increases in socializing among members of larger groups
  - the reduction of effort by individuals when they work in groups
  - the loss of coordination among group members' efforts
  - a tendency to blame others for the group's poor performance
- \_\_\_ 30) Joe has been calling Jill each evening and talking with her everyday at lunch, but now he is deeply despondent because she is out of town. Joe is in the throws of
- companionate love
  - sexual infatuation
  - communal love
  - passionate love

6L0101

Answer Section

2005-2006

Test 6

**MULTIPLE CHOICE**

- 1) ANS: A
- 2) ANS: B
- 3) ANS: A
- 4) ANS: A
- 5) ANS: A
- 6) ANS: C
- 7) ANS: C
- 8) ANS: A
- 9) ANS: C
- 10) ANS: B
- 11) ANS: D
- 12) ANS: A
- 13) ANS: A
- 14) ANS: D
- 15) ANS: A
- 16) ANS: C
- 17) ANS: A
- 18) ANS: C
- 19) ANS: B
- 20) ANS: B
- 21) ANS: C
- 22) ANS: D
- 23) ANS: C
- 24) ANS: A
- 25) ANS: C
- 26) ANS: A
- 27) ANS: A
- 28) ANS: C
- 29) ANS: B
- 30) ANS: D

2004 - 2005

- \_\_\_ 1) Theodore suffered a stroke recently, and now he finds he constantly hears a buzzing sound in his ears. In this case, it is likely that the stroke occurred in Theodore's
- temporal lobes
  - right frontal lobe
  - occipital lobes
  - left parietal lobe
- \_\_\_ 2) A researcher who is conducting an opinion survey asks viewers who are watching a political debate to dial a 1-800 number and record their opinion to the "question of the day." In this case the researcher is likely to have
- a representative sample
  - a random sample
  - a biased sample
  - a random population
- \_\_\_ 3) Which of the following statements is LEAST likely to be made by a humanist?
- Humans are unique.
  - The behavior of humans tends to be dictated by environmental circumstances.
  - Humans have a basic need to fulfill their potentials.
  - Research on animals has little relevance to understanding human behavior.
- \_\_\_ 4) In psychology, MOST journal articles
- are reports that describe original, empirical studies
  - summarize and reconcile the findings from a large number of studies on a specific issue
  - propose new theories that are intended to stimulate research
  - describe and evaluate new treatment methods for psychological disorders
- \_\_\_ 5) If you sent the word "banana" to a split-brain patient's left hemisphere and the word "cucumber" to his right hemisphere, which of the following would he be able to name verbally?
- both of the items
  - neither of the items
  - only the banana
  - only the cucumber
- \_\_\_ 6) The major departure of Freud's position from prevailing viewpoints around the early 1900s was that he
- saw abnormal behavior as resulting from biological causes
  - saw people as not fully aware of the forces that control their behavior
  - proposed the existence of free will
  - emphasized environmental forces on behavior
- \_\_\_ 7) The neurons in Michael's arm just sent a neural impulse. It will be 1-2 milliseconds before another neural impulse can be generated. This brief time period, when another neural impulse cannot occur, is called the
- all-or-none period
  - absolute refractory period
  - resting potential
  - postsynaptic discharge
- \_\_\_ 8) The experimental procedure in which both the experimenter and subject are unaware of who is in the experimental and who is in the control group is referred to as the
- placebo control procedure
  - stereotaxic procedure
  - single-blind procedure
  - double-blind procedure

- \_\_\_\_\_ 9) On the average, males tend to perform slightly better than females on ALL BUT which of the following visual-spatial tasks?
- A. map reading
  - B. maze learning
  - C. memory for locations
  - D. mental rotation of images
- \_\_\_\_\_ 10) The systematic use of rewards in developing effective study habits is most consistent with
- A. humanism
  - B. behaviorism
  - C. functionalism
  - D. structuralism
- \_\_\_\_\_ 11) If a key part of the \_\_\_\_\_ is destroyed, an animal will lose all interest in food and may well starve to death.
- A. medulla
  - B. cerebellum
  - C. thalamus
  - D. hypothalamus
- \_\_\_\_\_ 12) Ricardo just came back from seeing a neurologist. Ricardo tells you that he will be having a test in which images of his brain will be recorded after radioactive chemicals have been injected into his bloodstream. However, Ricardo can't remember the actual name of the test. It appears that his neurologist is planning
- A. to use electrical stimulation of the brain (ESB)
  - B. a computerized tomography (CT) scan
  - C. a positron emission tomography (PET) scan
  - D. a magnetic resonance imaging (MRI) scan
- \_\_\_\_\_ 13) Derrick designed an experiment in which participants listened to a persuasive speech delivered either by a person who was very tall or a person who was average in height. In addition, the speeches were delivered either by individuals wearing business clothes or by people wearing casual clothes. In this example, Derrick
- A. has two dependent variables, and will be able to determine if persuasion interacts with any other factors
  - B. has two independent variables, and will be able to determine if height and style of clothing interact
  - C. does not have a control group, which should reduce the impact of self-reporting bias in his study
  - D. is using a double-blind procedure, which should reduce experimenter bias
- \_\_\_\_\_ 14) Garrett has a chronic disease that is slowly destroying the cells that produce serotonin in his brain. As the disease progresses, Garrett is likely to find
- A. his memory gradually worsens
  - B. he begins to experience symptoms of schizophrenia
  - C. he will start to show signs of Parkinson's disease
  - D. his sleeping and waking cycles will be disrupted
- \_\_\_\_\_ 15) Phillip is a graduate student whose major area of interest is physiological psychology. You should expect that Phillip is most interested in
- A. the internal factors that lead people to act consistently across a variety of situations
  - B. how people relate to each other and influence each other
  - C. the ways in which behavior and mental processes change over a lifetime
  - D. the ways in which physical or genetic factors influence and determine behavior

- \_\_\_ 16) Jolyn believed that there were gender differences in driving habits. To test this assumption she stood near a quiet intersection. Jolyn recorded the gender of each driver who approached a stop sign, and also whether the individual came to a complete stop before proceeding into the intersection. Jolyn is conducting
- A. an experiment with two dependent variables
  - B. case study research
  - C. naturalistic observation
  - D. psychological testing
- \_\_\_ 17) Dr. Scarply believes that if all violent programming were banned, aggressive behavior would almost completely disappear. This type of explanation for the prevalence of aggressive behavior is inconsistent with the view that
- A. behavior is shaped by cultural heritage
  - B. heredity and the environment jointly influence behavior
  - C. perception is often subjective
  - D. behavior is determined by multiple causes
- \_\_\_ 18) The FINAL step in a scientific investigation is to
- A. conduct the study
  - B. analyze the data
  - C. decide whether or not the hypothesis was supported
  - D. report the findings
- \_\_\_ 19) The use of reinforcement principles to modify a child's unruly behavior reflects the goal of science that deals with
- A. understanding and prediction
  - B. measurement and description
  - C. deterministic and teleological
  - D. application and control
- \_\_\_ 20) Imagine that the personality traits of conscientiousness and extroversion are negatively correlated. If Wilfred's score in conscientiousness is extremely low
- A. he would probably score close to the median on the extroversion scale
  - B. he would most likely score at the high end of the extroversion scale
  - C. he would most likely score at the low end of the extroversion scale
  - D. it is impossible to predict how he is likely to score on the extroversion scale without more information
- \_\_\_ 21) The mode in a group of scores describes the \_\_\_\_\_ for that group of scores.
- A. central tendency
  - B. association with another group of scores
  - C. halfway point
  - D. variability
- \_\_\_ 22) The person who established America's first psychological research laboratory and who launched America's first psychology journal was
- A. John Watson
  - B. William James
  - C. G. Stanley Hall
  - D. Edward Titchener
- \_\_\_ 23) The first woman to receive a Ph.D. in psychology was
- A. Mary Calkins
  - B. Margaret Washburn
  - C. Leta Stetter Hollingworth
  - D. Anna Freud

- \_\_\_ 24) A researcher found that clients who were randomly assigned to same-sex groups participated more in group therapy sessions than clients who were randomly assigned to coed groups. In this experiment, the dependent variable was
- A. the amount of participation in the group therapy sessions
  - B. whether or not the group was coed
  - C. the clients' attitudes toward group therapy
  - D. how much the clients' mental health improved
- \_\_\_ 25) Kelly and Shelly are identical twins who have been raised apart, in separate adoptive homes. Shelly has developed a psychological disorder, but Kelly does not appear to have the same disorder. This information could be used as evidence to suggest that
- A. genetic factors have more influence than environmental factors in this disorder
  - B. environmental factors have more influence than genetic factors in this disorder
  - C. both genetic and environmental factors contribute equally to this disorder
  - D. neither genetic nor environmental factors contribute to this disorder
- \_\_\_ 26) The interdisciplinary field that studies the influence of genetic factors and behavioral traits is called
- A. ethology
  - B. cross-cultural anthropology
  - C. physiological psychology
  - D. behavioral genetics
- \_\_\_ 27) The approach that contends psychology must study internal mental events in order to fully understand behavior is
- A. behaviorism
  - B. cognitive psychology
  - C. evolutionary psychology
  - D. humanism
- \_\_\_ 28) Karlette took some new medication for her hay fever. The medication made her heart start to race, and she became agitated and jittery. It is likely that the medication is increasing the activity in Karlette's
- A. parasympathetic nervous system
  - B. somatic nervous system
  - C. cerebellum
  - D. sympathetic nervous system
- \_\_\_ 29) Empiricism refers to a
- A. school of psychology
  - B. sub-field of psychology
  - C. position on how information should be acquired
  - D. theoretical orientation about life
- \_\_\_ 30) The basic parts of a neuron are
- A. vesicles, terminal buttons, synapses
  - B. cell body, axon, dendrites
  - C. myelin, nodes, axon terminals
  - D. hindbrain, midbrain, forebrain

1L6001

Answer Section 2004-2005 Test 1

**MULTIPLE CHOICE**

- 1) ANS: A
- 2) ANS: C
- 3) ANS: B
- 4) ANS: A
- 5) ANS: C
- 6) ANS: B
- 7) ANS: B
- 8) ANS: D
- 9) ANS: C
- 10) ANS: B
- 11) ANS: D
- 12) ANS: C
- 13) ANS: B
- 14) ANS: D
- 15) ANS: D
- 16) ANS: C
- 17) ANS: D
- 18) ANS: D
- 19) ANS: D
- 20) ANS: B
- 21) ANS: A
- 22) ANS: C
- 23) ANS: B
- 24) ANS: A
- 25) ANS: B
- 26) ANS: D
- 27) ANS: B
- 28) ANS: D
- 29) ANS: C
- 30) ANS: B

- \_\_\_ 1) The technique used to teach animals complex tricks, such as teaching pigeons to play Ping-Pong, is
- respondent conditioning
  - continuous reinforcement
  - programming
  - shaping
- \_\_\_ 2) Alcoholics may spend a good deal of time sleeping, but their sleep is not refreshing because they
- wake up many times during a single sleep cycle
  - spend less time in REM sleep
  - spend less time in NREM sleep
  - spend too much time in stage 4 sleep
- \_\_\_ 3) Hanna finds that when her kids become too rowdy and noisy, she can successfully block out their noise if she closes the door to her study. In this example, closing the door is an example of
- an escape response
  - an avoidance response
  - an unconditioned response
  - positive reinforcement
- \_\_\_ 4) The volley principle suggests that
- spreading effects from one semicircular canal to another interact to produce pitch perception for frequencies higher than 5,000 Hz
  - ossicles of the middle ear "echo" or "volley" auditory transmission back and forth to stimulate hair cells
  - sound localization is an interpretation of time discrepancies between the time when the same sound reaches each ear
  - groups of auditory neurons are able fire neural impulses in rapid succession, sending signals that exceed the firing rate of any single neuron
- \_\_\_ 5) During sleep, voluntary muscle activity
- is at its lowest during REM sleep
  - is at its highest during REM sleep
  - does not occur in NREM sleep
  - does not occur during either REM or NREM sleep
- \_\_\_ 6) In general, the longer the delay between a response and reinforcement,
- the faster conditioning proceeds
  - the more effective the reinforcer becomes
  - the more slowly conditioning proceeds
  - the more likely it is that stimulus generalization will occur
- \_\_\_ 7) Psychologists who took the structuralist approach to the study of consciousness believed that the best way to understand an individual's conscious experiences was to understand all the component parts that combined to produce the experience. This view is most consistent with
- the top-down processing model of perception
  - the eclectic model of perception
  - the bottom-up processing model of perception
  - the opponent-process model of perception
- \_\_\_ 8) If a subject is presented with a series of pairs of light bulbs of different wattage's and is asked whether the members of each pair differ in brightness, which of the following is being measured?
- the physical intensity difference between the two lights
  - the subject's just noticeable difference for brightness
  - the subject's absolute threshold for brightness
  - the subject's visual acuity

- 9) After visual input has been processed in the primary visual cortex, signals are processed further along a number of pathways. The dorsal stream processes information about
- form and color
  - motion and depth
  - brightness and contours
  - complexity and contrast
- 10) While Kimberly was hypnotized she vividly recalled the events of her first birthday party. However, when the events she described were compared with an actual video from her birthday party, most of the things she described did not actually happen. Kimberly's inaccuracy in recall lends support to the view that hypnosis
- causes people to act out a role
  - is the same as REM-sleep
  - creates a dissociation in conscious awareness
  - is the same as slow-wave sleep
- 11) Breland and Breland's work with "miserly raccoons" demonstrated
- how principles of reinforcement (derived from studies of rats and pigeons) easily generalize to raccoons
  - differences in appropriate rewards for different species
  - that there are biologically imposed limits to the generality of conditioning principles
  - that raccoons are less conditionable, and therefore less intelligent, than rats and pigeons
- 12) Gunther is a news anchor who just flew from San Diego to Paris, crossing 8 time zones. Based on what is known about jet lag, Gunther will most likely
- take about 4 days to adjust to the new time zone
  - take 48 hours to adjust to the new time zone
  - not experience any jet lag because he has flown west to east
  - take just over a week to adjust to the new time zone
- 13) Adam has just consumed a substance that provides him with increased alertness and energy, along with reduced fatigue. However, it also makes him more talkative, increases his blood pressure, reduces his appetite, and makes him restless. Adam has likely ingested
- THC
  - an amphetamine
  - LSD
  - a sedative
- 14) A woman reported feeling "weak in the knees" whenever she smelled cigarette smoke and Beemans gum because of the association of these smells with her first love. In this example, her "weak knees" would be
- an unconditioned response
  - a conditioned stimulus
  - an unconditioned stimulus
  - a conditioned response
- 15) Dr. Bittner has developed a new drug that increases activity in the GABA system. It is likely that this drug will
- have stimulant effects in the body
  - produce hallucinogenic effects
  - function as a sedative
  - act as an effective pain killer
- 16) You have conditioned a fear response to a 1000-Hz tone. Now the tone is paired with a green light. Later, the green light alone elicits fear. This is an example of
- stimulus generalization
  - instinctive drift
  - a discriminated conditioned response
  - higher-order conditioning

- \_\_\_ 17) Valerie has episodes in which she experiences a sudden and irresistible urge to sleep during normal waking periods. Valerie MOST likely suffers from
- A. narcolepsy
  - B. hypersomnia
  - C. cretinism
  - D. a lack of REM rebound
- \_\_\_ 18) You enter a room and notice a distinctive new smell. After a bit of time you no longer smell the odor. This illustrates the phenomenon of
- A. progressive desensitization
  - B. sensory contrast
  - C. sensory novelty
  - D. sensory adaptation
- \_\_\_ 19) Mary takes a course in which she is tested every two weeks. Her studying falls off right after a test, followed by a gradual increase to a rapid rate of studying as the next test approaches. Her studying conforms to the typical pattern of responding maintained on
- A. fixed-ratio schedules
  - B. variable-ratio schedules
  - C. fixed-interval schedules
  - D. variable-interval schedules
- \_\_\_ 20) Which of the following focuses on or highlights the importance of cognitions in observational learning?
- A. reproduction of behavior
  - B. motivation to perform the behavior
  - C. retention of information
  - D. ability to execute the behavior effectively
- \_\_\_ 21) In order to maximize visual acuity at night, you should
- A. look directly at the object you wish to see
  - B. turn your head at a slight angle to the object
  - C. close one eye
  - D. blink your eyes several times to hasten dark adaptation
- \_\_\_ 22) In classical conditioning, the stimulus that naturally evokes an unlearned response is the
- A. conditioned stimulus
  - B. unconditioned stimulus
  - C. unconditioned reinforcer
  - D. conditioned reinforcer
- \_\_\_ 23) Receptors for the kinesthetic sense are found in the
- A. cochlea
  - B. semicircular canals
  - C. basilar membrane
  - D. joints and muscles
- \_\_\_ 24) The fact that the corner of a building thrust toward the viewer looks shorter than an inside corner thrust away from the viewer can be accounted for by the
- A. horizontal-vertical illusion
  - B. Ponzo illusion
  - C. Müller-Lyer illusion
  - D. illusion of relative size

- \_\_\_ 25) Amanda had an operation on her eyes, but the doctors were unable to save the vision in her left eye. One major change that will affect Amanda's perception is the fact that she will
- A. no longer have any perception of depth
  - B. be more likely to misinterpret perceptual illusions
  - C. no longer be able to utilize binocular depth cues
  - D. lose her ability to perceive colors accurately
- \_\_\_ 26) Food generally tastes bland when you have a severe head cold because
- A. you cold will cause the sweet receptors in your mouth to become inactivated
  - B. your high temperature will cause your brain to block signals from the taste buds in the mouth
  - C. because your naturally produced antibodies interfere with chemical molecules stimulated by your taste buds
  - D. flavor is influenced by smell as well as taste, and with a reduced sense of smell your sense of taste will be diminished
- \_\_\_ 27) Total sleep deprivation for several days has been shown to
- A. have surprisingly little effect on subjects who are highly motivated
  - B. greatly affect performance on a number of tasks
  - C. result in the onset of psychological disorders
  - D. have profound effects on performance but not on emotional state
- \_\_\_ 28) Kaleb developed a fear of snowstorms two winters ago when his car spun off the road and hit a tree during a blizzard. As the winter progressed, and he had no further accidents, Kaleb thought his fear of snowstorms had pretty well disappeared. To his surprise, this winter when the first heavy snow started to fall, he found his heart was pounding and he was trembling. This illustrates the classical conditioning process known as
- A. extinction
  - B. second-order conditioning
  - C. stimulus generalization
  - D. spontaneous recovery
- \_\_\_ 29) Research into developmental trends in dreaming suggests that
- A. compared to adults, young children recall a larger percentage of their dreams
  - B. compared to children, adults have less vivid dreams with less coherent story lines
  - C. compared to adults, children are more likely to dream about aggression
  - D. dreaming is a cognitive ability that develops gradually
- \_\_\_ 30) Which of the following statements best reflects current thinking regarding the evolutionary roots of consciousness?
- A. Researchers generally agree that there is no plausible evolutionary explanation of consciousness.
  - B. The evolutionary bases of consciousness remain elusive.
  - C. Unobservable behaviors such as consciousness are not subject to the laws of evolution.
  - D. Plenty of empirical evidence exists to support the adaptive quality of consciousness.

2L6001

Answer Section

2004 - 2005

Test 2

**MULTIPLE CHOICE**

- 1) ANS: D
- 2) ANS: B
- 3) ANS: A
- 4) ANS: D
- 5) ANS: A
- 6) ANS: C
- 7) ANS: C
- 8) ANS: B
- 9) ANS: B
- 10) ANS: A
- 11) ANS: C
- 12) ANS: D
- 13) ANS: B
- 14) ANS: D
- 15) ANS: C
- 16) ANS: D
- 17) ANS: A
- 18) ANS: D
- 19) ANS: C
- 20) ANS: C
- 21) ANS: B
- 22) ANS: B
- 23) ANS: D
- 24) ANS: C
- 25) ANS: C
- 26) ANS: D
- 27) ANS: A
- 28) ANS: D
- 29) ANS: D
- 30) ANS: B

2004 - 2005

- \_\_\_ 1) If your score falls at the 75th percentile on a standardized test, which of the following is an accurate interpretation?
- A. You correctly answered 75% of the items on the test .
  - B. 75% of the people who took the test scored higher than you.
  - C. 75% of the people who took the test scored at or below your score.
  - D. Your answers to pairs of similar items on the test were the same 75% of the time.
- \_\_\_ 2) Interactionist theories of language development help to illustrate which of your text's unifying themes?
- A. Heredity and environment jointly influence behavior.
  - B. Psychology evolves in a sociohistorical context.
  - C. Our experience of the world is highly subjective.
  - D. Psychology is empirical.
- \_\_\_ 3) When you mentally picture the road between your house and school, you are relying on which component of working memory?
- A. the visuospatial sketchpad
  - B. the conceptual hierarchy
  - C. the rehearsal loop
  - D. the executive control system
- \_\_\_ 4) If you were attempting to recall a memory, the memory process you would be using is
- A. encoding
  - B. storage
  - C. retrieval
  - D. acquisition
- \_\_\_ 5) A student's organized set of expectations about how a college professor is supposed to act is an example of a
- A. schema
  - B. chunk
  - C. semantic network
  - D. script
- \_\_\_ 6) Overextension occurs when
- A. a word is incorrectly used to describe a wider set of objects or actions than it applies to
  - B. a word is incorrectly used to describe a narrower set of objects or actions than it applies to
  - C. the child's vocabulary has become overly large
  - D. a child uses a single word to signify an entire phrase or sentence
- \_\_\_ 7) Nisbett and his colleagues suggest that holistic styles of thinking can be traced to
- A. contemporary educational practices that stress collaboration
  - B. ancient Chinese philosophies
  - C. ancient Greek philosophies
  - D. contemporary educational practices that stress critical thinking skills
- \_\_\_ 8) Fiona is 8 years old and has a mental age of 10, based on the Stanford-Binet Intelligence Scale. Denise is 10 and has a mental age of 12, based on the Stanford-Binet Intelligence Scale. Using the intelligence quotient scoring system suggested by William Stern
- A. Denise would be considered "more" intelligent than Fiona
  - B. Fiona would be considered "more" intelligent than Denise
  - C. both girls would be considered equally intelligent
  - D. the scores could not be meaningfully compared because the girls are not the same age
- \_\_\_ 9) Diagnosticians are able to pin down an organic cause for retardation in
- A. fewer than 25 percent of all cases
  - B. approximately 40 percent of all cases
  - C. 50 to 60 percent of all cases
  - D. more than 85 percent of all cases

- \_\_\_ 10) According to Robert Sternberg, IQ tests tend to focus narrowly on which of the following types of intelligence?
- A. social
  - B. mechanical
  - C. quantitative
  - D. academic/verbal
- \_\_\_ 11) Criterion-related validity is established by
- A. logic and theory testing
  - B. having experts in the field assess the items on the test
  - C. examining correlation coefficients for repeated administrations of the test
  - D. correlating scores on the test with another trait associated with the test
- \_\_\_ 12) According to the serial-position effect, subjects tend to show better recall for items \_\_\_\_\_ of a list than for items \_\_\_\_\_.
- A. at the beginning and end; in the middle
  - B. in the middle; at the beginning and end
  - C. at the end; at the beginning
  - D. in the middle; at the beginning
- \_\_\_ 13) Memory of "chronological" and "dated" personal experiences is referred to as
- A. semantic memory
  - B. declarative memory
  - C. implicit memory
  - D. episodic memory
- \_\_\_ 14) You can't think of a single instance when Cathy helped you out, and so you decide that Cathy must be an ungenerous person. Your judgment is based on
- A. subjective utility
  - B. the representativeness heuristic
  - C. the availability heuristic
  - D. expected value
- \_\_\_ 15) The correlation between reaction times and IQ scores is
- A. very high (greater than 0.90)
  - B. moderate (between 0.50 and 0.60)
  - C. modest (between 0.20 and 0.30)
  - D. very weak (less than 0.10)
- \_\_\_ 16) Some researchers have reported that in the first few months babies who are born deaf still coo and babble, just like babies who can hear. This research result is MOST supportive of
- A. the cognitive theory of language development
  - B. the nativist theory of language development
  - C. the behavioral theory of language development
  - D. the linguistic relativity theory of language development
- \_\_\_ 17) The process of making attributions about the origins of memories is referred to as
- A. reality monitoring
  - B. source monitoring
  - C. buffering
  - D. a contraindication

- \_\_\_ 18) Of the following, the one that would constitute the strongest evidence for environmental influence in intelligence would be similarity in IQ between
- parents and their biological children
  - identical twins reared together
  - adopted children and their foster parents
  - adopted children and their biological parents
- \_\_\_ 19) Marc loves to solve anagrams, and spends a great deal of time working through books of anagrams. It appears that Marc enjoys problems that require
- transformation
  - inducing structure
  - analogical reasoning
  - arrangement
- \_\_\_ 20) Esmeralda wants to use her roommate's computer to work on her term paper. However, the roommate has password protection on the computer's boot sequence. Rather than starting at "a" and systematically testing every possible word in the English language, Esmeralda makes some educated guesses about the passwords, based on what she knows about her roommate. In this case, Esmeralda is using
- a heuristic to get past the password protection
  - an algorithm to get past the password protection
  - reframing to get past the password protection
  - representativeness to get past the password protection
- \_\_\_ 21) Trent was attacked by another motorist and his head was banged against his car several times during their brawl. Since that night he finds that he is constantly forgetting to run errands, and he often forgets appointments. Trent's memory difficulties are consistent with
- retrograde amnesia
  - retroactive interference
  - pseudoforgetting
  - anterograde amnesia
- \_\_\_ 22) Naomi is studying for her law exam. While she is studying, she is trying to think of as many examples as she can to illustrate key ideas. In this case, Naomi is using
- an efficient study strategy, because examples should help her to recall key ideas
  - an ineffective study strategy that will probably cause her to confuse many of the key ideas
  - shallow processing that does not focus on the underlying meaning of the material she is reading
  - the linking method, to create a more complete semantic network
- \_\_\_ 23) You meet a man at a party and carefully store his name along with an image of his face. The next day, he calls you on the phone, but you can't remember his name. According to the encoding specificity principle, this is because
- the sound of his voice is an inappropriate retrieval cue
  - you never paid attention to his name in the first place
  - the name is no longer in your long-term memory
  - the name is in your sensory store only
- \_\_\_ 24) The connotation of a word consists of
- its dictionary definition
  - the separate sounds that make up the word
  - its emotional overtones and secondary implications
  - a complex interaction between the word's phonology and syntax

- \_\_\_ 25) Studies comparing acquisition of a second language by young children and adults suggest that
- A. adults show greater mastery in acquiring a second language, when compared to young children
  - B. when acquiring a second language, children master vocabulary faster, but adults master syntax faster
  - C. in general, adults and young children do not differ in mastering a second language
  - D. young children show greater mastery in acquiring a second language, when compared to adults
- \_\_\_ 26) Pseudoforgetting is information loss due to ineffective
- A. encoding only
  - B. storage only
  - C. retrieval only
  - D. encoding, storage, and retrieval
- \_\_\_ 27) Interested in learning how to fly airplanes, Roger has just taken a test designed to predict how well he is likely to do in a pilot training program. Roger has taken a(n)
- A. achievement test
  - B. aptitude test
  - C. intelligence test
  - D. test of general mental ability
- \_\_\_ 28) Reba has an uncanny ability to discern and respond appropriately to the moods, temperaments, motivations, and desires of other people. According to Gardner, Reba has a high level of
- A. socioemotional intelligence
  - B. interpersonal intelligence
  - C. linguistic intelligence
  - D. parapsychotic intelligence
- \_\_\_ 29) Which of the following appears to be the most responsible for ethnic differences in IQ?
- A. genetic differences between ethnic groups
  - B. culturally biased tests
  - C. poor rapport between a nonminority test giver and a minority test taker
  - D. the cultural disadvantages associated with a lower-class upbringing
- \_\_\_ 30) Our ability to reason constitutes primarily
- A. a behavioral activity
  - B. a cognitive activity
  - C. a learned activity
  - D. an objective activity

3L6001

Answer Section

2004-2005

Test 3

**MULTIPLE CHOICE**

- 1) ANS: C
- 2) ANS: A
- 3) ANS: A
- 4) ANS: C
- 5) ANS: A
- 6) ANS: A
- 7) ANS: B
- 8) ANS: B
- 9) ANS: A
- 10) ANS: D
- 11) ANS: D
- 12) ANS: A
- 13) ANS: D
- 14) ANS: C
- 15) ANS: C
- 16) ANS: B
- 17) ANS: B
- 18) ANS: C
- 19) ANS: D
- 20) ANS: A
- 21) ANS: A D
- 22) ANS: A
- 23) ANS: A
- 24) ANS: C
- 25) ANS: D
- 26) ANS: A
- 27) ANS: B
- 28) ANS: B
- 29) ANS: D
- 30) ANS: B

- \_\_\_ 1) It is Emilie's ninth birthday, and her parents have just brought out the biggest birthday present she has ever seen. Her eyes widen and her heart starts to race as she eagerly tears the wrappings off her gift. Based on the two-factor theory of emotion, Emilie should report
- A. "My racing pulse means I am happy because I interpret this as an enjoyable situation."
  - B. "My pulse is racing because I am happy."
  - C. "I feel happy because my pulse is racing."
  - D. "This huge present makes my pulse race and it makes me feel happy."
- \_\_\_ 2) Females developing wider hips and males developing facial hair are examples of
- A. primary sexual characteristics
  - B. secondary sexual characteristics
  - C. tertiary sexual characteristics
  - D. peripheral sexual characteristics
- \_\_\_ 3) Austin is telling a story about a character on a TAT card. In his story, Austin focuses on the character's desire to succeed, and he describes how unhappy the person will be if she does not succeed in reaching her goal. Austin's answer suggests that he MOST likely has
- A. a low need for achievement
  - B. a high need for affiliation
  - C. a high need for achievement
  - D. a low need for affiliation
- \_\_\_ 4) Mrs. Tabak looks out her kitchen window and is upset to see that her six-year-old son, Ryan, is picking all the tomatoes from her garden, setting them on his t-ball stand, and smashing them with his bat. Ryan's substitution of tomatoes for his regular red t-ball illustrates the process that Piaget referred to as
- A. accommodation
  - B. object permanence
  - C. centration
  - D. assimilation
- \_\_\_ 5) The fact that a child's temperament elicits different reactions from each parent, depending on the parents' personalities and expectations, illustrates which of your text's organizing themes?
- A. the evolution of psychology in a sociohistorical context
  - B. multiple causes of behavior
  - C. interaction of heredity and environment
  - D. cultural diversity
- \_\_\_ 6) Research suggests that Asian children tend to define themselves in terms of
- A. the groups they belong to
  - B. their personal accomplishments
  - C. the accomplishments of their parents
  - D. their relationships with their teachers
- \_\_\_ 7) When Matthew saw his older brother's bicycle fall off its kick stand, Matthew told his brother that the bicycle must be tired from being ridden too much. Matthew's statement illustrates the type of thinking that Piaget referred to as
- A. centration
  - B. animism
  - C. preformal operations
  - D. conservation

- 8) Which of the following criticisms can be leveled against both the psychoanalytic approach and the humanistic approach to personality?
- poor testability
  - too deterministic
  - overemphasis on the influence of early childhood experiences
  - provide a fragmented view of personality
- 9) Suzanne is 10 months old, and her older brother has been playing peek-a-boo with her for the past ten minutes. At first, Suzanne was really excited each time her brother uncovered his face, but now she seems bored and uninterested, and she barely responds when her brother says, "boo." In this example, Suzanne is showing evidence of
- an unconditioned response
  - dishabituation
  - observational learning
  - habituation
- 10) During which phase of the human sexual response cycle does a series of muscular contractions pulsate through the pelvic area?
- excitatory phase
  - resolution phase
  - orgasm phase
  - phallic phase
- 11) Ten-year-old Benjamin is often nervous about bringing report cards home to his parents. Although his parents say they love him, he feels that they only really love him when he obtains excellent grades in school. Based on the theory developed by Carl Rogers, Benjamin perceives his parents' affection as
- conditional, and he is likely to develop congruence in his self-concept
  - unconditional, and he is likely to develop incongruence in his self-concept
  - unconditional, and he is likely to develop congruence in his self-concept
  - conditional, and he is likely to develop incongruence in his self-concept
- 12) Raymond Cattell used factor analysis to reduce a huge list of personality traits compiled by Gordon Allport to \_\_\_\_\_ basic dimensions of personality.
- five
  - ten
  - sixteen
  - twenty-seven
- 13) Which of the following concepts best explains the behavior of a person who believes he/she has cheated on a diet, and then proceeds to go on an eating binge because "I've already blown my diet anyway"?
- set point
  - reaction range
  - dietary restraint
  - genetic predisposition
- 14) Five-year-old Samuel often tells his older sister: "I can't wait to grow up, so I can marry mommy." Samuel is MOST likely in the stage of personality development that Freud referred to as the
- anal stage
  - oral stage
  - phallic stage
  - latency stage

- \_\_\_ 15) Stage theories of development assume that
- A. individuals progress through specified stages in a particular order because each stage builds on the previous stage
  - B. environmental circumstances can sometimes cause individuals to skip stages early on and return to them later
  - C. progress through the sequence of stages is not related to age
  - D. there are few, if any, discontinuities in development
- \_\_\_ 16) A man who has numerous reasons to hate his mother instead lavishes her with unrealistic amounts of attention and love. He is probably exhibiting the defense mechanism of
- A. regression
  - B. identification
  - C. reaction formation
  - D. displacement
- \_\_\_ 17) Sarah is torn between the need to study for an exam and her desire to go out with her friends. She decides that she will go out later only if she completes her studying. This realistic decision reflects the functioning of Sarah's
- A. id
  - B. ego
  - C. superego
  - D. unconscious
- \_\_\_ 18) According to the results of the Featured Study on culture and mating preferences, which of the following characteristics in a potential mate is likely to be rated highly by both males and females?
- A. status
  - B. kindness
  - C. youthfulness
  - D. financial prospects
- \_\_\_ 19) A \_\_\_\_\_ implants itself into the uterine wall and becomes \_\_\_\_\_.
- A. fetus; a zygote
  - B. sperm; an egg
  - C. zygote; an embryo
  - D. embryo; a fetus
- \_\_\_ 20) Relationship harmony is likely to be an important determinant of happiness in which of the following types of cultures?
- A. collectivist
  - B. empirical
  - C. actualized
  - D. individualistic
- \_\_\_ 21) Food-deprived rats will learn a new response if given nonnutritive, saccharine-sweetened water as a reward. Thus, the sweet-tasting water is motivating even though no actual hunger reduction takes place. This fact raises questions about
- A. instinct theories of motivation
  - B. sociobiological theories of motivation
  - C. incentive theories of motivation
  - D. drive theories of motivation
- \_\_\_ 22) In studying the cognitive components of emotions, psychologists generally rely on which of the following?
- A. heart rate
  - B. galvanic skin response
  - C. subjects' verbal reports
  - D. scores on the Thematic Apperception Test

- \_\_\_ 23) Neurons that are sensitive to sugar levels in the blood are referred to as
- glucostats
  - hypothalamic nuclei
  - rheostats
  - thalami
- \_\_\_ 24) Which of the following statements regarding the behavioral expression of emotion is LEAST accurate?
- Facial expressions reveal a variety of basic emotions.
  - The facial expressions that go with the basic emotions seem to be innate.
  - People who have been blind since birth do not smile and frown as sighted people do.
  - People are reasonably skilled at deciphering emotions from others' facial expressions.
- \_\_\_ 25) Which of the following researchers is credited for first describing the notion of sensation seeking?
- Han Eysenck
  - Carl Rogers
  - Sigmund Freud
  - Marvin Zuckerman
- \_\_\_ 26) Amy has always done well in her math courses and, even though she has never taken a statistics class before, she is confident she will do well in the statistics course she has signed up for next semester. In this example, Amy shows evidence of having
- high incongruence with respect to math
  - high self-efficacy in math
  - low self-efficacy in math
  - a mathematical neurosis
- \_\_\_ 27) Thomas and Chess refer to a child who tends to be glum, erratic in sleep and eating, and resistant to change as
- an easy child
  - a slow-to-warm-up child
  - a mixed temperament child
  - a difficult child
- \_\_\_ 28) Genital herpes and AIDS are typically passed from mother to offspring during the
- germinal stage
  - embryonic stage
  - fetal stage
  - birth process
- \_\_\_ 29) Midlife crises
- are very common among men, but not women
  - are very common among women, but not men
  - are nearly universal for both sexes
  - occur in only a small minority of subjects
- \_\_\_ 30) Which of the following is NOT one of the assumptions of the psychodynamic theories of personality that has obtained considerable acceptance?
- Unconscious forces can influence behavior.
  - Early childhood experiences can influence adult personality.
  - Sexual and aggressive impulses are the driving force of behavior.
  - Internal conflict can play a key role in generating psychological distress.

4L6001B

Answer Section

2004 - 2005 Test 4

**MULTIPLE CHOICE**

- 1) ANS: A
- 2) ANS: B
- 3) ANS: C
- 4) ANS: D
- 5) ANS: C
- 6) ANS: A
- 7) ANS: B
- 8) ANS: A
- 9) ANS: D
- 10) ANS: C
- 11) ANS: D
- 12) ANS: C
- 13) ANS: C
- 14) ANS: C
- 15) ANS: A
- 16) ANS: C
- 17) ANS: B
- 18) ANS: B
- 19) ANS: C
- 20) ANS: A
- 21) ANS: D
- 22) ANS: C
- 23) ANS: A
- 24) ANS: C
- 25) ANS: D
- 26) ANS: B
- 27) ANS: D
- 28) ANS: D
- 29) ANS: D
- 30) ANS: C

2004-2005

- \_\_\_ 1) Rescue workers found Zita sitting in basement rubble after a tornado destroyed her home. Even though she doesn't appear to have suffered any physical injuries, Zita is unable to remember who she is, or anything about her personal life. In this case, it is likely that Zita would be classified as having
- panic disorder
  - dissociative fugue
  - dissociative amnesia
  - generalized anxiety disorder
- \_\_\_ 2) The risks of ECT
- have been completely eliminated by modern improvements in the procedure
  - may include both short- and long-term intellectual impairment
  - are so severe that the use of ECT has been banned by law
  - are negligible, as long as appropriate precautions are taken
- \_\_\_ 3) Compared to traditional antipsychotic drugs, the newer atypical antipsychotic drugs
- seem to produce more severe side effects, but they work much more quickly
  - are more effective in treating the negative symptoms of schizophrenia
  - can be used to treat depression and anxiety, in addition to schizophrenia
  - seem to produce fewer unpleasant side effects
- \_\_\_ 4) The most widely prescribed class of psychiatric drugs are
- neuroleptics
  - antipsychotic drugs
  - antianxiety drugs
  - antidepressant drugs
- \_\_\_ 5) A major criticism of the medical model by Thomas Szasz is that
- no evidence exists to support the efficiency of the medical model's treatment approaches
  - the model is not well understood by its practitioners
  - uniformity of behavior patterns cannot be established from the medical model viewpoint
  - most abnormal behavior reflects a moral judgment about what is socially acceptable or unacceptable behavior
- \_\_\_ 6) Kate constantly thinks about jumping in front of an oncoming car when she is walking. The only way she seems to be able to stop these self-destructive thoughts is to say Mother Goose nursery rhymes over and over to herself. In this case, Kate's symptoms are MOST consistent with
- generalized anxiety disorder
  - panic disorder
  - bipolar disorder
  - obsessive-compulsive disorder
- \_\_\_ 7) Ellen is self-centered, immature, and excitable. She craves attention, especially from men, with whom she is flirtatious and seductive. Ellen would MOST likely be diagnosed as having
- avoidant personality disorder
  - histrionic personality disorder
  - schizoid personality disorder
  - dependent personality disorder
- \_\_\_ 8) The development of schizophrenia involves a complex interplay among a variety of psychological, biological, and social factors. This illustrates which of your text's unifying themes?
- Our experience of the world is highly subjective.
  - Psychology evolves in a sociohistorical context.
  - Behavior is determined by multiple causes.
  - Psychology is theoretically diverse.
- \_\_\_ 9) The evidence available today suggests
- a moderately strong link between stress and the onset of mood disorders
  - a very weak link between stress and the onset of mood disorders
  - no link between stress and the onset of mood disorders
  - an inverse link between stress and the onset of mood disorders

- \_\_\_ 10) At this time, one of the major neurotransmitter that has been linked to schizophrenia is
- norepinephrine
  - dopamine
  - GABA
  - acetylcholine
- \_\_\_ 11) Which of the following is NOT a common stereotype about psychological disorders?
- Psychological disorders are incurable.
  - Psychological disorders are a function of biophysiological factors.
  - People with psychological disorders are violent and dangerous.
  - People with psychological disorders are very different from normal people.
- \_\_\_ 12) In the Featured Study which investigated the impact of combining insight therapy and medication, the researchers speculate that the combined treatment they tested may be best-suited for dealing with
- both the biological and psychosocial substrates of old-age depression
  - the biological substrate, but not the psychosocial substrate of old-age depression
  - the psychosocial substrate, but not the biological substrate of old-age depression
  - the genetic substrate, but not the biological substrate of old-age depression
- \_\_\_ 13) DSM-IV uses five "axes" to describe a person's problem. The actual diagnosis of a disorder is made on
- Axis I only
  - Axis II only
  - Axis I and II
  - Axis V
- \_\_\_ 14) Gilbert just graduated from medical school and has entered a four-year residency at a local hospital. He plans to specialize in the treatment of mental disorders. Gilbert would MOST likely be classified as
- a psychiatric nurse
  - a psychiatrist
  - a clinical psychologist
  - a counseling psychologist
- \_\_\_ 15) The transferring of treatment of mental illness from inpatient institutions to community-based facilities is referred to as
- mainstreaming
  - exit-transfer therapy
  - decentralization
  - deinstitutionalization
- \_\_\_ 16) Which of the following is NOT a closely related set of concepts?
- aversion therapy, ECT, tardive dyskinesia
  - free association, dream analysis, transference
  - genuineness, empathy, unconditional positive regard
  - antipsychotic, antianxiety, antidepressant
- \_\_\_ 17) Bryant loves rich desserts, but he knows that eating high-fat, calorie-laden desserts is bad for his heart. However, he was unable to control his desire for these tasty treats until he read an article in a magazine. The article suggested that every time a person looked at a tempting, but forbidden food, he or she should form a mental image of something disgusting. Bryant has been doing this for the past month and he finds desserts no longer have pleasant associations for him. In this case, Bryant used
- systematic desensitization to overcome his desire for rich desserts
  - observational learning to overcome his desire for rich desserts
  - aversion therapy to overcome his desire for rich desserts
  - negative reinforcement to overcome his desire for rich desserts
- \_\_\_ 18) Using the DSM-IV listings and lifetime prevalence, it is estimated that \_\_\_\_\_ of the population will experience a psychological disorder at some time in their lives.
- less than 10 percent
  - approximately 25 percent
  - approximately 45 percent
  - close to 60 percent

- \_\_\_ 19) When Donovan was four years old he was startled and began to cry when a car backfired just as he was walking past a fire hydrant. As an adult, Donovan is still fearful of fire hydrants and avoids walking near them. Based on principles of classical conditioning, Donovan's current fear of fire hydrants is
- A. an unconditioned response
  - B. a result of observational learning
  - C. a conditioned response
  - D. a result of counterconditioning
- \_\_\_ 20) Which of the following is NOT one of the main categories of treatment?
- A. insight therapies
  - B. revelation therapies
  - C. behavior therapies
  - D. biomedical therapies
- \_\_\_ 21) Jim is unable to move his left arm despite the fact there is nothing physically wrong with him. Jim will MOST likely be diagnosed as having
- A. hypochondriasis
  - B. somatization disorder
  - C. conversion disorder
  - D. a parasomnia
- \_\_\_ 22) Which of the following statements is MOST accurate?
- A. The therapists' role is to run their clients' lives for them.
  - B. Therapists are only facilitators, not producers, of change.
  - C. Therapy typically produces immediate, major improvements in clients' psychological functioning.
  - D. The best outcomes in therapy are seen when the therapist and the client are the same sex and are similar in age.
- \_\_\_ 23) Individuals who alternate between periods of depression and periods of being manic are diagnosed as having a
- A. multiple personality disorder
  - B. conversion disorder
  - C. bipolar disorder
  - D. dissociative disorders
- \_\_\_ 24) Recent studies suggest that genetic vulnerability
- A. may play a larger role in women's depression than in men's
  - B. may play a larger role in men's depression than in women's
  - C. plays an equal role in both men's and women's depression
  - D. does not play a role in either women's or men's depression
- \_\_\_ 25) Mario recently started seeing a therapist. At the start of each session, Mario lies down and starts talking about anything that comes to mind. He often rambles, and he sometimes thinks that the things he describes seem trivial or silly, but his therapist encourages him to say whatever comes into his mind. This therapeutic technique is common among therapists who use
- A. a client-centered approach in therapy
  - B. a cognitive approach in therapy
  - C. a psychoanalytic approach in therapy
  - D. a holistic approach to therapy
- \_\_\_ 26) An important goal of client-centered therapy is to
- A. help clients realize they don't have to worry constantly about approval from others
  - B. help clients achieve a greater understanding of how long-repressed childhood conflicts can affect their adult behavior
  - C. change the ways clients think
  - D. modify clients' maladaptive behavior patterns

- \_\_\_ 27) Dr. Guralski believes that most psychological disorders are a result of negative thoughts and maladaptive beliefs. Knowing this, you might expect that Dr. Guralski's bookshelves contain a large number of books written by
- A. Aaron Beck
  - B. Sigmund Freud
  - C. Hans Eysenck
  - D. Carl Rogers
- \_\_\_ 28) Which of the following is NOT among the advantages of group therapy?
- A. Participants often come to realize that their misery is not unique.
  - B. It produces a significantly higher recovery rate than individual therapy.
  - C. It provides an opportunity for participants to work on social skills in a safe environment.
  - D. Certain kinds of problems are especially well suited to group treatment.
- \_\_\_ 29) Abby was watching a documentary on some of the horrors of the Vietnam War. Even when she saw soldiers being blown up after stepping on land mines, she showed no emotional reaction or response. In this case, Abby is displaying symptoms of
- A. catatonic stupor
  - B. blunted or flat affect
  - C. antisocial personality disorder
  - D. conversion disorder
- \_\_\_ 30) Carrie has been sad a lot lately. She is down on herself, evidences very little appetite, can't sleep, and doesn't want to be around her friends or family. Carrie's condition is MOST likely
- A. schizophrenia
  - B. dissociative identity disorder
  - C. hypochondriasis
  - D. major depressive disorder

5L6001

Answer Section

MULTIPLE CHOICE

2004 - 2005 Test 5

- 1) C ~~or~~ B
- 2) B
- 3) D
- 4) D
- 5) D
- 6) D
- 7) B
- 8) C
- 9) A
- 10) B
- 11) B
- 12) A
- 13) C
- 14) B
- 15) D
- 16) A
- 17) C
- 18) C
- 19) ~~D~~ C
- 20) B
- 21) C
- 22) B
- 23) C
- 24) A
- 25) C
- 26) A
- 27) A
- 28) B
- 29) B
- 30) D

2004-2005

- \_\_\_ 1) According to evolutionary theorists, which of the following factors is likely to be the MOST important for a female seeking a prospective mate?
- social status
  - youthfulness
  - physical strength
  - physical attractiveness
- \_\_\_ 2) Tally just heard that her neighbor, Rupert, was involved in an automobile accident. If Tally concludes that Rupert's reckless driving habits caused the accident, she has
- made an internal attribution
  - made a self-serving attribution
  - made an external attribution
  - been influenced by an illusory correlation
- \_\_\_ 3) Demands or expectations to behave in a certain way define the notion of
- stress
  - conflict
  - frustration
  - pressure
- \_\_\_ 4) Which of the following individuals is noted for developing the theory of cognitive dissonance?
- Albert Bandura
  - Daryl Bem
  - Leon Festinger
  - Sigmund Freud
- \_\_\_ 5) Just over a year ago Charlotte went through a very stressful event. Now she has started having difficulty sleeping, and she is startled by any small noise or disturbance. Charlotte is most likely to be diagnosed as having posttraumatic stress disorder (PTSD) if the event that triggered her symptoms was
- the birth of her daughter
  - an increase in the number of hours of overtime she was required to work
  - driving home during a bad snow storm
  - being rescued after a tornado destroyed the office where she worked and killed one of her coworkers
- \_\_\_ 6) Megan is looking at the ballot form for a citywide referendum and trying to decide whether or not to support the proposed change. If the referendum passes there will be better services available for all the city residents, but it will also mean that residents will pay increased property taxes. As Megan tries to decide whether to support the proposed referendum, she is facing
- an approach-approach conflict
  - an approach-avoidance conflict
  - an avoidance-avoidance conflict
  - a frustration-pressure conflict
- \_\_\_ 7) The therapeutic technique that focuses on altering a client's patterns of irrational thinking to reduce maladaptive emotions and behavior is
- self-monitoring therapy
  - constructive coping therapy
  - rational-emotive therapy
  - behavioral therapy
- \_\_\_ 8) Beryl has dated ten different men in the past two years, and with each of them she often had unprotected sex. Even though she has read numerous articles about the dangers of unprotected sexual intercourse, Beryl is not concerned because she has convinced herself that she won't contract the AIDS virus. Beryl's behavior illustrates the idea that
- many people underestimate the risks associated with their own health-impairing behaviors
  - many people compensate for health-impairing behaviors by engaging in offsetting low-risk behaviors
  - the risks associated with many health-impairing behaviors tend to be overstated by the media
  - women are more likely than men to engage in health-impairing habits

- 9) Laura is planning to buy a new car, and she is trying to decide between a Ford and a Honda. Based on the research into factors which influence persuasion, Laura should be most persuaded by statements made by
- a Ford salesperson who recommends buying a Honda rather than a Ford
  - a Honda salesperson who recommends buying a Honda
  - her mother, because family members are more persuasive than strangers
  - her boyfriend, because males are more persuasive than females
- 10) Compared to optimists, individuals with a pessimistic explanatory style are more likely to attribute bad events to
- their own personal shortcomings
  - the actions of other people
  - situational factors that are beyond their control
  - bad luck or fate
- 11) Fiona was recently divorced from her husband after he had an extramarital affair. Research on hostility management suggests that Fiona will experience the least anxiety and depression if she
- remarries with 12 months of her divorce
  - openly confronts her former husband about her feelings of betrayal
  - forgives her former husband
  - avoid all further contact with her former husband
- 12) In general, the LEAST stressful conflict is the
- avoidance-avoidance conflict
  - approach-avoidance conflict
  - approach-approach conflict
  - double approach-avoidance conflict
- 13) Elijah listens carefully to the content of an infomercial for a new exercise system, Bolton focuses on the fact that two star athletes are endorsing the exercise system. After the infomercial has ended, both Elijah and Bolton have favorable attitudes toward the exercise system that was advertised. According to the elaboration likelihood model,
- Bolton is more likely to actually purchase the exercise system
  - both these men are likely to purchase the exercise system that was advertised
  - neither of these men is likely to actually purchase the exercise system
  - Elijah is more likely to actually purchase the exercise system
- 14) According to the original frustration-aggression hypothesis put forth by Dollard and his colleagues,
- frustration is always a consequence of aggression
  - aggression is always caused by frustration
  - frustration causes males to be more aggressive than females
  - frustration is only a factor in aggressive behavior for non-human species
- 15) Paulo was laid off from his job over six months ago and, even though he has applied for more than 40 positions since then, he is still out of work. His landlord believes that Paulo must be lazy because, if he were truly motivated, he would have found a job by now. The landlord's explanation for Paulo's continuing unemployment is an example of
- a confirmation bias
  - a defensive attribution
  - a self-serving bias
  - cognitive dissonance
- 16) Stress effects appear to be moderated by the
- thalamus activating the pituitary gland
  - pituitary gland activating the hypothalamus
  - hypothalamus activating the sympathetic nervous system
  - cerebellum activating the autonomic nervous system

- \_\_\_ 17) Your unique ideas about how a college class should be run, what a typical straight "A" student is like, and how a typical professor will act are all examples of
- A. prejudices
  - B. attitudes
  - C. attributions
  - D. social schemas
- \_\_\_ 18) Individuals from Western societies are more likely to evidence \_\_\_\_\_ in their causal attributions relative to individuals from non-Western societies.
- A. a self-serving bias
  - B. a self-effacing bias
  - C. an actor-observer bias
  - D. a fundamental attribution error
- \_\_\_ 19) Which of the following dimensions of an attitude refers to whether the attitude relates to an issue that can affect an individual's personal outcomes?
- A. strength
  - B. ambivalence
  - C. accessibility
  - D. vested interest
- \_\_\_ 20) Christine is relatively relaxed, patient, easygoing, and amicable. Christine would be classified as having
- A. a Type B personality
  - B. an internal locus of control
  - C. an external locus of control
  - D. a Type A personality
- \_\_\_ 21) Which of the following is NOT characteristic of ethnocentric thinking?
- A. a tendency to evaluate outgroup members less favorably than ingroup members
  - B. a tendency to overestimate the similarity of outgroup members
  - C. a tendency to think simplistically about outgroups
  - D. a tendency to evaluate people in an outgroup from the perspective of a member of that outgroup
- \_\_\_ 22) Prior to the 1970s, physical ailments without a corresponding organic basis, which were caused in part by psychological factors, were referred to as
- A. neurotic conditions
  - B. psychosomatic diseases
  - C. hypochondriacal conditions
  - D. anxiety disorders
- \_\_\_ 23) Webb's teacher has told him that there is really no way for him to earn a passing grade in his statistics class, even if he earns 100% on all the work that remains. However, Webb has convinced himself that he will still pass the course if he just works really hard for the rest of the semester. In this instance, Webb may be dealing with the stress-induced anxiety aroused by the teacher's comments through the use of
- A. overcompensation
  - B. displacement
  - C. undoing
  - D. denial of reality
- \_\_\_ 24) Frasier felt his life was hopeless and climbed out onto a bridge deck, planning to commit suicide. Initially, about 40 people stood and pointed at him as he clung to the railing on the bridge, but after 30 minutes most of the crowd had dispersed. When only three people remained, one of the onlookers decided to call for help. The best explanation for why Frasier received help when the crowd was small, rather than when it was large, is that
- A. diffusion of responsibility is less likely to occur in a small group
  - B. group polarization is less likely to occur in small groups
  - C. small groups tend to be less cohesive than larger groups
  - D. cognitive dissonance decreases as the size of a group is decreased

- \_\_\_ 25) Which of the following statements regarding the influence of culture on conformity and obedience is MOST accurate?
- A. Conformity and obedience appear to be unique to American culture.
  - B. Replications of Milgram's study in other countries have generally resulted in low levels of obedience.
  - C. Collectivistic cultures tend to encourage more conformity than individualistic cultures.
  - D. Studies of conformity and obedience have yielded virtually identical results across a variety of cultures.
- \_\_\_ 26) The \_\_\_\_\_ controls the fight-or-flight response as a physiological reaction to a threat.
- A. autonomic nervous system
  - B. pyramidal system
  - C. central nervous system
  - D. thalamus
- \_\_\_ 27) Which of the following statements best reflects the principle of reciprocity?
- A. We tend to like others who seem to like us.
  - B. We tend to be attracted to people who seem to dislike us initially.
  - C. We tend to be attracted to people who are generous to others.
  - D. We are attracted to people whose attitudes seem to be similar to our own.
- \_\_\_ 28) When we say that stress "lies in the mind of the beholder" we mean that
- A. our appraisals of stressful events are basically objective
  - B. the autonomic nervous system triggers a fight-or-flight response, which then sends messages of stress to the brain
  - C. strong-minded persons are better able to handle stressful events than weak-minded ones
  - D. our appraisals of stressful events are highly subjective
- \_\_\_ 29) Prejudice is to discrimination as
- A. feeling is to thinking
  - B. attitude is to action
  - C. thought is to perception
  - D. behavior is to motive
- \_\_\_ 30) Self-perception theory suggests that
- A. one develops attitudes from discerning what others think the attitudes should be
  - B. one's self-concept is tied to the feedback one gets from others
  - C. self-handicapping is a strategy used to deal with the negative outcomes one experiences
  - D. one infers attitudes from observing one's own behavior

JL6001

Answer Section

MULTIPLE CHOICE

2004 - 2005 Test 6

- 1) ANS: A
- 2) ANS: A
- 3) ANS: D
- 4) ANS: C
- 5) ANS: D
- 6) ANS: B
- 7) ANS: C
- 8) ANS: A
- 9) ANS: A
- 10) ANS: A
- 11) ANS: C
- 12) ANS: C
- 13) ANS: D
- 14) ANS: B
- 15) ANS: B
- 16) ANS: C
- 17) ANS: D
- 18) ANS: A
- 19) ANS: D
- 20) ANS: A
- 21) ANS: D
- 22) ANS: B
- 23) ANS: D
- 24) ANS: A
- 25) ANS: C
- 26) ANS: A
- 27) ANS: A
- 28) ANS: D
- 29) ANS: B
- 30) ANS: D

2006 - 2007

Test 1

1L0101

Answer Section

**MULTIPLE CHOICE**

- 1) ANS: A
- 2) ANS: D
- 3) ANS: A
- 4) ANS: B
- 5) ANS: B
- 6) ANS: D
- 7) ANS: B
- 8) ANS: B
- 9) ANS: D
- 10) ANS: D
- 11) ANS: A
- 12) ANS: D
- 13) ANS: A
- 14) ANS: A
- 15) ANS: C
- 16) ANS: A
- 17) ANS: D
- 18) ANS: B
- 19) ANS: D
- 20) ANS: A
- 21) ANS: B
- 22) ANS: D
- 23) ANS: C
- 24) ANS: D
- 25) ANS: B
- 26) ANS: B
- 27) ANS: B
- 28) ANS: C
- 29) ANS: A
- 30) ANS: A

2006-2007

Test 2

2L0101

Answer Section

**MULTIPLE CHOICE**

- 1) ANS: D
- 2) ANS: B
- 3) ANS: B
- 4) ANS: D
- 5) ANS: A
- 6) ANS: C
- 7) ANS: B
- 8) ANS: D
- 9) ANS: A
- 10) ANS: D
- 11) ANS: B
- 12) ANS: C
- 13) ANS: A
- 14) ANS: C
- 15) ANS: C
- 16) ANS: D
- 17) ANS: A
- 18) ANS: A
- 19) ANS: A
- 20) ANS: C
- 21) ANS: A
- 22) ANS: D
- 23) ANS: C
- 24) ANS: D
- 25) ANS: B
- 26) ANS: B
- 27) ANS: B
- 28) ANS: A
- 29) ANS: A
- 30) ANS: B

## Test #1

- \_\_\_ 1) The school of psychology that takes the most optimistic view of human nature is
- behaviourism
  - functionalism
  - humanism
  - psychoanalysis
- \_\_\_ 2) Which of the following is most likely to help you get more out of lectures?
- skipping lectures on topics you find confusing; instead, relying exclusively on the textbook
  - trying to write down everything the lecturer says
  - avoiding the temptation to anticipate what the lecturer will say next
  - paying attention to clues about what is most important
- \_\_\_ 3) Zoe has a small brain tumour that is pressing on areas in her right frontal lobe. You would most likely suspect that Zoe would experience difficulties
- moving some portions of the left side of her body
  - hearing sounds that are located to her left
  - moving some portions of the right side of her body
  - tasting foods in the right side of her mouth
- \_\_\_ 4) The maximum firing rate for individual neurons is 1000 neural impulses per second. This biological limitation would make it difficult for
- place theory to fully explain pitch perception
  - opponent-process theory to fully explain colour perception
  - trichromatic theory to fully explain colour perception
  - frequency theory to fully explain pitch perception
- \_\_\_ 5) Which of the following is NOT good advice for developing sound study habits?
- Spread out your studying over a period of time.
  - Allow time for study breaks.
  - Try to tackle simple, routine tasks first, saving larger tasks for later.
  - Find a place to study where distractions are likely to be minimal.
- \_\_\_ 6) The center-surround arrangement of visual fields contributes to the eye being
- an absolute-intensity detector
  - insensitive at low illumination
  - a contrast detector
  - insensitive to low amplitude light waves
- \_\_\_ 7) One of the key changes that has occurred in psychology over time is that
- psychology has become increasingly less applied in its focus
  - the number of clinicians is decreasing
  - psychologists have gone from being specialists to being generalists
  - fewer psychologists now work in colleges and universities
- \_\_\_ 8) If you were to lose all of your glia cells, what would happen?
- There would be no change in functioning, as the neurons are the cells that are important for transmission of information within the nervous system
  - Your neurons would no longer have a normal chemical environment, and there would be problems with efficient neurotransmission
  - You would be no longer able to send neurotransmitters from one glia cell to another
  - One hemisphere could not send information to the other hemisphere

FORM B

- \_\_\_ 9) Jackson broke his back when he fell off the roof. He was in a tremendous amount of pain while he was in the hospital. To help him deal with the pain while his back healed, Jackson's physician most likely prescribed
- A. sedatives
  - B. amphetamines
  - C. opiate-based drugs
  - D. hallucinogens
- \_\_\_ 10) Abruptly stopping the use of a sedative for the treatment of insomnia can lead to
- A. sleep apnea
  - B. narcolepsy
  - C. microsleep
  - D. rebound insomnia
- \_\_\_ 11) The basic premise of evolutionary psychology is that natural selection favours behaviours that enhance organisms' success in
- A. establishing a territory
  - B. locating a source of food
  - C. passing on their genes to the next generation
  - D. aggressive interactions with members of other species
- \_\_\_ 12) Leonard's mother became dehydrated during a recent illness, and the levels of sodium in her body were significantly reduced. If enough sodium was lost you might expect that
- A. her nervous system would become highly activated and action potentials would be generated continuously
  - B. fewer action potentials would occur in her nervous system
  - C. more neurotransmitters would be produced in her terminal buttons
  - D. glial cells would start to degenerate and die
- \_\_\_ 13) In trying to understand the psychology of addiction, Dr. Jackson focuses on the neurochemical changes that occur, Dr. Fong focuses on the consequences that people experience for their behaviour, and Dr. Wenkle focuses on the cognitive processes that people use in choosing their actions. The different perspectives of these three professionals help to illustrate the underlying theme that
- A. psychology is theoretically diverse
  - B. psychology evolves in a sociohistorical context
  - C. psychology is empirical
  - D. our experience of the world is highly subjective
- \_\_\_ 14) A local hospital wanted to assess the way its patients were being treated. The hospital hired several researchers to act as patients and record the way hospital personnel handled the admitting and preliminary evaluation procedures. In this example, the researchers hired by the hospital were engaged in
- A. case study research
  - B. naturalistic observation
  - C. correlational research
  - D. survey research
- \_\_\_ 15) Jose is wearing a blue shirt, and Evan is wearing a red shirt. In this case, Jose's shirt is reflecting
- A. higher amplitude light waves than Evan's shirt
  - B. shorter light waves than Evan's shirt
  - C. longer light waves than Evan's shirt
  - D. lower amplitude light waves than Evan's shirt

FORM B

- \_\_\_ 16) There is evidence that people under surgical anesthesia occasionally hear and remember comments that were made during their surgeries. This evidence suggests that:
- we have the ability to resist the effects of anesthesia
  - there is no difference between conscious and unconscious processes
  - people continue to maintain some awareness during times of unconsciousness
  - psychic abilities are more pronounced when certain types of drugs are administered
- \_\_\_ 17) Juanita was drinking some warm punch and she thought she could just detect a faint taste of nutmeg in the punch. However when she took another sip the taste wasn't there. On the third sip she could just make out the taste of nutmeg again. It is very likely that the amount of nutmeg in the punch was
- just below her taste constancy level
  - producing inhibitory synapses rather than excitatory synapses
  - producing action potentials that were too weak to reach the terminal buttons
  - just at her absolute threshold for taste
- \_\_\_ 18) A stage hypnotist is sometimes successful in getting people to disrobe in public. What is the best explanation for this phenomenon?
- When hypnotized, a subject comes under the total control of the hypnotist and will follow any instructions to the letter.
  - The subject is a confederate of the hypnotist and disrobes while pretending to be hypnotized.
  - When hypnotized, subjects are able to convince themselves that they cannot be held responsible for their actions.
  - The hypnotist is careful to select only those subjects who look as if they would enjoy disrobing in public.
- \_\_\_ 19) Rather than provide details about the party she just attended, Patrice tried to give her overall impression, operating on the assumption of \_\_\_\_\_, that the whole may be greater than the mere sum of its parts.
- psychophysics
  - holistic psychology
  - Gestalt psychology
  - psychodynamics
- \_\_\_ 20) Adoption studies of intelligence suggest that
- genetics is the only determinant of intelligence
  - family environment more strongly determines intelligence than genetics
  - both genetics and environment contribute to intelligence
  - no clear method exists to assess the relative contributions of genetics and experience on intelligence
- \_\_\_ 21) Dr. Kalmagura plans on introducing a new exam review procedure in his chemistry classes. To check the effectiveness of the new procedure he is going to have half his students try the new technique for one semester, while the remaining students review in the way they have always done in the past. He asks each student to decide which of the techniques they would like to use, the new technique or the standard technique. In this example, Dr. Kalmagura's procedure illustrates
- the use of non-random assignment
  - a correlational research design
  - a double-blind research design
  - what is meant by informed consent in research
- \_\_\_ 22) Jeremy is sitting quietly when the muscles in his left leg begin to "twitch." This activation of movement in his voluntary muscles is most likely due to the release of the neurotransmitter
- serotonin
  - dopamine
  - acetylcholine
  - norepinephrine

FORM B

- \_\_\_ 23) Although various drugs have various actions and effects throughout the CNS, what effect appears to be common across virtually all abused drugs?
- they eventually increase activity in the mesolimbic dopamine pathway, which is important for the experience of reward.
  - they are all deactivated in the synapse by acetylcholinesterase
  - they each have an inhibitory effect on GABA
  - they all lead to a suppression of activity in the prefrontal cortex, which makes it more likely that an individual will become physiologically dependent.
- \_\_\_ 24) Zoe believes that Samantha has trouble forming long-term relationships because her parents were overly strict during Samantha's toilet training. This type of explanation for Samantha's current behaviour is inconsistent with the view that
- heredity and the environment jointly influence behaviour
  - behaviour is determined by multiple causes
  - behaviour is shaped by cultural heritage
  - perception is often subjective
- \_\_\_ 25) Our sense of smell shows evidence of sensory adaptation. The perceived strength of an odour usually
- fades to less than half its original strength within about four minutes
  - increases to more than twice its original strength within about four minutes
  - fades to less than half its original strength within a few seconds
  - slowly increases over time, reaching a maximum in about 15 minutes
- \_\_\_ 26) Robyn has just eaten a full meal and is now relaxing. Robyn's \_\_\_\_\_ is in primary control at this time.
- sympathetic nervous system
  - parasympathetic nervous system
  - hormonal system
  - thyroid gland
- \_\_\_ 27) \_\_\_\_\_ nerves receive information, while \_\_\_\_\_ nerves carry out instructions.
- afferent; efferent
  - motor; sensory
  - somatic; autonomic
  - autonomic; skeletal
- \_\_\_ 28) Perhaps the greatest disadvantage or limitation associated with descriptive research methods is
- the inability to look at important variables like nutritional effects on behaviour
  - an insensitivity to ethical concerns
  - the inability to control events and isolate cause and effect linkages
  - the fact that these methods usually focus attention too narrowly on a single variable
- \_\_\_ 29) Synaptic vesicles are structures that
- control the speed with which a neuron fires
  - manufacture myelin
  - store neurotransmitters
  - provide energy for a neuron's activity
- \_\_\_ 30) Strict behaviourists would be most sympathetic to which one of the following statements?
- Human behaviour is primarily caused by inherited factors.
  - Human behaviour is primarily caused by environmental factors.
  - Human behaviour is primarily caused by equal contributions of inherited and environmental factors.
  - No one really knows what the primary causes for human behaviour are.

FORM B

- \_\_\_ 31) If you were having problems with depression, the type of psychologist that would be the greatest help to you would be
- A. a developmental psychologist
  - B. a social psychologist
  - C. a clinical psychologist
  - D. an experimental psychologist
- \_\_\_ 32) If a right-handed subject whose corpus callosum has been cut were asked to reproduce a drawing, you would predict
- A. best performance by the right hand
  - B. best performance by the left hand
  - C. equal performance by the two hands
  - D. an inability to draw with either hand
- \_\_\_ 33) Jackson is working with a company to help them develop more effective training programs for their employees. He has spent a great deal of time reviewing all the documentation the company has about previous training opportunities they have provided for their employees. Up to this point in time, Jackson has been engaged in
- A. psychological testing
  - B. archival research
  - C. direct observation
  - D. meta-analysis
- \_\_\_ 34) During adulthood, there is a gradual decline in the proportion of
- A. stage 1 sleep
  - B. stage 2 sleep
  - C. slow-wave sleep
  - D. all stages of NREM sleep
- \_\_\_ 35) Which of the following does NOT belong with the others?
- A. cocaine
  - B. LSD
  - C. mescaline
  - D. psilocybin
- \_\_\_ 36) Janet trained her dog to sit on command by following this behaviour with a reward of a dog biscuit and praise. Janet used the principles of
- A. behaviourism
  - B. humanism
  - C. psychoanalysis
  - D. functionalism
- \_\_\_ 37) The psychoanalyst interpreted his patient's dream of riding a horse as indicative of her repressed sexual urges. This interpretation constitutes the
- A. latent content of the dream
  - B. manifest content of the dream
  - C. overt content of the dream
  - D. subliminal content of the dream
- \_\_\_ 38) As the number of bystanders increases, people are less likely to help someone who is in distress. This suggests that the size of a crowd and helping behaviour are
- A. negatively correlated
  - B. uncorrelated
  - C. positively correlated
  - D. dependent variables

FORM B

- \_\_\_ 39) Shane and Blane are identical (monozygotic) twins. However, people seldom get the two brothers mixed up because Blane is almost 2 inches shorter than Shane. The difference in height means that
- even though both brothers display the same phenotype, they have different genotypes
  - because the brothers display different phenotypes, they must also have different underlying genotypes
  - even though both brothers share the same genotype, they display different phenotypes
  - Blane is heterozygous for the "tallness" trait, and Shane is homozygous for the "tallness" trait
- \_\_\_ 40) The theorist who advanced the wish-fulfillment idea about dreaming was
- Cartwright
  - Hobson
  - McCarley
  - Freud
- \_\_\_ 41) Which of the following has NOT been shown to influence the perception of pain in humans?
- mood
  - personality
  - expectations
  - age
- \_\_\_ 42) Stage 1 sleep is represented by EEG brain-wave patterns referred to as
- alpha waves
  - REM waves
  - synchronisitic waves
  - zeta waves
- \_\_\_ 43) A hormone is
- a chemical secreted into the blood by a gland
  - a brain structure below the hypothalamus
  - a location in the brain where a specific memory is stored
  - a neurotransmitter that crosses into the bloodstream
- \_\_\_ 44) In an experiment, the variable that is controlled or manipulated by the researcher is called the
- dependent variable
  - independent variable
  - control variable
  - stimulus variable
- \_\_\_ 45) Which of the following ethical guidelines includes recommendations to psychologists that the field of psychology has a responsibility to increase knowledge and promote the welfare of all human beings?
- respect for the dignity of persons
  - responsible caring
  - integrity in relationships
  - responsibility to society
- \_\_\_ 46) Adam slept peacefully through most of the night and then at 5:00 a.m. he woke up sobbing. When his parents asked what had scared him, he told them that monsters came through the wall to attack him, and no matter how fast he ran he couldn't get away. Even though his parents told him it was just a bad dream, Adam was afraid to go back to sleep. From this description, it appears that Adam experienced
- an episode of sleep apnea
  - a night terror
  - a sleep seizure
  - a nightmare

FORM B

- \_\_\_ 47) Darla has sent out a survey in which she is asking people to provide information about their attitudes on a number of sensitive subjects. When the surveys are returned Darla needs to be aware that the responses may be distorted due to
- A. placebo effects
  - B. self-report biases
  - C. statistical artefacts
  - D. meta-analytic controls
- \_\_\_ 48) The action of the lateral geniculate nucleus supports the
- A. Young-Helmholtz theory of colour vision
  - B. opponent process theory of colour vision
  - C. trichromatic theory of colour vision
  - D. Yerkes-Dodson theory of colour vision
- \_\_\_ 49) The Ames room, in which people are seen to get small or enlarge as they move about, demonstrates that our perception of the world depends strongly on
- A. the assumptions we make about it
  - B. the actual, distal stimuli
  - C. the proximal stimulus elements
  - D. bottom-up processing
- \_\_\_ 50) If one is subjected to prolonged stimulation, eventually
- A. sensory overload will occur
  - B. sensory adaptation will occur
  - C. perceptual agnosia will occur
  - D. perceptual inversion will occur
- \_\_\_ 51) Any measurable conditions, events, characteristics, or behaviours that are controlled or observed in a study are called
- A. hypotheses
  - B. correlations
  - C. variables
  - D. confounds
- \_\_\_ 52) The structure that connects the two cerebral hemispheres is the
- A. corpus callosum
  - B. pineal gland
  - C. thalamus
  - D. parietal lobe
- \_\_\_ 53) Which of the following do behaviourism and psychoanalytic theory have in common?
- A. an emphasis on the role sexuality in behaviour
  - B. a resistance to the use of animal subjects in psychological research
  - C. the notion that unconscious motives have a major influence on behaviour
  - D. the implication that people are not masters of their own destinies
- \_\_\_ 54) Which of the following appears to be the sequence of events associated with resetting one's biological clock?
- A. The hypothalamus signals the thalamus, which in turn sends signals to the medial forebrain bundle.
  - B. The thalamus signals the optic chiasm, which in turn causes a release of the hormone melatonin, which activates the renal gland.
  - C. The suprachiasmatic nucleus signals the pineal gland, which in turn secretes the hormone melatonin.
  - D. The superior colliculus signals the thalamus, which stimulates Broca's area.

- \_\_\_\_\_ 55) Tran was painting a picture of a jet on a runway; however, in his painting the sides of the runway are parallel to each other. Tran picture will seem to lack depth because he has failed to make use of the monocular depth cue of
- A. convergence
  - B. motion parallax
  - C. linear perspective
  - D. height in plane
- \_\_\_\_\_ 56) A researcher has children watch 30 minutes of violent television, and then counts the number of times they hit each other afterward in a one-hour play period as a measure of aggression. The researcher concludes that television violence causes aggression. However, this conclusion may be invalid because
- A. the study is strictly correlational
  - B. aggression wasn't operationally defined
  - C. there was no control group
  - D. it is unethical to force children to watch violent television
- \_\_\_\_\_ 57) Of the following, the concept that is LEAST closely associated with functionalism is
- A. mental testing
  - B. stream of consciousness
  - C. adapting to the environment
  - D. elements of consciousness
- \_\_\_\_\_ 58) The approach that contends psychology must study internal mental events in order to fully understand behaviour is
- A. Behaviourism
  - B. Cognitive psychology
  - C. evolutionary psychology
  - D. Humanism
- \_\_\_\_\_ 59) The correlation coefficient is a measure of
- A. central tendency
  - B. the amount of variability in a data set
  - C. the degree of relationship between two variables
  - D. the difference between the largest and smallest scores in a data set
- \_\_\_\_\_ 60) Imagine that a mammal was discovered that had no pons in the hindbrain. You should predict that this mammal would
- A. never experience NREM sleep
  - B. sleep for most of the day
  - C. never experience REM sleep
  - D. seldom sleep

- \_\_\_ 1) The two identity statuses that decrease with age are
- identity diffusion and identify moratorium
  - identity diffusion and identify foreclosure
  - identity moratorium and identify foreclosure
  - identity moratorium and identify achievement
- \_\_\_ 2) Nicolas has autistic disorder and he was mute. A therapist working with Nicolas initially gave him a piece of chocolate any time he made a sound with his lips. This slowly changed until Nicolas only received a piece of chocolate for saying complete words, and eventually only for saying complete sentences. In this example, Nicolas developed speech skills through the use of
- classical conditioning
  - modeling
  - shaping
  - negative reinforcement
- \_\_\_ 3) Parental investment theory predicts that, in comparison to women, men show \_\_\_\_\_ interest in sexual activity and \_\_\_\_\_ willingness to engage in uncommitted sex.
- less; more
  - more; less
  - less; less
  - more; more
- \_\_\_ 4) Mia was trying to figure out how to fit the box that contained her new computer into the trunk of her car. She mentally manipulated the position of the box, trying to figure out a way to make it fit. Based on Baddely's model of working memory, Mia was utilizing
- the visuospatial sketchpad to mentally manipulate the box's position
  - the rehearsal loop while she worked repeatedly on the problem
  - the executive control system to juggle all the information she needed to consider
  - her prospective memory to remember the actions she would need to perform
- \_\_\_ 5) Traditionally, psychologists have been interested in development during \_\_\_\_\_ but it has become evident that development \_\_\_\_\_.
- gestation; does not begin until after birth
  - childhood; continues until late adolescence
  - infancy; is more complex during later childhood
  - childhood; is a lifelong process
- \_\_\_ 6) In explaining an individual's aggressiveness, Skinner would look for
- feelings of repressed hostility
  - an inadequate sense of self-worth
  - early learning experiences and reinforcement history
  - instinctual explanations
- \_\_\_ 7) Children's thought processes are particularly egocentric during which Piagetian stage?
- sensorimotor
  - Preoperational
  - concrete operations
  - formal operations
- \_\_\_ 8) Jerry is 8 months old. Based on Erikson's theory of personality development, the fundamental question that Jerry is dealing with at this point in his life is
- "Is my world predictable and supportive?"
  - "Can I do things myself, or must I always rely on others?"
  - "Am I good or am I bad?"
  - "Am I competent or am I worthless?"

FORM A

- 9) Thierry and Renée each want to train their dogs. Thierry wants his dog to feel relaxed when the doorbell rings. Renée wants her dog to bark only when she gives the command to do so. Thierry should use \_\_\_\_\_ and Renée should use \_\_\_\_\_.
- A. classical conditioning; classical conditioning
  - B. operant conditioning; operant conditioning
  - C. classical conditioning; operant conditioning
  - D. operant conditioning; classical conditioning
- 10) Researchers working with the habituation-dishabituation paradigm have discovered that at 3 to 4 months of age infants understand that objects are distinct entities with boundaries. This would suggest that
- A. children master the concept of conservation earlier than Piaget suggested
  - B. an understanding of object permanence may emerge earlier than Piaget suggested
  - C. children may have an innate ability to solve simple mathematical problems
  - D. the preoperational period of cognitive development starts earlier than Piaget suggested
- 11) Low levels of \_\_\_\_\_ have been associated with a lowered male sex drive.
- A. catecholamines
  - B. pheromones
  - C. estrogen
  - D. testosterone
- 12) Being sociable, assertive, active, and lively is associated with the higher-order trait of \_\_\_\_\_ according to Eysenck.
- A. extraversion
  - B. self-monitoring
  - C. sensation-seeking
  - D. introversion
- 13) In learning to crawl, children initially depend on their arms to propel them and later shift to using their legs. This motor development sequence is an example of
- A. the cephalocaudal trend
  - B. the proximodistal trend
  - C. the cephalopedal trend
  - D. encephalitis
- 14) Based on the interaction between glucose levels and insulin levels in the body, you should expect that laboratory rats with artificially reduced levels of insulin will
- A. tend to overeat and gain weight
  - B. stop eating, but still gain weight
  - C. stop eating and lose weight
  - D. show an increase in activity in the ventromedial hypothalamus
- 15) Brock was describing the inside of his doctor's office to one of his friends. In his description he mentions that there were two diplomas on the wall, even though this doctor does not have any diplomas displayed on the wall. Brock's error in recall illustrates
- A. the role of semantic networks in long-term memory
  - B. the need for conceptual hierarchies in long-term memory
  - C. the need for a good executive control system in short-term memory
  - D. the role of schemas in long-term memory
- 16) Schachter's two-factor theory of emotion suggests that we distinguish between the experience of different emotions on the basis of
- A. the type of behaviour involved
  - B. the type of bodily pattern involved
  - C. our interpretation of the situation
  - D. the emotional expression of others

FORM A

- \_\_\_ 17) Mnemonic devices
- A. can only be used to remember concrete words
  - B. have existed since ancient times
  - C. are generally ineffective and are unnecessary in modern times
  - D. are the main element for improving everyday memory
- \_\_\_ 18) The correlation between physical attractiveness and happiness is
- A. negative
  - B. moderately positive
  - C. strongly positive
  - D. negligible
- \_\_\_ 19) Royce is telling a story about a character on a TAT card. In his story, Royce focuses on the character's anxiety as she prepares a speech that will be presented in front of her classmates. He indicates that the character has spent a great deal of time worrying whether the speech may alienate some of her friends. Royce's response to this TAT card suggests that he most likely has
- A. a low need for achievement
  - B. a high need for affiliation
  - C. a high need for achievement
  - D. a low need for affiliation
- \_\_\_ 20) Loftus' work on eyewitness testimony has clearly demonstrated that
- A. memory errors come mostly from erroneous original encoding
  - B. most memory errors are constructive
  - C. information given after an event can alter a person's memory of the event
  - D. most memory errors are simply omissions of details of the event
- \_\_\_ 21) Six-year-old Sidney thought all dogs were big, like his dog, until he saw his friend's new Chihuahua. The change in Barry's understanding of dogs illustrates the process that Piaget referred to as
- A. assimilation
  - B. object permanence
  - C. reversibility
  - D. accommodation
- \_\_\_ 22) With computer-based study guides, students typically receive immediate reinforcement for correct responses. With noncomputer-based study guides, the reinforcement for correct responses may be delayed for some time. Based on what is known about operant conditioning, you should predict that learning
- A. with both types of study guides should proceed at the same rate
  - B. will proceed more quickly with computer-based study guides
  - C. will be more resistant to extinction when a noncomputer-based study guide is used
  - D. will proceed more slowly with computer-based study guides
- \_\_\_ 23) In an emergency, we would all react differently from one another because we all have different personalities and experiences. This quality of personality is called
- A. consistency
  - B. differentiation
  - C. constancy
  - D. distinctiveness
- \_\_\_ 24) In the Featured Study, Baldwin and his colleagues attempted to alter the self-concept of participants by
- A. presenting subliminal stimuli that made the participants angry
  - B. forcing them to fail, leading them to believe that their self-worth had been reduced
  - C. presenting subliminal stimuli that represented the attitude of a significant other
  - D. showing them images of people in their lives who think poorly of them
- \_\_\_ 25) The encoding specificity principle states that
- A. forgetting is due only to the passage of time
  - B. forgetting is usually due to interference from competing memories
  - C. retrieval failure is often due to a mismatch between the available retrieval cues and the memory code
  - D. forgetting involves purposeful suppression of memories

FORM A

- \_\_\_ 26) The onset of puberty
- A. begins approximately two years earlier on the average in boys than in girls
  - B. begins approximately two years earlier on the average in girls than in boys
  - C. begins approximately four years earlier on the average in girls than in boys
  - D. is about the same time for boys and girls
- \_\_\_ 27) The close, emotional bond of affection between an infant and its caregiver is called
- A. attachment
  - B. dependency
  - C. imprinting
  - D. identification
- \_\_\_ 28) Conditioning is a specific type of learning that involves
- A. changing your response to stimuli as you age
  - B. repeated presentations of noxious stimuli
  - C. learning associations between events that occur in an organism's environment
  - D. only laboratory experiments, rather than real-world applications.
- \_\_\_ 29) Frances is daydreaming during her botany class, and has not been listening to the lecture at all. She is suddenly aware that her professor has just called her name, and is waiting for her to respond to a question that has been asked. Incidents of this type lend support to
- A. a retroactive model of attention
  - B. a late-selection model of attention
  - C. an early-selection model of attention
  - D. an acoustic-blocking model of attention
- \_\_\_ 30) A relearning measure requires subjects to
- A. memorize information a second time to determine how much time or effort is saved
  - B. select previously learned information from an array of options
  - C. reproduce information on their own without any cues
  - D. indicate whether a given piece of information is familiar
- \_\_\_ 31) Which of the following researchers is credited for first describing the notion of sensation seeking?
- A. Han Eysenck
  - B. Carl Rogers
  - C. Sigmund Freud
  - D. Marvin Zuckerman
- \_\_\_ 32) Darrel was dancing with his new girlfriend at an Elvis tribute. When the band started playing "Can't Help Falling in Love with You" his girlfriend gave him a long passionate kiss, which Darrel found very enjoyable. Now Darrel finds that every time he hears "Can't Help Falling in Love with You" on the radio, he becomes mildly excited. In this example, the long, passionate kiss is
- A. a conditioned stimulus
  - B. an unconditioned response
  - C. a conditioned response
  - D. an unconditioned stimulus
- \_\_\_ 33) Researchers have found that animals show evidence of classical conditioning if they are injected with a drug that chemically causes immunosuppression, while they are simultaneously drinking an unusual-tasting liquid. In these studies, the conditioned response would be
- A. the immunosuppression
  - B. the taste of the liquid that is used
  - C. the injection of the drug
  - D. fear of the injection process

FORM A

- \_\_\_ 34) In the early stages of Alzheimer's disease, the neuritic plaques and neurofibrillary tangles are largely centered in the
- A. left hemisphere of the cortex
  - B. the brain stem
  - C. hippocampal region
  - D. the thalamus and hypothalamus
- \_\_\_ 35) Beatrix is planning a research study for her doctoral dissertation. As part of the study she wants to measure normal aspects of personality in each of the participants, using a measure that is objective and precise. The best measure for Beatrix to use would be the
- A. Minnesota Multiphasic Personality Inventory (MMPI)
  - B. NEO Personality Inventory
  - C. Rorschach test
  - D. Thematic Apperception Test (TAT)
- \_\_\_ 36) Malia is studying French. When her teacher writes the French word for rabbit on the board (lapin), Brooke thinks of a soft bunny sitting "in a lap." On the exam, when she sees the word "lapin," Malia instantly recalls the visual image and recognizes that "lapin" is the French word for rabbit. This memory strategy is an example of the mnemonic device known as
- A. the method of loci
  - B. the keyword method
  - C. overlearning
  - D. acrostics
- \_\_\_ 37) The facial feedback hypothesis suggests that
- A. other people can identify your emotional state by observing your facial expressions
  - B. a facial expression is simply an external sign of the internal feelings
  - C. you can affect how you feel by making a certain facial expression
  - D. the internal state causes the facial expression
- \_\_\_ 38) Abdul is 14 years old and has just begun puberty. According to Freud's stages of psychosexual development, Abdul is just entering the
- A. latency stage
  - B. phallic stage
  - C. superego stage
  - D. genital stage
- \_\_\_ 39) Scott has just been reprimanded by his supervisor. Later on, Scott begins to "stomp around" and throws a tantrum in front of his co-workers. Scott's behaviour exemplifies which of the following?
- A. a fixation
  - B. projection
  - C. regression
  - D. rationalization
- \_\_\_ 40) Parents in Asian cultures are MOST likely to teach their children to
- A. be self-reliant
  - B. rely on family and friends
  - C. feel good about themselves
  - D. view themselves as special individuals
- \_\_\_ 41) According to Albert Bandura, expectations concerning reinforcement primarily influence the probability of an individual
- A. initially acquiring or learning a new behaviour
  - B. actually performing a behaviour that has been learned
  - C. initially attending to the behaviour of another person
  - D. accurately retaining information about a behaviour

FORM A

- \_\_\_ 42) When Jackie watches slasher movies, she covers her eyes when the blood starts to splatter. When Clarice watches slasher movies, she covers her eyes as soon as she hears ominous music start to play. Jackie's response is consistent with \_\_\_\_\_, while Clarice's response is consistent with \_\_\_\_\_.
- A. escape responding; avoidance responding
  - B. avoidance responding; escape responding
  - C. negative reinforcement; positive reinforcement
  - D. classical conditioning; operant conditioning
- \_\_\_ 43) Self-referent encoding involves
- A. the creation of visual images to represent the words to be remembered
  - B. making the material to be remembered personally meaningful
  - C. forming two kinds of memory codes for each word
  - D. linking a stimulus to other information at the time of encoding
- \_\_\_ 44) Alan creates a television ad that alternates between images of garbage dumps and people drinking in a bar. If people develop negative feelings about drinking as a result of watching Alan's ad, those negative feelings would represent
- A. an unconditioned response
  - B. positive reinforcement
  - C. negative reinforcement
  - D. a conditioned response
- \_\_\_ 45) The fact that we tend to behave differently in different situations has led Walter Mischel to contend that behaviour tends to be
- A. situationally specific
  - B. situationally consistent
  - C. reliable
  - D. situationally similar
- \_\_\_ 46) Jorge listens attentively to the Premier's speech and translates the information from the speech into new memories. The main memory process that accounts for the fact that Jorge is able to form new memories as information is encountered for the first time is
- A. encoding
  - B. storage
  - C. retrieval
  - D. priming
- \_\_\_ 47) The studies of Garcia and his colleagues demonstrate that rats very easily learn to associate a taste CS with
- A. a shock UCS
  - B. a visual UCS
  - C. an auditory UCS
  - D. a nausea-inducing UCS
- \_\_\_ 48) Noor is an individual who has a high need for achievement. She is trying to decide which one of four possible courses she should take as her final elective course for her degree. One of the courses is supposed to be an easy course, with an "A" practically guaranteed for very little effort; one course is supposed to be moderately difficult, but with effort an "A" is possible; one course is supposed to be a "killer" course with little chance of earning a grade higher than a "B"; the fourth course is a seminar-style course with no grades assigned. You should expect that Noor will choose
- A. the course that has no assigned grades
  - B. the moderately difficult course that requires effort for a high grade
  - C. the easy course which practically guarantees a high grade
  - D. the "killer" course to maximize her level of task difficulty
- \_\_\_ 49) Declarative memory appears to be handled by the
- A. cerebellum and the areas of the cortex with which it communicates
  - B. medulla and the structures within the midbrain
  - C. limbic system and the connections it makes with the prefrontal cortex
  - D. hippocampal complex and the areas of the cortex with which it communicates

FORM A

- \_\_\_ 50) Psychologists who take an evolutionary view argue that natural selection favours behaviours that maximize an individual's
- A. self-actualization
  - B. acquisition of territory
  - C. reproductive success
  - D. material wealth
- \_\_\_ 51) Irene is listening to a romance novel while she is on her daily walk. Although she is not walking especially fast, she finds that as she listens to one of the love scenes in the novel her respiration rate and heart rate increase. She is also experiencing vaginal moistness. Based on the phases described by Masters and Johnson, Irene is in the
- A. plateau phase
  - B. orgasmic phase
  - C. resolution phase
  - D. excitement phase
- \_\_\_ 52) Cody developed a severe fear of flying when he was piloting a small plane through some severe turbulence. He has been seeing a therapist, and it appears that his fear response has been successfully extinguished. The therapist used a flight simulator to help Cody practice his piloting skills in a safe setting. However, the first time Cody stepped back into a real plane, his fear returned. This example illustrates the phenomenon known as
- A. the renewal effect
  - B. second-order conditioning
  - C. negative reinforcement
  - D. stimulus generalization
- \_\_\_ 53) In settling-point theory, it is proposed that weight will remain stable as long as
- A. there are no durable changes in any of the factors that influence it
  - B. the individual is healthy
  - C. the individual gradually increases food intake across the lifespan
  - D. the individual gradually decreases food intake across the lifespan
- \_\_\_ 54) Homeostasis is a state of
- A. physiological stability
  - B. physiological instability
  - C. psychological stability
  - D. psychological instability
- \_\_\_ 55) Evidence from studies of which of the following MOST clearly supports the idea that memory traces consist of specific neural circuits?
- A. long-term potentiation
  - B. retrograde amnesia
  - C. electrical stimulation of the brain
  - D. the transfer of RNA from one animal to another
- \_\_\_ 56) The third stage of prenatal development, which lasts from two months through birth, is referred to as the
- A. postgerminal stage
  - B. embryonic stage
  - C. fetal stage
  - D. postnatal stage
- \_\_\_ 57) Jalen is currently thinking about all the things she has to do before she goes to her first class. She is mentally making lists of all these things so she will remember to do them on her way to school. According to Freud, these thoughts are contained in Jalen's
- A. preconscious mind
  - B. unconscious mind
  - C. conscious mind
  - D. subconscious mind

FORM A

- \_\_\_ 58) Given the same frequency of reinforcement, \_\_\_\_\_ schedules generate higher rates of responding than do \_\_\_\_\_ schedules.
- A. interval; ratio
  - B. fixed; variable
  - C. ratio; interval
  - D. variable; fixed
- \_\_\_ 59) Which of the following is NOT one of the key processes that researchers believe to be involved in gender-role socialization?
- A. observational learning
  - B. self-socialization
  - C. operant conditioning
  - D. classical conditioning
- \_\_\_ 60) According to the five-factor model of personality, people who score high in \_\_\_\_\_ tend to be sympathetic, trusting, cooperative, and modest.
- A. neuroticism
  - B. extraversion
  - C. conscientiousness
  - D. agreeableness

2007-2008

Test #1

Answer Section

**MULTIPLE CHOICE**

- |     |        |     |        |
|-----|--------|-----|--------|
| 1)  | ANS: C | 31) | ANS: C |
| 2)  | ANS: D | 32) | ANS: B |
| 3)  | ANS: A | 33) | ANS: B |
| 4)  | ANS: D | 34) | ANS: C |
| 5)  | ANS: C | 35) | ANS: A |
| 6)  | ANS: C | 36) | ANS: A |
| 7)  | ANS: D | 37) | ANS: A |
| 8)  | ANS: B | 38) | ANS: A |
| 9)  | ANS: C | 39) | ANS: C |
| 10) | ANS: D | 40) | ANS: D |
| 11) | ANS: C | 41) | ANS: D |
| 12) | ANS: B | 42) | ANS: A |
| 13) | ANS: A | 43) | ANS: A |
| 14) | ANS: B | 44) | ANS: B |
| 15) | ANS: B | 45) | ANS: D |
| 16) | ANS: C | 46) | ANS: D |
| 17) | ANS: D | 47) | ANS: B |
| 18) | ANS: C | 48) | ANS: B |
| 19) | ANS: B | 49) | ANS: A |
| 20) | ANS: C | 50) | ANS: B |
| 21) | ANS: A | 51) | ANS: C |
| 22) | ANS: C | 52) | ANS: A |
| 23) | ANS: A | 53) | ANS: D |
| 24) | ANS: B | 54) | ANS: C |
| 25) | ANS: A | 55) | ANS: C |
| 26) | ANS: B | 56) | ANS: A |
| 27) | ANS: A | 57) | ANS: D |
| 28) | ANS: C | 58) | ANS: D |
| 29) | ANS: C | 59) | ANS: C |
| 30) | ANS: B | 60) | ANS: C |

2007-2008

Test #2

Answer Section

**MULTIPLE CHOICE**

- |     |        |     |        |
|-----|--------|-----|--------|
| 1)  | ANS: B | 31) | ANS: D |
| 2)  | ANS: C | 32) | ANS: D |
| 3)  | ANS: D | 33) | ANS: A |
| 4)  | ANS: A | 34) | ANS: C |
| 5)  | ANS: D | 35) | ANS: B |
| 6)  | ANS: C | 36) | ANS: B |
| 7)  | ANS: B | 37) | ANS: C |
| 8)  | ANS: A | 38) | ANS: D |
| 9)  | ANS: C | 39) | ANS: C |
| 10) | ANS: B | 40) | ANS: B |
| 11) | ANS: D | 41) | ANS: B |
| 12) | ANS: A | 42) | ANS: A |
| 13) | ANS: A | 43) | ANS: B |
| 14) | ANS: C | 44) | ANS: D |
| 15) | ANS: D | 45) | ANS: A |
| 16) | ANS: C | 46) | ANS: A |
| 17) | ANS: B | 47) | ANS: D |
| 18) | ANS: D | 48) | ANS: B |
| 19) | ANS: B | 49) | ANS: D |
| 20) | ANS: C | 50) | ANS: C |
| 21) | ANS: D | 51) | ANS: D |
| 22) | ANS: B | 52) | ANS: A |
| 23) | ANS: D | 53) | ANS: A |
| 24) | ANS: C | 54) | ANS: A |
| 25) | ANS: C | 55) | ANS: A |
| 26) | ANS: B | 56) | ANS: C |
| 27) | ANS: A | 57) | ANS: C |
| 28) | ANS: C | 58) | ANS: C |
| 29) | ANS: B | 59) | ANS: D |
| 30) | ANS: A | 60) | ANS: D |